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Purpose and Introduction

Empire is committed to helping you with hassle-free healthcare administration by providing you with the information you need, when you need it. This easy-to-use resource contains quick reference guides, information on Empire’s plans, networks, administrative procedures and medical management policies. Our manual has been updated and restructured with you in mind–to make it easier for you to do business with us.

We strive to partner with our participating physicians and other participating healthcare providers to promote healthcare quality, access and affordability. We thank you for your participation in our network and for the care you provide, every day, to our members and your patients. We look forward to continuing to work with you in our efforts to simplify the connection between healthcare and value.

This Manual is intended to support all entities and individuals that have contracted with Empire. The use of “Provider” within this manual refers to entities and individuals contracted with Empire that bill on a CMS 1500. They may also be referred to as Professional Providers in some instances. The use of “Facility” within this manual refers to entities contracted with Empire that bill on a UB 04, such as Acute General Hospitals and Ambulatory Surgery Centers General references to “Provider Inquiry”, “Provider Website”, “Provider Network Manager” and similar terms apply to both Providers and Facilities.

Information Sources

Empire’s website: empireblue.com

- Practice Guidelines
- Quality Improvements and Standards
- Health Product Chart
- BlueCard
- MediBlue/Medicare Advantage
- Pharmacy Management
- Behavioral Health Management
- Site of Service Listing
- Physician Office Lab (POL) List
- Download Commonly Used Forms and Quick Guides
- Electronic Data Interchange (EDI)
- Newsletters (Access past and current issues)
- Provider Manual

Empire’s Newsletter

Our provider newsletter, Network Update, is our primary source for providing important information to Providers and Facilities. The Network Update is available six (6) times a year on empireblue.com and via email distribution. You can easily locate the bi-monthly online edition by visiting empireblue.com > Providers & Facilities > Enter > Communications > Empire Newsletters.
Network eUPDATE

Empire is pleased to offer our Network eUPDATE for providers. Now there’s a simple, efficient and quick way to get “updates” on important and essential Empire news. Network eUPDATE is our Web tool that lets us share vital information with you via confidential e-mails. Updates feature short topic summaries regarding critical business subjects such as system and policy changes, claims filing, billing issues, important website updates and much more.

Registering to receive the Network eUPDATE
Signing up is easy and you can include your staff, too. Simply click HERE and complete the short registration process. Sign up today so you won’t miss a thing.

Legal and Administrative Requirements Overview

Empire BlueCross BlueShield ("Empire") is an independent licensee of the Blue Cross and Blue Shield Association. We maintain a network of independent physicians, multi-specialty group practices, ancillary providers and health care facilities contracted to provide health care services to our members.

Below is a glossary of terms for the Empire Provider Manual ("Manual"). For better readability within the Manual, we do not capitalize many of the terms defined in the glossary section that are capitalized in your Agreement. Please note this does not change the meaning of those terms for the purposes of your Agreement.

Covered Services means Medically Necessary Health Services, as determined by Plan and described in the applicable Health Benefit Plan, for which a Covered Member is eligible for coverage. Covered Services do not include the preventable adverse events set forth in this provider manual.

Covered Individual means any individual who is eligible, as determined by Plan, to receive Covered Services under a Health Benefit Plan. For all purposes related to this Agreement, including all schedules, attachments, exhibits, manual(s), notices and communications related to this Agreement, the term "Covered Individual" may be used interchangeably with the terms Insured, Covered Person, Member, Enrollee, Subscriber, Dependent Spouse/Domestic Partner, Child or Contract Holder, and the meaning of each is synonymous with any such other.

Health Benefit Plan means the document(s) describing the partially or wholly: 1) insured, 2) underwritten, and/or 3) administered, marketed health care benefits, or services program between the Plan and an employer, governmental entity, or other entity or individual.

Network/Participating Provider means a provider designated by Plan to participate in one or more Network(s)

Please note: Material in this Manual is subject to change. The most up-to-date version is available online at empireblue.com.

Dispute Resolution and Arbitration

The substantive rights and obligations of Empire, Providers and Facilities with respect to resolving disputes are set forth in the Empire Provider Agreement (the “Agreement”) or the Empire Facility Agreement (the "Agreement"). All administrative remedies set forth above shall be exhausted prior to filing an arbitration demand. The following provisions set forth some of the procedures and processes that must be followed during the exercise of the Dispute Resolution and Arbitration Provisions in the Agreement.
A. **Attorney’s Fees and Costs**
   The shared fees and costs of the non-binding mediation and arbitration (e.g. fee of the mediator, fee of the independent arbitrator, etc.) will be shared equally between the parties. Each party shall be responsible for the payment of that party’s specific fees and costs (e.g. the party’s own attorney’s fees, the fees of the party selected arbitrator, etc.) and any costs associated with conducting the non-binding mediation or arbitration that the party chooses to incur (e.g. expert witness fees, depositions, etc.). Notwithstanding this provision, the arbitrator may issue an order in accordance with Federal Rule of Civil Procedure Rule 11.

B. **Location of the Arbitration**
   The arbitration hearing will be held in the city and state in which the Empire office, identified in the address block on the signature page to the Agreement, is located except that if there is no address block on the signature page, then the arbitration hearing will be held in the city and state in which the Empire Plan has its principal place of business. Notwithstanding the foregoing, both parties can agree in writing to hold the arbitration hearing in some other location.

C. **Selection and Replacement of Arbitrator(s)**
   For disputes equal to or greater than (exclusive of interests, costs or attorney’s fees) the dollar thresholds set forth in the Dispute Resolution and Arbitration Article of the Agreement the panel shall be selected in the following manner. The arbitration panel shall consist of one (1) arbitrator selected by Provider/Facility, one (1) arbitrator selected by Empire, and one (1) independent arbitrator to be selected and agreed upon by the first two (2) arbitrators. If the arbitrators selected by Provider/Facility and Empire cannot agree in thirty (30) calendar days on who will serve as the independent arbitrator, then the arbitration administrator identified in the Dispute Resolution and Arbitration Article of the Agreement shall appoint the independent arbitrator. In the event that any arbitrator withdraws from or is unable to continue with the arbitration for any reason, a replacement arbitrator shall be selected in the same manner in which the arbitrator who is being replaced was selected.

D. **Discovery**
   The parties recognize that litigation in state and federal courts is costly and burdensome. One of the parties’ goals in providing for disputes to be arbitrated instead of litigated is to reduce the costs and burdens associated with resolving disputes. Accordingly, the parties expressly agree that discovery shall be conducted with strict adherence to the rules and procedures established by the mediation or arbitration administrator identified in the Dispute Resolution and Arbitration Article of the Agreement, except that the parties will be entitled to serve requests for production of documents and data, which shall be governed by Federal Rules of Civil Procedure 26 and 34.

E. **Decision of Arbitrator(s)**
   The decision of the arbitrator, if a single arbitrator is used, or the majority decision of the arbitrators, if a panel is used, shall be binding. The arbitrator(s) may construe or interpret, but shall not vary or ignore, the provisions of the Agreement and shall be bound by and follow controlling law including, but not limited to, any applicable statute of limitations, which shall not be tolled or modified by the Agreement. If there is a dispute regarding the applicability or enforcement of the class waiver provisions found in the Dispute Resolution and Arbitration Article of the Agreement, that dispute shall only be decided by a court of competent jurisdiction and shall not be decided by the arbitrator(s). Either party may request a reasoned award or decision, and if either party makes such a request, the arbitrator(s) shall issue a reasoned award or decision setting forth the factual and legal basis for the decision.

The arbitrator(s) may consider and decide the merits of the dispute or any issue in the dispute on a motion for summary disposition. In ruling on a motion for summary disposition, the arbitrator(s) shall apply the standards applicable to motions for summary judgment under Federal Rule of Civil Procedure 56.
Judgment upon the award rendered by the arbitrator(s) may be confirmed and enforced in any court of competent jurisdiction. Without limiting the foregoing, the parties hereby consent to the jurisdiction of the courts in the State(s) in which Empire is located and of the United States District Courts sitting in the State(s) in which Empire is located for confirmation and injunctive, specific enforcement, or other relief in furtherance of the arbitration proceedings or to enforce judgment of the award in such arbitration proceeding.

A decision that has been appealed shall not be enforceable while the appeal is pending.

F. Confidentiality
Subject to any disclosures that may be required or requested under state or federal law, all statements made, materials generated or exchanged, and conduct occurring during the arbitration process including, but not limited to, materials produced during discovery, arbitration statements filed with the arbitrator(s), and the decision of the arbitrator(s), are confidential and shall not be disclosed in any manner to any person who is not a director, officer, or employee of a party or an arbitrator or used for any purpose outside the arbitration. If either party files an action in federal or state court arising from or relating to a mediation or arbitration, all documents must be filed under seal to ensure that confidentiality is maintained. Nothing in this provision, however, shall preclude Empire or its parent company from disclosing any such details regarding the arbitration to its accountants, auditors, brokers, insurers, reinsurers or retrocessionaires.

Insurance Requirements

A. Providers and Facilities shall, during the term of this Agreement, keep in force with insurers having an A.M. Best rating of A minus or better, or self-insure, the following coverage:

1. Professional liability/medical malpractice liability insurance which limits shall comply with all applicable state laws and/or regulations, and shall provide coverage for claims arising out of acts, errors or omissions in the rendering or failure to render those services addressed by this Agreement. In states where there is an applicable statutory cap on malpractice awards, Providers and Facilities shall maintain coverage with limits of not less than the statutory cap.

   If this insurance policy is written on a claims-made basis, and said policy terminates and is not replaced with a policy containing a prior acts endorsement, Providers and Facilities agree to furnish and maintain an extended period reporting endorsement (“tail policy”) for the term of not less than three (3) years.

2. Workers’ Compensation coverage with statutory limits and Employers Liability insurance.

3. Commercial general liability insurance for Providers and Facilities for bodily injury and property damage, including personal injury and contractual liability coverage.

For Ambulance/Medical Transportation Providers Only, in addition to the above:

• Auto Liability insurance which complies with all applicable state laws and/or regulations, and shall provide coverage for claims arising out of acts, errors or omissions in the rendering or failure to render services.

For Air Ambulance Providers Only, in addition to the above:

• Aviation Liability insurance with limits of not less than $1,000,000 per occurrence and $2,000,000 in the aggregate.
Acceptable self-insurance can be in the form of a captive or self-management of a large retention through a Trust. A self-insured Provider or Facility shall maintain and provide evidence of a valid self-insurance program consisting of at least one of the following upon request:

1. Actuarially validated reserve adequacy for incurred Claims, incurred but not reported Claims, and future Claims based on past experience;
2. Designated claim third party administrator or appropriately licensed and employed claims professional or attorney;
3. Evidence of surety bond, reserve or line of credit as collateral for the self-insured limit.

B. Providers and Facilities shall notify Empire of a reduction in, cancellation of, or lapse in coverage within ten (10) days of such a change. A certificate of insurance shall be provided to Empire upon execution of this Agreement and upon request during the Agreement period.

Misrouted Protected Health Information (PHI)

Providers and Facilities are required to review all Covered Individual information received from Empire to ensure no misrouted PHI is included. Misrouted PHI includes information about Covered Individuals that a Provider or Facility is not currently treating. PHI can be misrouted to Providers and Facilities by mail, fax, email, or electronic remittance. Providers and Facilities are required to immediately destroy any misrouted PHI or safeguard the PHI for as long as it is retained. In no event are Providers or Facilities permitted to misuse or re-disclose misrouted PHI. If Providers or Facilities cannot destroy or safeguard misrouted PHI, Providers and Facilities must contact Provider Services to report receipt of misrouted PHI.

Physician, Facility and Other Healthcare Provider Responsibilities

All participating providers are expected to comply with certain standards regardless of the networks in which they participate. These include:

- Following Empire’s access/appointment availability standards
- Following Empire’s managed care requirements (if applicable to the member’s benefit plan). Adhering to Empire’s standard practice guidelines
- Submitting claims for members, accepting program/network fee schedule and not balance billing our members for covered services
- Not prohibiting members from completing Empire surveys and/or otherwise expressing their opinion regarding services received from physicians or providers
- Will not differentiate, or discriminate against any Covered Member as a result of his/her enrollment in a Plan, or because of race, color, creed, national origin, ancestry, religion, sex, marital status, age, disability, payment source, state of health, need for health services, status as a litigant, status as a Medicare or Medicaid beneficiary, sexual orientation, or any other basis prohibited by law. Provider shall not be required to provide any type, or kind of Health Service to Covered Members that it does not customarily provide to others.

HMO Physicians

Physicians participating in our HMO-based networks have certain additional responsibilities, based upon their roles as primary care physicians and/or referral specialists.

Primary Care Physicians

A Primary Care Physician (PCP) is a family physician/family practitioner, general practitioner, internist or pediatrician who is responsible for delivering and/or coordinating care. PCPs must:
• Be accessible 24 hours a day, 7 days a week and provide back-up coverage
• Provide or arrange for all care delivered to HMO members
• Provide written referrals to referral specialists, to the extent required by the member’s benefit plan.

Monthly Membership Reports
HMO primary care physicians (PCPs) receive a managed-care monthly membership report during the first week of every month. These reports list members who have selected the physician as their PCP. The reports contain information about members including: ID number, date of birth, co-payment and the effective date. In addition to listing current and new members, the reports list member cancellations. PCPs should review these reports and keep them on file.

For Direct HMO, a monthly report also is issued to PCPs. This report contains information about Direct HMO members’ visits to specialists and notes the dates that care was delivered and the type of service. This report facilitates the PCP’s awareness of specialist services being provided to the PCP’s Direct HMO members.

Physicians shall maintain a minimum of 100 patients as their patient load. Physician can close their practice to new patients once this minimum level has been reached. The physician will give Empire one hundred twenty (120) days prior written notice when the physician will no longer be accepting new patients.

Referral Specialists
Providers credentialed by Empire as specialists must:
• Provide specialty care as authorized by PCP
• Obtain a referral for all members who have an HMO product, except those with Direct HMO
• Provide the member’s PCP with a report on care rendered in a timely manner

PCP who also participates as a Referral Specialist
If a physician has been credentialed by Empire as both a PCP and a Referral Specialist, the following apply:
• If a member has selected the physician as their PCP, the provider cannot bill for a consultation since they are already treating the member
• If the physician is listed as a back-up to another PCP, the system will process the claim as a back-up provider and not allow a consultation unless a referral is on file.
• If the member has another physician as their PCP, the member needs to obtain a referral to the Referral Specialist

Provider Status Changes
Physicians may change their specialty status based on the needs of their patient base.

A provider could request any of the following status changes:
• Referral Specialist (RS) to PCP
• PCP to RS
• RS to Both (PCP/RS)
• PCP to Both (PCP/RS)

Requests should be sent in writing and include a copy of their board certification status for the specialties or documentation of equivalent training in the specialty. All requests should be mailed to your Network Management Consultant.

All requests are subject to approval by the Credentialing Committee. Your Network Management Consultant will communicate directly to you the decision reached by the Committee
Specialty Care Coordinator or Center
A Specialty Care Coordinator is a network Referral Specialist with experience treating the member’s condition or disease that assumes the role of the PCP and provides and/or coordinates the member’s primary and specialty care.

Members who have HMO-based products with a degenerative, disabling, or life-threatening condition or disease that requires specialized medical care for a prolonged period of time may select a Referral Specialist as a Specialty Care Coordinator. Such conditions include, but are not limited to: HIV/AIDS, cerebral palsy, cystic fibrosis, cancer, hemophilia, multiple sclerosis, sickle cell disease, spinal cord injury and conditions that require organ transplants.

If you are a Referral Specialist and would like to receive information on becoming a Specialty Care Coordinator for a specific member, contact Empire’s Medical Management Department at 1-800-441-2411, 8:30 a.m. to 5:00 p.m. EST, Monday to Friday

Hospital Privileges
Physicians shall maintain an affiliation with at least one hospital in each network in which such Physician participates, and shall admit Covered Persons only to network hospitals when required under the terms of the Covered Person’s Health Benefit Program. Physician shall inform Empire immediately in the event such affiliation with a network hospital is discontinued.

If the physician has a sole affiliation with a network hospital and the network hospital has given notice to leave the network, Empire will communicate via letter of the pending hospital termination and request that those with sole affiliation notify us or obtain alternate affiliation. The letter will also explain the potential impact on your participation status if alternate affiliations are not obtained.

In the event that alternate affiliations are not obtained, Physicians shall seek a participating PCP backup that will agree to admit your patients for inpatient care. Both the backup physician and the impacted sole affiliated physician will follow the guidelines of the Exception Backup Policy by completing the appropriate Hospital Coverage document that can be found at empireblue.com.

Open Practice
Provider shall give Plan sixty (60) days prior written notice when Provider no longer accepts new patients.

Open Dialogue
Empire places no restrictions of any kind on open dialogue between you and your patients. You are encouraged to discuss all treatment options, regardless of costs or coverage. You may also advocate on your patients’ behalf, or file complaints with Empire or government agencies about our practices that you may believe affect quality or access of care.

Domestic Violence – Alternate Contact Information
A new law in New York allows members who are victims of domestic violence to ask their insurer to send mail with personal information to an alternate address. Empire will honor any reasonable request to use an alternative address or alternative means of communication if a member tells us that directing coverage or claims-related information to the policyholder address poses a threat to the covered person or a child covered under the policy.

Please be sure to share this information with our members. A member can call Empire at the Member Services
phone number on their Empire ID card or write to us to make a request. A notice with additional information for members, that can be printed and posted in your office, can be obtained online at empireblue.com.

Please also encourage any member who may be a victim of domestic violence to call for help.

New York State Domestic and Sexual Violence Hotlines:

- 1-800-942-6906 (English)
- 1-800-942-6908 (Spanish)
- 1-800-621-HOPE (4673) or dial 311 (In NYC)
- 1-866-604-5350 (TTY)

Empire is committed to working with our members and their providers to help our member stay safe.

**Physician Access/Appointment Availability Standards**

**General Availability Standards**

Members must be able to access their PCP 24 hours a day, 7 days a week. As the member’s healthcare manager, the PCP is responsible for providing or arranging healthcare services on a 24/7 basis. (An answering machine does not suffice as access to the provider.) The PCP must also have a method to inform his or her Empire members about regular office hours and how to obtain care after office hours.

When off-duty or otherwise unavailable, the PCP must arrange for back-up coverage by a network physician so that appropriate medical care is available to members at all times. The PCP must have available the name, telephone number and address of the physician(s) responsible for providing back-up services to patients. The PCP should contact Empire Physician Services at 1-800-552-6630, 8:30 a.m. to 5:00 p.m. EST, Monday to Friday or Provider Data Management via fax at 1-518-367-3103 if the designated back-up changes.

The designated back-up physician(s) must participate in the same network and be a comparably trained practitioner as noted below:

**Family Practice** - can be backed up by a provider that with the following specialties:
- Family Practice; General Practice and/or a combination consisting of Internal Medicine – for adults and Pediatrics for Children.

**General Practice** - can be backed up by a provider with the following specialties:
- Family Practice; General Practice and/or a combination consisting of Internal Medicine – for adults and Pediatrics for Children.

**Internal Medicine** - can be backed up by a provider with the following specialties:
- Internal Medicine or Family Practice.

**Pediatrics** - can be backed up by a provider with the following specialties:
- Family Practice or Pediatrics

The back-up physician is responsible for communicating with the PCP about patient care he or she rendered. Documentation of all healthcare services provided by the back-up physician must be summarized in the patient’s medical record including all pertinent Facility services.

If a member is out of the area and contacts Empire with an urgent or emergent situation, the patient will be informed to call his or her PCP directly. If this is not possible, the patient will be told to contact the PCP’s back-up
physician.

Annually, Empire will conduct an audit of the after hour availability coverage for PCP network participation to ensure compliance.

Compliance will be met if:

- A live person is reached within two phone calls.
- If an answering service is reached; compliance will be met if the service is cooperative in confirming their association with the physician and identifies how the physician can be reached (ex. pager; calls patched to physician)

In no event shall the messages refer the member to the ER unless it is a true emergency or advise to call back during normal business hours

**Appointment Availability Standards**
The following are considered minimums for patient accessibility. Obviously, excellent care and service will often require significantly better performance.

For HMO and POS members, the PCPs must be in the office treating patients a minimum of 16 hours a week per office location.
Patients should not wait for more than 15 minutes past their appointment time without an explanation about the delay and if necessary, provided with an opportunity to reschedule the appointment.

The physician must be able to schedule appointments within the following time frames:

<table>
<thead>
<tr>
<th>Type of</th>
<th>Time Frame</th>
</tr>
</thead>
<tbody>
<tr>
<td>Routine baseline physical exam</td>
<td>Within 4 weeks</td>
</tr>
<tr>
<td>Routine follow-up care</td>
<td>Within 2 weeks</td>
</tr>
<tr>
<td>Urgent Care</td>
<td>Within 24 hours</td>
</tr>
<tr>
<td>Non-Urgent Care</td>
<td>Within 5 days</td>
</tr>
<tr>
<td>Emergency Care</td>
<td>Within 2 hours or triage to emergency room</td>
</tr>
<tr>
<td>Initial prenatal exam</td>
<td>Within 3 weeks</td>
</tr>
<tr>
<td>Initial newborn exam</td>
<td>Within 2 weeks</td>
</tr>
</tbody>
</table>

Availability standards will be monitored through:

- On-site visits by Network Management Consultant,
- Review of appointment books,
- Member satisfaction surveys, and
- Member complaints

**Referrals**

For members covered under HMO and POS plans that utilize a PCP gatekeeper, it is the responsibility of the PCP (or OB/GYN for OB/GYN diagnosis related illnesses or the specialty care coordinator, if applicable) to complete referral forms when authorizing services from participating referral specialists. Referral forms are available in the “Sample Forms” section of this Provider Manual or at empireblue.com.
The PCP (or OBGYN or Specialty Care Coordinator) completes a referral form for participating referral specialists’ services (physician and non-physician), including office-based procedures.

No referral form is required for:

- Participating laboratory and radiology services (including ultrasounds, mammograms, CT scans and amniocentesis) Pediatrician exams of well newborns
- Routine vision exams, eyeglass lenses and frames
- No referral from the PCP is required for an OB/GYN to provide the following:
  - Two semiannual Well-Woman office exams*
  - Office-based care resulting from previous OB/GYN
  - Office exams for treatment of acute gynecological conditions
  - Maternity Care

* “Well-Woman Care” includes a pelvic examination, breast exam, collection and preparation of a Pap smear and laboratory and diagnostic services in evaluating the Pap smear.

Note: At the time of publication of this Provider Manual, the Empire products that utilize a PCP gatekeeper model are Empire HMO, Empire Direct Pay HMO, Empire Direct Pay POS and Healthy New York. Referrals are NOT required for Direct HMO, Direct POS, or Direct Share POS.

The Referral Form:

- Should indicate the reason for the referral;
- Is valid for 90 days from the effective date, unless otherwise noted*;
- Should indicate the number of visits authorized by the PCP
- Includes authorization for office-based procedures by the participating specialist (for covered and medically necessary services)
- Should have all required fields completed

Please note that a Referral Specialists may request a standing referral for any HMO member from the member’s PCP. Standing referrals are valid for up to 365 days from the date the referral is written.

The referral form serves to introduce the patient to the specialist. It gives the specialist background information and the reason for the referral. The referral form also authorizes payment to the participating specialist, provided that the services are covered and medically necessary. Visits must take place within the authorization period. If additional visits are necessary after the authorization period, a new referral form is required. Services cannot be authorized retrospectively.

All covered services performed by a participating provider during an authorized visit and within the terms of the contract are automatically authorized for that provider. For example, the provider may draw blood or perform multiple office-based services when the services are directly related to the reason for referral. This includes services with 90000 series CPT codes.

A referral is valid for only one provider. Specialists may not refer patients to other physicians. In addition, if services are to be performed at a site other than the specialist’s office (e.g., in the outpatient department of a Facility), a new referral form is required. However, this does not apply to laboratory or X-ray facilities on the specialist’s premises or in participating facilities.

In Network Referrals and Transfers
Providers shall when medically appropriate, refer and transfer Covered Members to Participating Providers and Facilities. Additionally, Provider represents and warrants that he/she does not give, provide, condone or receive any incentives or kickbacks, monetary or otherwise, in exchange for the referral of a Covered Member, and if a Claim for payment is attributable to an instance in which Provider provided or received an incentive or kickback in exchange for the referral, such Claim shall not be payable and, if paid in error, shall be refunded to Empire.

Referrals to Non-Participating Providers
For products with no out of network benefits, Referral requests to an out of network provider should be made through Medical Management based on the benefit plan for the member when either the network does not include an available provider with the appropriate training and experience to meet the needs of the member or medically necessary services are not available through the network providers. The referral will be reviewed by Empire for medical appropriateness and an approval or denial provided.

For non-emergent service the member may not use a non-participating provider unless there is no specialist in the network that can provide the required treatment.

If you need to request an out of network referral, contact Empire’s Medical Management Department at 1-800-441-2411, 8:30 a.m. to 5:00 p.m. EST, Monday to Friday.

Physician Office Lab (POL) List
Empire will allow participating HMO, POS, PPO and EPO network physicians to perform select laboratory services in their office. The lab services are listed on the Physician Office Lab (POL) list.

The member must be referred to a participating laboratory for lab services not included on the POL list. Claims submitted to Empire for laboratory services not on the POL list will be denied and the member cannot be balance billed.

The POL list does not apply to Empire’s indemnity plans. Empire’s POL list can be found at empireblue.com > Provider & Facilities > Enter > Provider Home > Physician Office Lab (POL) list.

Risk Adjustments

Compliance with Federal Laws, Audits and Record Retention Requirements
Medical records and other health and enrollment information of Covered Individuals must be handled under established procedures that:

- Safeguard the privacy of any information that identifies a particular Covered Individual;
- Maintain such records and information in a manner that is accurate and timely; and
- Identify when and to whom Covered Individual information may be disclosed.

In addition to the obligation to safeguard the privacy of any information that identifies a Covered Individual, Empire, Providers and Facilities are obligated to abide by all Federal and State laws regarding confidentiality and disclosure for medical health records (including mental health records) and enrollee information.

Encounter Data for Risk Adjustment Purposes
Commercial Risk Adjustment and Data Submission: Risk adjustment is the process used by Health and Human Services (“HHS”) to adjust the payment made to health plans under the Affordable Care Act (“ACA”) based on the
health status of Covered Individuals who are insured under small group or individual health benefit plans compliant with the ACA (aka “ACA Compliant Plans”). Risk adjustment was implemented to pay health plans more accurately for the predicted health cost expenditures of Covered Individuals by adjusting payments based on demographics (age and gender) as well as health status. Empire, as a qualifying health plan, is required to submit diagnosis data collected from encounter and claim data to HHS for purposes of risk adjustment. Because HHS requires that health plans submit all ICD10 codes for each beneficiary, Empire also collects diagnosis data from the Covered Individuals’ medical records created and maintained by the Provider or Facility.

Under the HHS risk adjustment model, the health plan is permitted to submit diagnosis data from inpatient hospital, outpatient hospital and physician/qualified non-physician e.g. nurse practitioner encounters only.

Maintaining documentation of Covered Individuals’ visits and of Covered Individuals’ diagnoses and chronic conditions helps Empire fulfill its requirements under the Affordable Care Act. Those requirements relate to the risk adjustment, reinsurance and risk corridor, or “3Rs” provision in the ACA. To ensure that Empire is reporting current and accurate Covered Individual diagnoses, Providers and Facilities may be asked to complete an Encounter Facilitation Form (also known as a SOAP note) for Covered Individuals with ACA Compliant Plans suspected of having unreported or out of date condition information in their records. Empire’s goal is to have this information confirmed and/or updated no less than annually. As a condition of the Facility or Provider’s Agreement with Empire, the Provider or Facility shall comply with Empire’s requests to submit complete and accurate medical records, Encounter Facilitation Forms or other similar encounter or risk adjustment data in a timely manner to Empire, Plan or designee upon request.

In addition to the above ACA related commercial risk adjustment requirements, Providers and Facilities also may be required to produce certain documentation for Covered Individuals enrolled in Medicare Advantage or Medicaid.

RADV Audits
As part of the risk adjustment process, HHS will perform a risk adjustment data validation (RADV) audit in order to validate the Covered Individuals’ diagnosis data that was previously submitted by health plans. These audits are typically performed once a year. If the health plan is selected by HHS to participate in a RADV audit, the health plan and the Providers or Facilities that treated the Covered Individuals included in the audit will be required to submit medical records to validate the diagnosis data previously submitted.

ICD-10 CM Codes
HHS requires that Providers and Facilities use the ICD-10 CM Codes (ICD-10 Codes) or successor codes and coding practices for services under ACA Compliant Plans. In all cases, the medical record documentation must support the ICD-10 Codes or successor codes selected and substantiate that proper coding guidelines were followed by the Provider or Facility. For example, in accordance with the guidelines, it is important for Providers and Facilities to code all conditions that co-exist at the time of an encounter and that require or affect patient care, treatment or management. In addition, coding guidelines require that the Provider or Facility code to the highest level of specificity which includes fully documenting the patient’s diagnosis.

Medical Record Documentation Requirements
Medical records significantly impact risk adjustment because:

- They are a valuable source of diagnosis data;
- They dictate what ICD-10 Code or successor code is assigned; and
- They are used to validate diagnosis data that was previously provided to HHS by the health plans.
Because of this, the Provider and Facility play an extremely important role in ensuring that the best documentation practices are established.

HHS record documentation requirements include:

- Patient’s name and date of birth should appear on all pages of record.
- Patient’s condition(s) should be clearly documented in record.
- The documentation must show that the condition was monitored, evaluated, assessed/addressed or treated (MEAT), or there is evidence of treatment, assessment, monitoring or medicate, plan, evaluate, referral (TAMPER).
- The documentation describing the condition and MEAT or TAMPER must be legible.
- The documentation must be clear, concise, complete and specific.
- When using abbreviations, use standard and appropriate abbreviations. Because some abbreviations have different meanings, use the abbreviation that is appropriate for the context in which it is being used.
- Physician’s/Qualified Non-Physician’s signature, credentials and date must appear on record and must be legible.

Advance Patient Notice for Use of a Non-Participating Provider

Consistent with the terms of your participating agreement, you are required to refer to participating facilities, physicians, or practitioners. It is important that our members be made fully aware of the financial implications when they are referred by their physician, on a non-urgent basis, to a non-participating provider. It is especially critical to notify our members when using a non-participating provider in their provider’s own office for services such as laboratory, anesthesia, specialty drugs, infusion therapy or durable medical equipment. Likewise, members should be made aware if their selected participating surgeon has chosen to use a non-participating assistant surgeon or ambulatory surgery center in a scheduled surgery. In both of these cases, the member has no way of knowing that a non-participating provider was involved in their care unless informed, in advance, by their physician. While certain members may have out-of-network benefits, it is very disconcerting to them when they are presented with unexpected financial obligations for out of network medical services. We hope you agree.

In our effort to assist you in ensuring that your patients are active participants in the decision to use a non-participating provider in the situations described, Empire has adopted a policy regarding disclosure to our members when a participating provider involves a non-participating provider in their patient’s care - “Use of a Non-Participating Provider Advance Patient Notice Policy”. This policy is intended to ensure that patients receive prior notification of the use of a non-participating provider when the provision of those services is within the control of the physician or other healthcare provider and the patient, in the absence of this notice, is unlikely to be aware that he/she will be receiving care from a non-participating provider until they receive a bill for the services rendered.

This policy is not intended to deter patients from using their out-of-network coverage to the extent available. To the contrary, this policy is designed to ensure that, in non-emergent situations, when our members receive services from a non-participating provider it is because they were involved in the decision making process and made a conscious election. Therefore, we have developed an Advance Patient Notice (APN) to be used when you deem it necessary to refer out of network for these services. This APN basically provides the patient with the information he or she would need to make an informed decision about coverage and options. We expect that you will provide the patient with this form before involving a non-participating provider in your patient’s care in the situations noted and maintain it in your files for future verification and/or audit.
Please note that this policy does not apply to emergent situations. Likewise, this policy does not apply when you or the member have obtained Empire’s prior approval for the referral. When you or your patient has contacted us and received approval in advance to proceed with an out-of-network service in your office or use a non-participating surgical assistant in a scheduled surgery, you may do so, without use of the APN form. As always, Empire will grant approval for the use of non-participating facilities, physicians, or practitioners on an in-network basis as provided in our network exception policies (such as when no in-network facility, surgeon or practitioners practicing within an appropriate surgical specialty is available to assist in a surgery requiring a surgical assistant) and as provided or required under applicable law. Of course, we believe that we have a large enough network to accommodate the needs of your patients through participating physicians and facilities and ask that you contact us if you feel this is not so.

This prior notification must be in the form of the APN form for the following non-participating services:

- In Office Anesthesiologist (i.e., anesthesia for in-office surgeries or anesthesia provided in connection with surgery or services performed at a free standing surgical center owned in whole or in part by the referring physician)
- Surgical Assistant (regardless of surgical setting)
- Specialty Drug vendor for specialty drugs provided in the office
- In Office Home Infusion Therapy (HIT)
- In Office Durable Medical Equipment
- Laboratory services for specimens collected in the physician’s office when the specimen is sent to a non-participating reference lab
- Ambulatory Surgical Centers (this excludes Hospital Out-patient Ambulatory Surgical Departments)
- Endoscopy Centers
- Office Based Surgical Suites

Example: A participating gastroenterologist is scheduling an endoscopy and plans to use a non-participating anesthesiologist or assistant surgeon. The patient must be presented with the APN form at the time the procedure is scheduled unless the physician or the patient obtained Empire’s approval.

Example: A participating gastroenterologist is scheduling an endoscopy and plans to use a non-participating Ambulatory Surgical Center or Endoscopy center. The patient must be presented with the APN form at the time the procedure is scheduled unless the physician or the patient obtained Empire’s approval.

Example: A provider collects a lab specimen in the provider’s office but plans to send specimens to a lab other than Quest Diagnostics, LabCorp of America or another participating laboratory. The patient must be presented with the APN form at the time the procedure is scheduled unless the physician or the patient obtained Empire’s approval.

Example: A participating Primary Care Physician refers to a non-participating specialist and the physician or member has obtained authorization. The use of the APN form is NOT required.

Example: A participating orthopedic surgeon refers a member to a non-participating neurosurgeon for a future consult in the neurosurgeon’s separate office. The use of the APN form is NOT required.

Example: A physician schedules a procedure at a non-participating surgical suite that is billed as a non-participating facility. The patient must be presented with the APN form before the procedure is scheduled unless the physician or the patient obtained Empire’s prior approval.

As noted above, once completed, a copy of the signed form should be kept on file to be provided to Empire upon
request. Although the use of the APN form will not be required under some circumstances, the referral shall be subject to member benefits and any applicable Empire policies including any policies applicable to referrals.

Empire will track the use of nonparticipating facilities, physicians and practitioners in the instances stated above and may request a copy of the APN. Other than an occasional administrative error that can occur, your failure to provide a copy of the signed APN will result in an initial warning from Empire. At this time, Empire will not invoke a financial penalty after the initial warning but may elect to update this policy in the future. Repeated failure to comply with this policy, after initial warning, may result in termination from the Empire network.

For a complete listing of our participating physicians, please go to empireblue.com and click on “Find a Doctor”. It is important to note which network the member utilizes as a physician’s participation with Empire may vary by network.

If you have any questions about the use of this form or our Use of a Non-Participating Provider Advance Patient Notice Policy; please contact your Network Management Consultant. We appreciate your cooperation as we work together to ensure that your patients are active participants in decisions regarding the use of non-participating providers in their healthcare and welcome your feedback regarding the quality and service of our existing network of participating providers.

Advance Patient Notice for Use of an Out-of-Network Breast Reconstruction Surgeon

As noted in Empire’s existing “Use of a Non-Participating Provider Advance Patient Notice Policy” which became effective on October 15, 2009, it is important that our members be made fully aware of the financial implications when they are referred by their physician, on a non-emergent basis, to a non-participating provider. One particular area where we have received complaints is when members are referred by their in-network mastectomy surgeon to an out-of-network breast reconstruction surgeon when that mastectomy surgeon has recommended that reconstruction surgery be performed in the same operative session as the mastectomy.

Accordingly, Empire has adopted a separate policy entitled “Advance Patient Notice for Use of an Out-of-Network Breast Reconstruction Surgeon” to ensure that Empire’s members receive prior notification of the surgeon’s intent to refer to a non-participating breast reconstruction surgeon when the reconstruction surgery is to be performed in the same operative session as the mastectomy or in a separate operative session. Often, members mistakenly believe that these breast reconstruction surgeons are participating in Empire’s network because their in-network mastectomy surgeon recommended or referred them to the out-of-network reconstruction surgeon. While some members may have out-of network benefits, others do not. In either case, members are often surprised and unhappy, when they are presented with unexpected financial obligations for medical services. We have also updated our Advance Patient Notice (APN) form to require advance written notice prior to the member being referred to an out-of-network breast reconstruction surgeon. This new APN form will provide Empire’s members with the pertinent information to make an informed decision about coverage and options when they are being referred to an out-of-network breast reconstruction surgeon. To comply with this policy, please provide the member with the attached APN form for signature prior to scheduling services with or making a referral to, an out-of-network breast reconstruction surgeon, and retain the signed original in your files. This prior notification must be in the form of the enclosed APN. This new policy will require you, the mastectomy surgeon, to know whether the reconstruction surgeon participates in the network.

Example: An in-network breast surgeon is scheduling a mastectomy and plans to use an out-of-network breast reconstruction surgeon as part of the procedure. The member must be presented with the APN form before the procedure is scheduled or the referral made so that the member can contact Empire for
information about getting an exception approved for the out-of-network breast reconstruction surgeon before the referral is made and the procedure is scheduled.

Please note that this policy does not apply to emergencies. Likewise, this policy does not apply when you or the member have obtained Empire’s prior approval for the referral. When you or the member have contacted us and received approval in advance to proceed with an out-of-network service or use of an out-of-network physician you may do so without use of the APN form. As always, Empire will grant approval for the use of out-of-network physicians on an in-network basis as provided in our network exception policies (such as when no in-network surgeon within an appropriate service area is available) or as required under applicable law.

As noted above, once completed, the original signed form should be kept on file to be provided to Empire upon request and a copy should be given to the member. Although the use of the APN form will not be required under the circumstances identified in the paragraph above, the referral shall be subject to member benefits and any applicable Empire policies including any policies applicable to referrals. Empire will track the use of out-of-network breast reconstruction surgeons in the instances stated above. Repeated failure to comply with the APN policy, after initial warning, may result in termination from the Empire network.

For a complete listing of Empire network facilities, physicians and providers, please go to empireblue.com, or call one of our representatives.

If you have any questions about the use of the Advance Patient Notice for Use of an Out-of-Network Breast Reconstruction Surgeon form or our Use of a Non-Participating Provider Advance Patient Notice Policy; please contact your Network Management Consultant. We appreciate your cooperation as we work together to ensure that your patients are active participants in decisions regarding the use of out-of-network providers in their healthcare and welcome your feedback regarding the quality and service of our existing network.

This policy is not intended to deter patients from using their out-of-network coverage to the extent available. To the contrary, this policy is designed to ensure that, when our members receive services from an out-of-network breast reconstruction surgeon in non-emergent situations, they are involved in the decision making process,

Addition of New Providers to a Provider Group Agreement

Providers operating under an existing participation agreement, (individual or group) with Empire are required to notify Empire of any new providers joining or leaving the practice at least forty five (45) days in advance.

No provider subsequently joining a practice shall be authorized to render services to members as a participating provider, until the practice has been notified in writing that Empire or its designee has completed its credentialing review and system upload of such provider and approved his or her participation under the executed participation agreement. In the event that the provider or practice submits claims for new providers prior to Empire completing its credentialing reviews, the provider or practice will hold Empire and member harmless for the charges.

Demographic Updates / Changes

Annual Verification Process
Empire is required by the State of New York to ensure that we are publishing accurate directory information for our members in both our on-line and paper provider directories. However, this information is only as good as what is provided by you, our physicians and practitioners. Empire conducts annual verifications of its demographic and participation information and you may be receiving a fax, phone call, or letter requesting that this information be confirmed. A non-response will result in your practice not appearing as a participating provider in either our online Provider Finder or our printed directories for all lines of business.
This means:
- Potential new patients will not find you when they perform a search in our directory
- Current patients will no longer see you name listed

**Demographic Changes outside of the Annual Verification Process**
To maintain the most accurate information and to ensure your timely claim reimbursement, you are required to notify our registry department in writing immediately of any of the following:
- A change in providers who are part of the group, if applicable. Any new providers must meet Empire’s credentialing standards prior to being designated as a Network/Participating Provider
- Any new physical location, tax identification number, mailing address or similar demographic information;
- A change in operations, business or corporate status

All written update and requests should include your National Provider Identifier and should be sent to:

NY Empire Provider Data Management  
PO Box 1407  
Church Street Station  
New York, NY 10008-1407

Empire and its affiliates may use, publish, disclose, and display information and disclaimers, as applicable, relating to you and your information. Physician based communications and publications need to be approved by Empire for content prior to its release if the communication or publication will be using Empire’s name and branding to communicate to the physicians’ membership.

Empire will be performing outreach for verification of demographic information annually to ensure that your information is displayed appropriately in Empire’s Provider and Facility Directories.

**Transitional Care for New Enrollee**

If a member has a life-threatening disease or condition or a degenerative and disabling disease or condition, the transitional period is up to 60 days. If the member has entered the second trimester of pregnancy at the effective date of enrollment, the transitional period shall include provision of post-partum care related to the delivery.

**Healthcare Provider Performance Evaluations**

- Empire has developed certain provider evaluation and/or performance policies which includes but is not limited to:
  - The information maintained by Empire to evaluate the performance/practice of health care professionals
  - The criteria against which the performance of health care professionals will be evaluated
  - The process used to perform the evaluation
  - The information used to evaluate the providers performance will be shared with the provider to the extent applicable.
  - Empire shall make available on a periodic basis and upon the request of the provider to the extent applicable, the analysis used to evaluate the provider’s performance
  - Each provider shall be given the opportunity to discuss the unique nature of the provider’s professional patient population which may have bearing on the provider and to work cooperatively with Empire to improve performance
General Definitions and Claims’ Reimbursement Policies

Reimbursement for services that Providers and Facilities provide to Empire members is based upon the contracts that Empire has with its network of providers, Empire’s members’ benefit application, Empire’s medical policy application and Empire’s reimbursement guidelines. A complete listing of Empire’s reimbursement guidelines and medical policies may be accessed at empireblue.com.

Compliance with Provider Manual
Provider and Facility agree to abide by, and comply with, Empire’s provider manual and all other policies, programs and procedures established and implemented by Empire. Empire retains the right to add to, delete from and otherwise modify this Manual but will make good faith effort to provide notice to Provider or Facility at least ninety (90) days in advance of the effective date of material modifications. Providers and Facilities must acknowledge this Manual and any other written materials provided by Empire as proprietary and confidential. If there is a conflict with the Manual and your Agreement, your Agreement supersedes. We encourage you to contact your Empire contracting representative whenever you need clarification or if you have any suggestions for improvement to the Manual.

Payment Rules related to Coordination of Benefits
Empire, as the primary carrier, pays the full benefits under a member’s contract and providers are reimbursed in accordance with applicable law. If Empire coverage is secondary, providers must first submit claims to the primary carrier. When providers receive the other plan’s EOBs, they should submit claims with the EOBs to Empire. Empire’s benefits are reduced by the amount paid or provided by the primary plan for the same service. Empire’s payment can match but not exceed the amount which would have been paid if Empire had been primary.

Eligibility and Payment
A guarantee of eligibility is not a guarantee of payment.

Undocumented or Unsupported Charges
Per Empire policy, Plan will not reimburse Charges that are not documented on medical records or supported with reasonable documentation.

Claims’ Submission Requirements
All claims submitted by provider must use the medical services codes listed in the most current version of the AMA Current Procedural Terminology (CPT) and Health Care Procedure Coding System (HCPCS) publications. The Provider or Facility must submit the medical services codes in accordance with the reporting guidelines and instructions contained in the AMA CPT, CPT Assistant, and HCPCS publications.

To facilitate efficient claims processing the appropriate, valid procedure and diagnosis codes consistent with the member’s age and gender should be submitted on claims. CPT and HCPCS modifiers assist in clarifying services and determining reimbursement. Claims reporting incompatible procedures, diagnoses and modifiers may be denied. Likewise, if an unlisted or non-descript procedure code is billed electronically, (code ending in “99”) the claim will be denied. If a denial is received due to a non-descript or unlisted CPT or HCPCS code was billed, a paper claim with Medical Records attached may be submitted for consideration or the appeal process may be evoked to review the original denial.

Billing Policy and Procedure Overview
All claims must be submitted in accordance with the requirements of the provider contract, applicable member’s contract, and this Provider Manual. You may not seek payment for covered services from the member, except for any applicable visit fees, co-payments, deductibles, coinsurance, or penalties as described in the member’s contract. Except for co-payments, which may be collected at the time of service or discharge, you should not bill
the member for any cost-sharing amounts until he/she has received an explanation of benefits (EOB). In no event should you require a deposit from a member prior to providing covered services to the member. Any Administrative charges applied by physicians must be within Empire’s contractual and policies guidelines and should be prominently displayed within the office and disclosed to members prior to any services be rendered.

**NYS HCRA Surcharge Payments**

Empire has elected to make payments directly to the New York State Office of Pool Administration (“Pool”) for Member’s Cost Share amounts, subject to the below limitations, under NYS statutes, rules and regulations associated with the New York State Health Care Reform Act (“HCRA”). Specifically, Empire will be responsible for paying the surcharge amount to the Pool in the following situations:

I. For any fixed dollar deductible and copayment amounts; and
II. For any percentage coinsurance amount when the Member’s out of pocket maximum has been exceeded.

For local Empire Members who have coinsurance responsibility and who have not exceeded their out of pocket maximum, Empire will not pay the Member’s share of the surcharge amount to the Pool. In these cases, the Member’s EOB indicates a Patient Responsibility of $109.63; a Net Amount of $400.00; and a Rate of $500.00. When adding the Patient Responsibility together with the Net Amount, it totals $509.63. That exceeds the Empire Rate by $9.63. The Facility or Provider would be responsibility for remitting this extra amount to the Pool. Facility or Provider shall not bill Members for any amounts related to the claims surcharge above and beyond any Patient Responsibility amounts already indicated on the EOB.

For out-of-area BlueCard Covered Individual’s Claims, Empire does not pay surcharge on any Cost Shares.

**Lesser of Reimbursement**

Reimbursement for Covered Services will be paid at the lesser of Physician, Practitioner or Facilities’ actual charge or the amount set forth in the agreed upon negotiated allowances specific for each product, i.e. HMO, PPO, EPO, etc. The calculation of “lesser of” shall occur at the claim level (excluding services that are non-covered) and not at the line level.

**Definition of an Admission**

An Admission is considered to occur when a patient is registered as an inpatient in the Facility upon the orders of the patient’s attending physician.

If the Facility decides to keep a patient receiving outpatient Covered Services (i.e. outpatient surgery, emergency room services) past midnight for observation, the overnight stay will NOT be considered an admission unless the patient is admitted as an inpatient as set forth above.

Notwithstanding the foregoing, the Facility will not be reimbursed for inpatient services unless inpatient Covered Services are deemed to be Medically Necessary. In the context of an admission, this means that such service(s) could not be safely provided on an outpatient basis and there were complications that required an inpatient level of care. Without limiting the generality of the foregoing, an admission is not Medically Necessary when a patient: (1) is being evaluated or observed to determine whether the patient has a complication or specific diagnosis for which treatment is required; or (2) when the patient is diagnosed with a complication or specific diagnosis which requires treatment and the necessary treatment (a) is reasonably expected to be less than 24 hours and (b) due to the level of acuity, could be safely provided on an outpatient basis such as services that could be provided at a facility-based observation level of care (regardless of whether the facility has a designated observation unit). In cases where it is determined that inpatient services were not Medically Necessary, Facility shall be reimbursed in accordance with the applicable outpatient rate for the Covered Services provided. Until such time as this payment provision is automated, it is the facilities responsibility to submit a corrected claim indicating an outpatient place of service for payment at the applicable outpatient rates or facility may appeal the inpatient claim as the claim will
initially be denied.

Emergency Room Supply and Service Charges
The emergency room level reimbursement includes payment for all monitoring, equipment (i.e., MRI, CT, etc.), supplies, time and staff charges. Reimbursement for the use of the emergency room includes the use of the room and personnel employed for the examination and treatment of patients.

- Follow up Care – Initial emergency room includes full compensation for the subsequent follow up care by Facility employees or subcontractors in the emergency room. Empire shall not make any additional payment to the Facility, and Facility shall not seek any payment from the Member in relation to follow up care, including any payment which would otherwise be due for the emergency room visit, i.e., stitch removal, wound care, cast care, or any procedure with a CPT coding guidelines global period)

- Emergency Admissions – In the event that a member presents in the emergency room but requires a higher level of care and is admitted for inpatient services, the inpatient reimbursement will supersede the emergency room allowance (there will be no separate payment for any outpatient services) and will be considered all inclusive. There will be no separate payment for emergency room Covered Services but the day of admission shall be deemed to have occurred when the patient presented to the Emergency Room.

Clinic Services
For purposes of this paragraph, the term “clinic” shall mean setting for physical examination and treatment of ambulant patients who are not hospitalized and who are not treated in an emergency or ambulatory surgery setting. If Covered Services are rendered to a Covered Individual by a Professional Provider at any clinic owned, operated or controlled by a Facility, the Facility agrees that it will not bill or seek reimbursement for any claimed technical or overhead component of the clinic charges (e.g. UB-04 revenue codes 510-529 or any successor codes) from any Plan or Covered Individual, and shall only seek reimbursement of the Facility clinic charges from such Professional Provider. Until such time that Empire develops the system capability to automatically adjudicate Claims submitted for clinic charges, Empire may use a post payment audit process, which may result in recoupment of any impermissible clinic charges.

Transfers
Transfer to and from other facilities requires prior authorization by Empire’s Medical Management Department. Empire does not approve transfers between acute facilities unless the transfer is considered to be Medically Necessary. When a transfer is approved for an inpatient Covered Service for which Facility is reimbursed on a “Per Case” basis or actual charges due to “Lesser Of” reimbursement methodology (i.e. when Facility’s actual charge is less than the “Per Case” negotiated amount), reimbursement to Facility will be apportioned so as to avoid duplicate payment based on the percentage of the admission that the patient was inpatient at Facility. For transfers for admissions for which Facility is reimbursed under a “Per Diem” payment methodology, the inpatient stay at each applicable facility shall be treated as an “Admission” as defined above and Facility shall be reimbursed under the “Admission” rules described above.

Supplies and Ancillary Services
Supplies and ancillary services are considered inclusive to the reimbursement for the primary procedure, and are not payable separately, when the primary procedure is reimbursed under a Per Case Payment Rate, Per Diem Payment Rate, Fee schedule Payment Rate or Per Visit Payment Rate payment methodology.

Incidental Procedures
Procedures that are performed concurrently with, and are clinically an integral part of, the primary procedure will not be reimbursed separately. The fees for any incidental procedure will be denied and Empire will reimburse the allowed amount for the primary procedure only. Certain services and supplies that are considered part of overall
care are not separately reimbursed. These may include procedures identified as Status “B” by CMS.

Empire considers the use of surgical trays and supplies to be incidental (part of the technique) to surgical procedures and therefore not separately reimbursed. Empire’s fees for surgical procedures include these items and techniques.

Investigational Procedures
Investigational Criteria provides the following criteria:

“Investigational” means that the procedure, treatment, supply, device, equipment, facility or drug (all services) does not meet Empire’s Technology Evaluation Criteria because it does not meet one or more of the following criteria:

- Have final approval from the appropriate government regulatory body; or
- Have the credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community which permits reasonable conclusions concerning the effect of the procedure, treatment, supply, device, equipment, facility or drug (all services) on health outcomes; or
- Be proven materially to improve the net health outcome; or
- Be as beneficial as any established alternative; or
- Show improvement outside the investigational settings

In addition to the above criteria, the Medical Policy & Technology Assessment Committee (MPTAC) will consider recommendations of national physician specialty societies, nationally recognized professional healthcare organizations and public health agencies, and in its sole discretion, may consider other relevant factors, including information from the practicing community.

Cosmetic and Reconstructive Surgery
Cosmetic surgery is not a covered service because it is performed to reshape the structure of the body in order to alter the appearance or to alter the manifestation of the aging process. Reconstructive surgery is covered when it is performed to improve or restore bodily function or to correct a functional defect resulting from disease, trauma, or congenital or developmental anomalies. When surgery is done for both cosmetic and reconstructive purposes, the allowed amount will be prorated based on the percentage of the surgery that was reconstructive in nature. However, breast reconstruction following mastectomy for cancer is not considered cosmetic. This includes surgery on the contra lateral breast for symmetry.

Home Sleep Study Policy
The Health Plan considers home sleep studies a professional service. As a result, Health Plan shall only consider reimbursement for claims billed globally on a CMS-1500 form or 837 P electronic submitted by the physician performing the reading. Claims submitted by a facility on a UB-04 claim form or 837I electronic shall not be considered for reimbursement and members shall have no liability. To the extent the physician performing the reading does not own the equipment; the physician should work with the equipment supplier directly on any related costs associated with the equipment use, as the equipment will not be reimbursed separately by the Health Plan.

For additional information on sleep studies, clinical guidelines are available at aimspecialtyhealth.com or you may contact your dedicated Network Management Consultant.

Complaints and Grievances
If the time arises when you disagree with any of Empire’s policies or services or would like to request a review of an unfavorable determination, you may file a complaint, grievance or appeal. Please refer to the information in
this section to follow the proper procedures.

Complaints
A complaint is a verbal or written expression of dissatisfaction with any aspect of Empire’s business operations not involving a plan decision.

If you are dissatisfied with any aspect of Empire’s policies or practices relating to the delivery of services to members, you may file a complaint with Empire. To do so, you must contact Empire’s Provider Services by telephone at 1-800-992-2583, 8:30 a.m. – 5:00 p.m. EST, Monday–Friday or in writing at the address below (No specific form for written complaints is required.)

Empire BlueCross BlueShield
Attn: Provider Services
PO Box 1407
Church Street Station
New York, New York 10008-1407

The complaint and any supporting documentation submitted by you will be investigated by a qualified Provider Services Representative and the results will be communicated in a written decision to you within thirty (30) calendar days of receipt of all necessary information.

This process applies to instances in which Empire is not being asked to review or overturn a previous administrative or medical management decision resulting in a claim denial, reduction in claim payment or denial of preauthorization or certification of covered services.

The processes used for those types of issues are described below.

Grievances
If you would like to dispute the payment of a claim that does not involve medical necessity, you should file a grievance with Empire. You must file your grievance within 180 days of the date of initial claims determination to the following address:

Empire BlueCross BlueShield
Attn: Provider Services
PO Box 1407
Church Street Station
New York, New York 10008-1407

In order for your claim payment grievance to be processed, the following information should be included:
- A description of why you believe the claim was not processed correctly (e.g., underpayment; incorrect payment)
- Member Name
- Member ID Number with Prefix
- Date of Service
- Provider Name, NPI and Tax ID Number
- Any other relevant info (EOB, etc).

Upon receipt of a claim payment grievance and supporting documentation, we will make reasonable efforts to issue a decision within 30 days.
If you submit your request for a claim payment grievance after the 180 day timeframe has expired, you will have waived your right to file a claim payment grievance with Empire. Empire will not accept any grievance requests after 180 days nor make any claim payment adjustments if a grievance is not submitted timely.

Please note: The above relates to the provider’s ability to dispute the payment of a claim that does not involve medical necessity. There is a separate process for member grievances and/or appeals as outlined under their benefit plan and further clarified in Chapter 9 of this manual.

**Refund Provisions**

**Provider and Facility Refund Policy**

In the event that Empire makes an overpayment, erroneous payment or a payment which otherwise exceeds the amount of the contractual obligation of the Agreement, Empire will provide Provider or Facility with thirty (30) days’ notice and Provider or Facility shall refund such payment to Empire or obtain Empire’s consent to an alternative payment arrangement on or before the expiration of the thirty (30) day notice period. In the event Provider or Facility fails to refund or repay any amounts owed to Empire within the thirty (30) days and the amount is not appealed, then Empire shall then be permitted to offset such refund amounts from other claims or to reach an agreement with Provider or Facility as to a schedule for repayment of such funds. Notice shall not be required for routine adjustments of claims (i.e., duplicative payments or claims payment errors).

Subject to the below exception, no later than two (2) years after full payment to Provider or Facility, Empire may subsequently review the appropriateness of any bill and Claim payment of a clinical nature; provided, however, that Empire shall notify Provider or Facility of the particular case under review within thirty (30) days of the commencement of such review and such review shall be completed and notice of the results provided to Provider or Facility no later than one hundred twenty (120) days after it was commenced. Notwithstanding the foregoing, for Empire’s State of New York group customers, City of New York group customers and for the Federal Employee Benefit Program, the post payment review period shall be expanded to six (6) years from the end of the calendar year in which the Claim was submitted. The notice from Empire shall state the specific reason(s) why Empire believes the initial payment determination was incorrect and/or request all additional information needed by Empire to review such determination. Notwithstanding the foregoing, the above listed time limits shall not apply to overpayment recovery efforts that are (1) based on reasonable belief of fraud or other intentional misconduct, or abusive billing, (2) required by, or initiated at the request of, a self-insured plan, or (3) required or authorized by a state or federal government program or coverage that is provided by this state or a municipality thereof to its respective employees, retirees or members.

**Negative Payment Adjustments**

The process of reducing future payments by the amount that was adjusted or overpaid is called “negatively adjusting the facility’s account.” This is done by systematically retracting a claim payment and placing a “negative balance” on the facility’s account. The EOB will show a minus sign next to the “Payment” column. When this occurs, the overpayment should be removed from the account(s) in question and used to credit the other accounts paid on the remittance advice.

A large retraction may not be satisfied on one EOB. Occasionally, a negative balance will carry over to future EOBs. When this occurs, the EOB will show claim payments but no check will be issued. The total amount paid will appear at the end of the EOB in the “Net Amount Paid” field.

The “Adjustment from Previous Balance” field will indicate how much money from the previous retraction should be used to satisfy the accounts that appear on this EOB. The original retraction will not be shown on each individual EOB; it will appear only on the EOB from which it was originally taken.
It is very important to keep track of the original retraction so that all of the accounts involved may be correctly credited.

You should contact Provider Services with any questions about payment adjustments. Please have the following information ready before calling:

- Your Provider or Facility’s tax identification number
- Your six-digit Medicare provider number or your National Provider Identifier (NPI) number
- The member’s identification number
- The patient’s name, date of birth, date of service and claim number (if available)

This information will help to expedite your request. Provider Services is available at 1-800-992-BLUE (2583) Monday – Friday, 8:30 am – 5:00 pm.

**Directory of Services/Provider Resource Information**

Empire is committed to helping you with hassle-free healthcare administration by providing you with the information you need, when you need it. In this section you will find a:

- Quick Guide to Useful Contact Information – Important phone numbers and addresses to help in your day-to-day interactions with Empire
- Empire Product Chart
- The Provider Services Roadmap
- New York City Claim Submission Guidelines
- New York State Claim Submission Guidelines
# Quick Guide to Useful Contact Information

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Direct HMO</th>
<th>MediBlue/ Medicare Advantage</th>
<th>POS Direct POS</th>
<th>EPO PPO</th>
<th>BlueCard PPO (for Out-of-Area Members Only)</th>
<th>Traditional indemnity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Precertification</td>
<td>Empire Medical Management Phone: 1-800-441-2411 Fax: 1-800-241-5308</td>
<td>Medicare Advantage Medical Management Phone: 1-877-657-6115 Fax: 1-800-464-5942</td>
<td>Empire Medical Management Phone: 1-800-441-2411 Fax: 1-800-241-5308</td>
<td>Empire Medical Management Phone: 1-800-982-8089</td>
<td>1-800-676-BLUE (25830)</td>
<td>Refer to Member’s ID Card</td>
</tr>
<tr>
<td>Case Management</td>
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<tr>
<td>Out-of-Network Referrals</td>
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</tr>
<tr>
<td>Claims Status/Review</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Claims Status/Review</td>
<td></td>
</tr>
<tr>
<td>Patient Eligibility</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1-800-713-4173</td>
<td></td>
</tr>
<tr>
<td>Order Referral Forms</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Eligibility: 1-800-676-BLUE (2583)</td>
<td></td>
</tr>
<tr>
<td>Provider Services</td>
<td></td>
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<td>Empire Provider Services</td>
<td></td>
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<td></td>
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<td></td>
<td>1-800-343-7283</td>
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</tr>
<tr>
<td>Claims Submission</td>
<td></td>
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<td></td>
<td>Empire BlueCard PPO Program</td>
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<td></td>
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<td></td>
<td>PO Box 3877, Church Street Station New York, NY 10008-3877 Include Prefix</td>
<td></td>
</tr>
<tr>
<td>PCPs fax referral to: 1-800-522-5793</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Empire BlueCard PPO Program</td>
<td></td>
</tr>
<tr>
<td>Or mail referral to:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>PO Box 1407, Church Street Station New York, NY 10008-1407 Include Prefix</td>
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<td>NO REFERRALS REQUIRED FOR DIRECT HMO AND MEDIBLUE PLANS</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
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<td>Referral to Network Providers</td>
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<td></td>
<td></td>
<td>Not applicable</td>
<td></td>
</tr>
<tr>
<td>Electronic Claim Submissions</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Electronic Commerce Service: 1-866-889-7322</td>
<td></td>
</tr>
<tr>
<td>Behavioral Health / Substance Abuse</td>
<td></td>
<td>Behavioral Health Management Program 1-800-626-3643</td>
<td>1-800-626-3643</td>
<td>1-800-626-3643</td>
<td>Refer to Member’s ID Card</td>
<td></td>
</tr>
<tr>
<td>Change your Directory Listing/ Other Provider File Information</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Attn: Provider Registry (PDM) PO Box 1407, Church Street Station New York, NY 10008-1407 or Fax: 1-877-281-6713 Include your NPI or Empire Provider ID</td>
<td></td>
</tr>
<tr>
<td>Empire Maternity Care (For PCPs and Ob/Gyns)</td>
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<td>Not applicable</td>
<td></td>
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<td>Member Questions</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Not applicable</td>
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</tr>
</tbody>
</table>

**EPO**

Electronic Claim Submissions

Electronic Commerce Service: 1-866-889-7322

Behavioral Health Management Program 1-800-626-3643

Refer to Member’s ID Card

Empire Maternity Care

(For PCPs and Ob/Gyns)

Empire Medical Management Phone: 1-800-845-4742

Not applicable

Not applicable

Member Questions

Refer to Member’s ID Card
<table>
<thead>
<tr>
<th>Product Name</th>
<th>PCP Required</th>
<th>Referral Required</th>
<th>Out-of-Network Benefits</th>
<th>Responsible for Precert</th>
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<tr>
<td>Direct POS</td>
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<td>Yes</td>
<td>Yes</td>
<td>Provider</td>
<td>YLF, YLQ, YLN</td>
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<td>No</td>
<td>NO</td>
<td>Provider</td>
<td>BPR</td>
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<td>Empire Bronze Guided Access EPO</td>
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<td>No</td>
<td>No</td>
<td>Member</td>
<td>JLD</td>
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<tr>
<td>Empire Silver Guided Access EPO</td>
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<td>JLE</td>
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<td>Empire Gold Guided Access EPO</td>
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<td>No</td>
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<td>JLC, JLB, JLF</td>
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<td>Empire Platinum Guided Access EPO</td>
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<td>No</td>
<td>Member</td>
<td>JLF</td>
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<tr>
<td>Empire Catastrophic Guided Access EPO</td>
<td>Yes</td>
<td>No</td>
<td>No</td>
<td>Member</td>
<td>JLF</td>
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<tr>
<td>EPO</td>
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<td>No</td>
<td>No</td>
<td>Provider</td>
<td>YLE, YLK</td>
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<tr>
<td>FEP</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Member</td>
<td>R</td>
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<tr>
<td>Pathway X</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Provider</td>
<td>JLC, JLB, JLF</td>
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<td>HMO</td>
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<td>No</td>
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<td>YLN, YLT, YLL</td>
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<td>MediBlue HMO</td>
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<td>MediBlue PPO</td>
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<td>Pathway X Enhanced</td>
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</tr>
<tr>
<td>Pathway Enhanced</td>
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<td>JLE, JBD, JLD</td>
</tr>
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<td>POS</td>
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<td>No</td>
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<td>In-Network: Provider</td>
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<td>PPO</td>
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<td>Provider</td>
<td>YLB, YLD</td>
</tr>
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<td>Prism EPO</td>
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<td>YLE, YLK</td>
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<td>Total Blue EPO</td>
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<td>Yes</td>
<td>Provider</td>
<td>YLD</td>
</tr>
<tr>
<td>Total Blue Select</td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Provider</td>
<td>YLD</td>
</tr>
</tbody>
</table>

*This list is not inclusive of all of Empire’s plans.*
Physician Office Roadmap

This Physician Office Roadmap can be used to guide you to the correct department to assist with daily administrative functions.

Provider Services 1-800-992-BLUE (2583)

- Confirm patient benefits and eligibility
- Obtain patient coinsurance and deductible information
- Check the status of a patient referral
- Obtain the status of claim payment
- Initiate a claim review
- Obtain information on how to file a formal appeal
- Check the status of an appealed claim
- Check the status of check
- Inquire about the timely filing of a claim
- Follow up on a request for medical records

National Provider Solutions (Network Management Consultants)

- Obtain information on Empire’s Products and Services
- Questions about Empire’s policies and procedures
- Register and schedule training on the Empire Provider Website - Webinar
- Provide educational materials to newly credentialed providers
- Request clarification on Empire’s Medical or Payment Policies
- Request information on how to obtain fee schedule information
- Ask general questions about Empire’s Practitioner Agreement
- Request educational materials such as the Provider sourcebook and Provider Quick Guides, Newsletters
- Obtain the status of credentialing

To reach your dedicated Network Management Consultant:

Please Call: 800-992-BLUE (2583) and select the following prompts in order:

- Option 1: Medical Providers
- Option 4: Updates and Other Information
- Option 1: Participation and Credentialing Information
- Enter your zip code

BlueCard (Out of Area Member)

Claims Status/Review 1-800-713-4173
Eligibility 1-800-676-BLUE (2583)

- Confirm patient eligibility for an out of area member
- Obtain member liability for out of area members
- Obtain pre-certification for Blue Card members
- Ask questions regarding the Alpha-Prefix on the member’s card
- Obtain member policy information on covered benefits
- Request Out of area member Explanation of Benefits
- Obtain status for Blue Card Claims
- Request general information
EDI 1-866-889-7322

- Request EDI registration information and forms
- Obtain EDI contacts and support information
- Obtain information on the EDI transaction sets supported by EBCBS
- Request approved Clearinghouse and Vendor Listing
- Obtain information about the Empire/MD ONLINE partnership
- Obtain guides regarding TCP/IP and E-Link
- Obtain Front end Validation Manuals
- Ask questions on the EDI EMC Receipt Report
- Ask questions on how to submit electronically
- Ask general questions about electronic remittances

Provider Demographic Updates
To request demographic changes or changes in a Tax Identification Number, forms are available for download empireblue.com > Providers & Facilities > Answers@Empire > Download Commonly Used Forms and Quick Guides > General Forms. Once completed please:

Mail to:
Empire Provider Data Management
PO Box, 1407, Church Street Station
New York, NY 10008-1407.
Include your NPI

Fax to:
Empire Provider Data Management
1-518-367-3103
New York City Account – Claim Submission Guide

The purpose of this guide is to help determine which insurance carrier to send a claim to for certain hospital versus medical services. For instructions on how to submit a claim to Empire, see our claim submission references on our website.

In some instances, Empire is responsible for payment of both the Hospital and Medical benefits for certain New York City accounts. For group numbers starting with 157800, 157801, 157802, and 157803, Empire pays for Hospital and Medical benefits and does not split coverage.

In some circumstances, Empire splits coverage for New York City accounts and is NOT responsible for payment of both Hospital and Medical benefits. The following grid does not include all of the New York City account plans but rather reflects the PPO Hospital-Only Contracts for groups starting with 157000 to 157699. The services described pertain to Empire Primary non-Medicare members, retirees and their dependents.

While this grid is provided as a general guideline for where to submit claims, you should refer to the Empire Web site for additional information or to the telephone number located on the member's ID card if you have particular claim submission questions.

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>EBCBS</th>
<th>GHI Health Plan</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol Detox/Rehab (IP or OP)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td></td>
<td>Submit to GHI</td>
<td></td>
</tr>
<tr>
<td>Physician</td>
<td></td>
<td>Submit to GHI</td>
<td></td>
</tr>
<tr>
<td>Ambulance by Air</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Submit to Empire</td>
<td></td>
<td></td>
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<tr>
<td>Ambulance by Air, Facility to Facility</td>
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<tr>
<td></td>
<td>Submit to Empire</td>
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<tr>
<td>Ambulance by Land</td>
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<tr>
<td></td>
<td></td>
<td>Submit to GHI</td>
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</tr>
<tr>
<td>Ambulance by Land, Facility to Facility</td>
<td></td>
<td></td>
<td>Not Covered</td>
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<tr>
<td>Ambulette</td>
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<td></td>
<td></td>
<td>Submit to GHI</td>
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<tr>
<td>Blood</td>
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</tr>
<tr>
<td>Services rendered in the outpatient department of the hospital</td>
<td>Submit to Empire</td>
<td></td>
<td>Must be billed by a hospital and the hospital has incurred expenses for blood and blood products.</td>
</tr>
<tr>
<td>Take home blood, blood products and blood derivatives for Hemophiliacs</td>
<td>Submit to Empire</td>
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<tr>
<td>Cancer Chemotherapy</td>
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<td>Outpatient</td>
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<tr>
<td>Service</td>
<td>Submit To</td>
<td>Pre-cert Required Details</td>
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<td>---------------------------------</td>
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<td>-----------------------------------------------------------------------------------------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>Inpatient</td>
<td>Submit to Empire</td>
<td>Pre-cert Required by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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<tr>
<td>Cardiac Rehab (IP or OP)</td>
<td>Submit to Empire</td>
<td>Pre-cert Required by NYC Healthline. Benefits only available if authorized by NYC Healthline.</td>
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<tr>
<td>Clinic</td>
<td>Submit to GHI</td>
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<tr>
<td>DME (IP or OP)</td>
<td>Submit to GHI</td>
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<tr>
<td>Drug Detox/Rehab (IP or OP)</td>
<td>Submit to GHI</td>
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<tr>
<td>Hospital</td>
<td>Submit to GHI</td>
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<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to GHI</td>
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<td></td>
</tr>
<tr>
<td>Emergency Room Services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If bundled in rates</td>
<td>Submit to Empire</td>
<td>Emergency Room services for certified emergency physicians, noninvasive cardiology, noninvasive pathology, noninvasive radiology. All others, submit to GHI.</td>
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<tr>
<td>If unbundled</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td>Submit to Empire</td>
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<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to Empire</td>
<td></td>
<td></td>
</tr>
<tr>
<td>For medical services rendered with psychiatric component</td>
<td>Submit to Empire</td>
<td>Pre-cert Required by NYC Healthline for initial approval. Benefits available in a hospital or in a participating approved free standing facility.</td>
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<td>Psychiatric only</td>
<td>Submit to GHI</td>
<td>Pre-cert Required by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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<td>Hemodialysis</td>
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<td>Pre-cert Required by NYC Healthline for initial approval. Benefits available in a hospital or in a participating approved free standing facility.</td>
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</tr>
<tr>
<td>Outpatient</td>
<td>Submit to Empire</td>
<td>Pre-cert Required by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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<tr>
<td>Inpatient</td>
<td>Submit to Empire</td>
<td>Pre-cert Required by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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<tr>
<td>Homecare</td>
<td>Submit to GHI</td>
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</tr>
<tr>
<td>Hospice Care</td>
<td>Submit to Empire</td>
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</tr>
<tr>
<td>Hyperbaric Oxygen Therapy</td>
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<td><strong>Pre-cert Required</strong> by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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</tr>
<tr>
<td>Infusion Therapy (Non-Cancer)</td>
<td></td>
<td><strong>Pre-cert Required</strong> by NYC Healthline. Benefits available based on medical necessity as determined by NYC Healthline.</td>
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</tr>
<tr>
<td>Outpatient</td>
<td>Submit to Empire</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inpatient</td>
<td>Submit to Empire</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inpatient Hospital</td>
<td></td>
<td><strong>Notification of admission required through NYC Healthline.</strong> Benefits available based on medical necessity as determined by NYC Healthline. Patient is responsible for ER admit notification within 48 hours. Hospital may notify on patient’s behalf.</td>
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</tr>
<tr>
<td>Facility - Inpatient Emergency Admission</td>
<td>Submit to Empire</td>
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<tr>
<td>Facility - Inpatient Elective Admission</td>
<td>Submit to Empire</td>
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<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to GHI</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IVF</td>
<td>Submit to GHI</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Laboratory</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospital (OP)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If part of payable OP claim/procedure</td>
<td>Submit to Empire</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If NOT part of OP payable claim/procedure</td>
<td>Submit to GHI</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician Claims:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If unbundled (OP):</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician - Non-emergency Room</td>
<td>Submit to GHI</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician - Emergency Room</td>
<td>Submit to Empire</td>
<td>For non-invasive pathology Emergency Room services only.</td>
<td></td>
</tr>
<tr>
<td>If Bundled (OP or IP)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------------------</td>
<td>------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to Empire</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If Unbundled (IP)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to GHI</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Maternity Encounters**

<table>
<thead>
<tr>
<th>Inpatient Admissions</th>
<th>Submit to Empire</th>
</tr>
</thead>
</table>

**Pre-cert Required** by NYC Healthline for maternity admit if stay is greater than 48 hours for vaginal delivery or greater than 96 hours for c-section delivery.

<table>
<thead>
<tr>
<th>Labor and Delivery urgent outpatient services</th>
<th>Submit to Empire</th>
</tr>
</thead>
</table>

Empire does not require notification when the urgent visit is for a labor and delivery evaluation where the patient remains outpatient.

<table>
<thead>
<tr>
<th>Scheduled outpatient services - such as, ultrasounds and non-stress tests</th>
<th>Submit to GHI</th>
</tr>
</thead>
</table>

**Behavioral Health Services**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>

Submit to GHI

**Nutritional Counseling**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>

Submit to GHI

**Outpatient Diagnostic testing/procedures**

<table>
<thead>
<tr>
<th>EPS</th>
<th>Submit to GHI</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEE – Diagnostic</td>
<td>Submit to GHI</td>
</tr>
<tr>
<td>Cardio version</td>
<td>Submit to GHI</td>
</tr>
</tbody>
</table>

**Outpatient Surgery - Both Free Standing or Hospital Based Ambulatory Surgery Center or Unit, Same Day Surgery**

<table>
<thead>
<tr>
<th>Hospital/Facility</th>
<th>Submit to Empire</th>
</tr>
</thead>
</table>

**Pre-cert Required** by NYC Healthline for the following procedures: possible/cosmetic procedures, reconstruction, outpatient transplants, optical/vision related procedures, breast reconstruction, cochlear implants, functional endoscopy/nasal surgery, spinal stimulator implants, joint replacements, experimental/investigational procedures, hyperbaric oxygen chamber, infertility with underlying condition, pain management, stimulatory implants, wound vac, bariatric surgery, and spinal surgery.
<table>
<thead>
<tr>
<th>Service</th>
<th>Coverage Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient</td>
<td>Submit to Empire</td>
</tr>
<tr>
<td></td>
<td>Not covered unless part of a payable outpatient claim. All non-experimental drugs and medicines that are available for purchase and readily obtainable. Take home drugs not covered.</td>
</tr>
<tr>
<td>Inpatient</td>
<td>Submit to Empire</td>
</tr>
<tr>
<td></td>
<td>Not covered unless part of a payable inpatient claim. All non-experimental drugs and medicines that are available for purchase and readily obtainable. Take home drugs not covered.</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>Submit to Empire</td>
</tr>
<tr>
<td></td>
<td>Not covered unless part of a payable inpatient claim. All non-experimental drugs and medicines that are available for purchase and readily obtainable. Take home drugs not covered.</td>
</tr>
<tr>
<td>Rehabilitation Hospital or Specialty Facility (IP)</td>
<td>Submit to Empire</td>
</tr>
<tr>
<td></td>
<td>See SNF</td>
</tr>
<tr>
<td>Rehabilitation Hospital or Specialty Facility (OP)</td>
<td>Submit to GHI</td>
</tr>
<tr>
<td></td>
<td>Pre-cert by NYC Healthline after the 16th visit.</td>
</tr>
<tr>
<td>Preadmission Testing/Presurgical Testing</td>
<td>Submit to Empire if: A. The tests are ordered by a physician as a preliminary step to an inpatient or outpatient surgery encounter; and</td>
</tr>
<tr>
<td></td>
<td>B. The testing is necessary for and consistent with the diagnosis and treatment of the condition for which surgery is to be performed; and</td>
</tr>
<tr>
<td></td>
<td>C. There is a scheduled reservation for the hospital and for the operating room before the tests are performed; and</td>
</tr>
<tr>
<td></td>
<td>D. The patient is physically present at the hospital when the tests are performed; and</td>
</tr>
<tr>
<td></td>
<td>E. Surgery actually takes place within 21 days after the tests are performed. Surgery is cancelled as a result of the preadmission tests. Surgery is cancelled due to an unrelated condition that manifests after completed PST/PAT where the new condition prevents surgery.</td>
</tr>
<tr>
<td>Service Type</td>
<td>Hospital</td>
</tr>
<tr>
<td>--------------</td>
<td>----------</td>
</tr>
<tr>
<td>Radiation Therapy (IP)</td>
<td>Submit to GHI</td>
</tr>
<tr>
<td>Radiation Therapy (OP)</td>
<td>Submit to GHI</td>
</tr>
<tr>
<td>Radiology</td>
<td>Submit to GHI</td>
</tr>
</tbody>
</table>

**Hospital (OP)**
- If part of payable OP claim: Submit to Empire
- If NOT part of OP payable claim/procedure: Submit to GHI

**Physician Claims:**
- If **unbundled** (OP):
  - Physician - Non-emergency Room: Submit to GHI
  - Physician - Emergency Room: Submit to Empire
- If **Bundled** (OP or IP):
  - Physician: Submit to Empire
- If **Unbundled** (IP):
  - Physician: Submit to GHI

**Mammograms**
- Screening: Submit to Empire
- Diagnostic: Submit to GHI

**Skilled Nursing Facility**
- SNF: Submit to Empire
- Submit to GHI

**Pre-cert Required** through NYC Healthline. Up to 90 days per calendar year. NYC Healthline may substitute benefits if medically appropriate. 2 ½ outpatient visits = 1 day in a SNF. 1 day in an acute rehabilitation facility = 2 days in a SNF. Of the 90 days there are 30 occupational and speech therapy visits combined allowed.

**Transplants**
- IP: Submit to Empire
- OP: Submit to Empire

**Wound Care – Outpatient**
- If surgical debridement is performed: Submit to Empire
- If no surgical debridement is performed: Submit to GHI
New York State Health Insurance Program – Claim Submission Guide

The purpose of this guide is to help determine which insurance carrier to send a claim to for certain hospital versus medical services. To qualify for payment all services must be medically necessary. This document is specific to New York State Health Insurance Program members only – Prefix YLS

<table>
<thead>
<tr>
<th>Alcohol Detoxification/Rehabilitation Inpatient</th>
</tr>
</thead>
<tbody>
<tr>
<td>If a portion of an inpatient stay is deemed to be medical or detoxification in nature, Empire would be liable for the medical days only.</td>
</tr>
<tr>
<td>Note: If facility is paid a case rate which included all IP days, behavioral health days should not be billed to the mental health substance abuse (MHSA) carrier. Hospital should, however, contact MHSA carrier to notify of admission.</td>
</tr>
</tbody>
</table>

| The behavioral health segment of an Inpatient stay is the liability of the mental health substance abuse carrier. | Admit dates prior to 1/1/14: Submit to Optum Health |
| Admit dates 1/1/14 or after: Submit to ValueOptions | Coverage for services for mental health and substance abuse care, including care for alcoholism. |

<table>
<thead>
<tr>
<th>Alcohol Detoxification/Rehabilitation Outpatient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admit dates prior to 1/1/14: Submit to Optum Health</td>
</tr>
<tr>
<td>Admit dates 1/1/14 or after: Submit to ValueOptions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ambulance/Ambulette/Air Ambulance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Owned by the admitting hospital.</td>
</tr>
<tr>
<td>Not owned by the admitting hospital and volunteer or professional ambulance.</td>
</tr>
<tr>
<td>The service must be owned, operated, and billed for by the admitting hospital. Ambulance transportation from facility to facility must meet same criteria.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Blood</th>
</tr>
</thead>
<tbody>
<tr>
<td>Services rendered in the outpatient department of the hospital.</td>
</tr>
<tr>
<td>Take home blood, blood products, and blood derivatives for hemophiliacs.</td>
</tr>
<tr>
<td>Must be billed by a hospital and the hospital must have incurred expenses for blood and blood products.</td>
</tr>
<tr>
<td>Service Description</td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Contact UHC’s HCAP program if related to home care services.</td>
</tr>
<tr>
<td><strong>Bone Density</strong></td>
</tr>
<tr>
<td>Routine</td>
</tr>
<tr>
<td>Non-Routine</td>
</tr>
<tr>
<td><strong>Cancer Chemotherapy (IP or OP)</strong></td>
</tr>
<tr>
<td>Chemotherapy Administration (IP or OP)</td>
</tr>
<tr>
<td>Chemotherapy Related services not on the same day as chemotheraphy administration (OP RX services, Diagnostic Services)</td>
</tr>
<tr>
<td><strong>Cancer Resources Services (CRS)</strong></td>
</tr>
<tr>
<td>For hospitals who participate in United HealthCare's Centers of Excellence for Cancer Program received through a nationwide network known as Cancer Resource Services (CRS). Patients must be registered.</td>
</tr>
<tr>
<td><strong>Cardiac Rehab</strong></td>
</tr>
<tr>
<td>Outpatient cardiac rehab</td>
</tr>
<tr>
<td>Clinic Hospital Owned</td>
</tr>
<tr>
<td>Clinic billing medical care (office visit)</td>
</tr>
<tr>
<td>Description</td>
</tr>
<tr>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Clinic, visit for venipuncture</td>
</tr>
<tr>
<td>Clinic billing medical care and another covered outpatient service</td>
</tr>
<tr>
<td>Clinic billing services other than medical care or venipuncture</td>
</tr>
<tr>
<td><strong>Durable Medical Equipment</strong></td>
</tr>
<tr>
<td><strong>Drug Detoxification IP</strong></td>
</tr>
<tr>
<td>If a portion of an inpatient stay is deemed to be medical or detoxification in nature, Empire would be liable for the medical or detoxification days only.</td>
</tr>
<tr>
<td>The behavioral health segment of an Inpatient stay is the liability of the mental health substance abuse carrier.</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Drug Rehabilitation OP</strong></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Emergency Room</strong></td>
</tr>
<tr>
<td>Unbundled Hospitals - Associated professional charges for ER physician, pathology, radiology</td>
</tr>
<tr>
<td>Scenario</td>
</tr>
<tr>
<td>------------------------------------------------------------------------</td>
</tr>
<tr>
<td>If ALL diagnosis codes on the ER claim are mental health or alcohol/substance abuse</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Hemodialysis</strong></td>
</tr>
<tr>
<td>If the outpatient department of a hospital</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Homecare</strong></td>
</tr>
<tr>
<td>Home Care Services</td>
</tr>
<tr>
<td>Hospice</td>
</tr>
<tr>
<td><strong>Hyperbaric Oxygen Therapy (HBOT)</strong></td>
</tr>
<tr>
<td>Hyperbaric Oxygen Therapy not rendered as part of an emergency room or surgery services</td>
</tr>
<tr>
<td>Hyperbaric Oxygen Therapy rendered as part of an emergency room or surgical service, such as wound debridement.</td>
</tr>
<tr>
<td><strong>Infusion Therapy (Non-Cancer)</strong></td>
</tr>
<tr>
<td>IV Therapy</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td><strong>Inpatient Hospital</strong></td>
</tr>
<tr>
<td>Facility (up to Empire Plan covered benefits) Emergency Inpatient Admissions.</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Facility (up to Empire Plan covered benefits) Elective Inpatient Admissions.</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Facility (up to Empire Plan covered benefits) Maternity Inpatient Admissions.</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Facility (after Empire Plan covered benefits are exhausted)</td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>
### InVitro Fertilization (IVF)

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Services rendered by a United Healthcare Infertility Center of Excellence</td>
<td>United Healthcare</td>
<td>IVF is a shared benefit between Empire and UHC up to $25,000 or $50,000 lifetime maximum expense for qualified procedures. IVF fertility COE program is administered by United Healthcare (UHC). IVF services must be preauthorized by UHC. Contact the IVF program at UHC to determine the patient’s enrollment in the program.</td>
</tr>
<tr>
<td>Service NOT rendered by a United Healthcare Infertility Center of Excellence</td>
<td>Empire</td>
<td></td>
</tr>
</tbody>
</table>

### Laboratory

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital (OP) non-routine</td>
<td>Empire</td>
<td>Empire submissions: Patient MUST be physically present in the outpatient department. This means the specimen was taken in the outpatient department of the hospital.</td>
</tr>
<tr>
<td>Hospital (OP) routine pap (billed with routine diagnosis)</td>
<td>Empire</td>
<td>Empire submissions: Patient MUST be physically present in the outpatient department. This means the specimen was taken in the outpatient department of the hospital.</td>
</tr>
<tr>
<td>Hospital (OP) all other routine labs</td>
<td>United Healthcare</td>
<td>Type of bill code 141 signifies patient was NOT physically present UNLESS venipuncture is billed.</td>
</tr>
<tr>
<td>Physician draws blood in the office and sends sample to hospital.</td>
<td>United Healthcare</td>
<td></td>
</tr>
<tr>
<td>Venipuncture only (drawing station)</td>
<td>United Healthcare</td>
<td></td>
</tr>
</tbody>
</table>

### Maternity Encounters

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Admissions</td>
<td>Empire</td>
<td>Precertification is required through Empire as soon as the pregnancy is confirmed. Members are encouraged to call back just prior to delivery.</td>
</tr>
</tbody>
</table>

### Behavioral Health Services

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Therapeutic Cardioversion</td>
<td>Empire</td>
<td></td>
</tr>
<tr>
<td>Allergy Testing</td>
<td>United Healthcare</td>
<td></td>
</tr>
</tbody>
</table>

### Nutritional Counseling

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Diagnostic Testing/Procedures</td>
<td>United Healthcare</td>
<td></td>
</tr>
</tbody>
</table>

### Surgery in Outpatient Hospital

<table>
<thead>
<tr>
<th>Service Rendered</th>
<th>Submit To</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Description</td>
<td>Responsible Party</td>
<td></td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------------</td>
<td>---------------------------------</td>
<td></td>
</tr>
<tr>
<td><strong>Physician</strong></td>
<td><strong>Submit to United Healthcare</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Surgery in a Free Standing Ambulatory Surgery Center (ASC)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Freestanding ASC not owned by a hospital</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td>Freestanding ASC owned and billed by a hospital</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Professional charges associated with the surgery</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td><strong>Pharmacy</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outpatient</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Inpatient</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td><strong>Physical Therapy</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outpatient department of the hospital</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Provided outside of the hospital or doesn't meet the criteria for hospital benefits</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td><strong>Preadmission Testing</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In the event that a schedule surgery is cancelled</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td><strong>Radiation Therapy</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td><strong>Radiology</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Screening Mammograms in hospital setting.</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Diagnostic Mammograms in hospital setting.</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Service Description</td>
<td>Submit To</td>
<td>Notes</td>
</tr>
<tr>
<td>----------------------------------------------------------------------------------</td>
<td>-------------------------------</td>
<td>----------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Other Radiology Services (CT, PET, MRI, MRA, Nuclear Radiology):</strong></td>
<td></td>
<td>Patient must be physically present at the hospital and services must be rendered in an affiliated hospital setting or location. Precertification is required for all elective radiology procedures (CT, PET, MRI, MRA, Nuclear Radiology). No precertification is required for emergency radiology procedures.</td>
</tr>
<tr>
<td>Hospital (OP) diagnostic radiology not listed above</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Hospital (OP) routine radiology not listed above</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Skilled Nursing Facility</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td>Submit to Empire</td>
<td>Precertification is required through Empire. SNF is not covered if Medicare is Primary.</td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td><strong>Transplants</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Centers of Excellence for Transplants with Blue Quality Centers for Transplants (BQCT)</td>
<td>Submit to Empire</td>
<td>Hospitals must be participating with the BQCT Program.</td>
</tr>
<tr>
<td>Bone Marrow</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peripheral Stem Cell</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cord Blood Stem Cell</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart-Lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kidney</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Liver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lung</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Simultaneous Kidney-Pancreas</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>For NON-Blue Quality Center for Transplant Providers</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>Physician</td>
<td>Submit to United Healthcare</td>
<td></td>
</tr>
<tr>
<td><strong>Wound Care</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If surgical debridement is performed</td>
<td>Submit to Empire</td>
<td></td>
</tr>
<tr>
<td>If no surgical debridement is performed</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Empire’s Online Services

Availity’s Web Portal for Empire Providers

Empire offers an array of online tools through the Availity Web Portal.

The Availity Web Portal, a secure multi-health plan portal, is available at no charge to physicians and other providers and improves efficiencies through simplified and streamlined health plan administration. Availity is health information when and where you need it – and that benefits patients, providers and health plans.

Get the Information You Need Instantly
A. Member Eligibility and Benefits Inquiry – Includes Local plan, BlueCard/out-of-area, and FEP members.
B. Claim Status Inquiry – Includes Local plan, BlueCard/out-of-area, and FEP members.
C. Patient 360– A read-only dashboard that gives instant access to detailed member information including Demographic information, Care summaries, Claims details, Authorization details, Pharmacy information and Care management related activities.
D. Clinical Messages – Clinical alerts on members’ care gaps and medication compliance indicators, when available.
E. Secure Messaging – Send a question to clarify the status of a claim or to get additional information on claims.
F. AIM Specialty HealthSM (“AIM”) – Link to access pre-certification for diagnostic imaging, specialty Rx, and radiation therapy.
G. Online Remittances – Get quick and simple access to your remittance advices online with the Remittance Inquiry. From the Availity Web Portal home page, select Payer Spaces, next choose the Anthem tile from the list of payer options, and then select the Remittance Inquiry option.
H. Fee Schedule Inquiry - Retrieve and print contracted amounts for up to 50 procedure codes at a time with the Fee Schedule application. From the Availity Web Portal home page, select Payer Spaces, next choose the Anthem tile from the list of payer options, and then select the Fee Schedule option.
I. Clear Claim Connection – Evaluate clinical coding information and claim editing system logic using this tool available from Payer Spaces on the Availity Web Portal.

Take Advantage of These Availity Benefits
A. No Charge – Health plan transactions are presented at no charge to providers.
B. Accessibility – The Availity Web Portal is available 24 hours a day to registered users from any computer with Internet access.
C. Standard Responses – Availity returns responses from multiple payers in a standard format for a consistent look and feel.
D. Access to Both Commercial and Government Payers – Users can access data from Anthem, Medicare, Medicaid and other commercial insurers (visit www.availity.com for a full list of payers.)
E. Compliance – Availity is compliant with all Health Insurance Portability and Accountability Act (“HIPAA”) regulations.
How to Get Started
To register for access to The Availity Web Portal, go to www.availity.com and select register. It's that simple!

Once you log into the secure portal, you'll have access to many resources to help jumpstart your learning, including free live training, frequently asked questions, and comprehensive help topics. Client service representatives are also available Monday through Friday to answer your questions at 800-AVAILITY or (800)-282-4548.

Availity services and coverage are always expanding. Please check frequently for new offerings.

Physician Online Services

My Home Page:
- Authorizations
- Remittances

References
- Quick Guides
- Plan Administration
- Publication Index
- FAQ's

Searches
- Reference Search
- Provider Search
- Pharmacy
- Fee Schedule
- Clear Claim Connection
- CareMore

Maintenance
1. Manage profile – edit personal profile or edit practitioner information
2. Practice: (if you are creating accounts for additional staff to access)
   a. Manage Practice: to Load Staff click on
   b. Manage Office Staff
   c. Add office Staff: Now load the staff, A couple things to remember when you load the staff you have to make sure you search and add unassigned providers to each staff, select them all and then apply, when this is completed you have to SELECT a roll for the staff then hit apply. Please remind the Super User that when any new physician joins the practice she will need to go in here to do the same thing and attach them to the staff.
3. Create Practice
4. Join Practice
5. Assign your Provider Sites: this is important shows all provider numbers which you can add or remove if inactive or not listed under the tax number.
6. Verify and/or Update Provider Information including specialty and hospital affiliations
Super User access is utilized for larger provider groups since it allows your office to register under one provider and obtain access to view members for all providers under the group’s tax-id. For the larger groups this has been the preferred access since they do not have to maintain individual provider logons. The attached training guide would be utilized when conducting the Super User website training.

Help
- Plan and Services
- Technical Support
- Contact Us
- Glossary

Physician Super User Training

- Pre-registration
  - Go to www.empireblue.com, and choose “Providers”
  - In the Register Now section, choose “Providers” access
  - Registration Page – Take a moment to review the “Why Register?” link, and then click “Download Form”
  - Print and complete the Pre-Registration form
  - Fax the Pre-Registration form to the number indicated
  - Allow 3 business days for Empire to process your registration form.

- After 3 business days
  - Go to www.empireblue.com, and choose “Providers”
  - In the Register Now section, choose “Providers” access
  - Registration Page – click on “Group & Ancillary Registration”
  - Read, understand and accept our “Terms and Conditions”
  - Complete the Group Registration information.
  Note: This data should match what was entered on the Pre-Registration Form.
  - If all data matches, you will be sent an email which will contain an Activation Key.
  - Retrieve the Activation Key from your email account, and click “Continue” to proceed.
  - Verify all pre-populated fields, and enter in the Activation Key
  - Proceed with the User Account Setup, and complete the registration process.

Once registered as a Super User...
- Log on Empire’s website at www.empireblue.com/home-providers
- Page Functionality
  - Blue Tools Menu – the links available and what is listed under each
  - Precert alerts/eMessages/Interoffice Messages
  - What’s New at Empire! – find out the latest changes and updates to the site
  - Connect to www.availity.com for membership, eligibility and claims information
- Search functionality
  - Provider Search to identify participating providers
  - Create Pre-Certifications and search Pre-Certifications already on file
  - Fee Schedules for participating providers
• Maintenance
  o Practice: (if they are creating accounts for additional staff to access)
  o Manage Practice: Update addresses and phone numbers
  o Manage Office Staff
  o Add office Staff: Now load the staff, A couple things to remember when you load the staff you have to make sure you search and add unassigned providers to each staff, select them all and then apply, when this is completed you have to SELECT a roll for the staff then hit apply. Please remind the Super User that when any new physician joins the practice she will need to go in here to do the same thing and attach them to the staff.

**Empire’s Facility Online Services**

Our commitment to delivering products and services that anticipate customer needs by creating faster, simpler, and smarter solutions is the foundation of our Facility Online Services.

**Blue Tools**

- Search EOBs
- Create and Search Precertifications
- View Utilization Reports
- Message Center – View medical records request
- Track Claim Status
- Manage Facility

**Registration for Facility Online Services**

To be eligible for Facility Online Services, your facility must be a participating provider in Empire’s network and operate in our geographic service area. If you are attempting to register from outside Empire’s service area or do not participate in our network, we will be unable to process your application.

If you are an authorized senior manager who will be responsible for administering other user accounts in Facility Online Services and you have not yet pre-registered, please refer to empireblue.com to download our Pre-Registration form. A sample form has been included in Appendix B of this Manual for your convenience.

Once the Pre-Registration form is completed and returned, Empire will validate this information and issue you an activation key via email. You will then use this activation key to complete the registration process online at empireblue.com.

Below we have outlined the steps needed to create an online authorization. Please contact your Network Relations Coordinator for questions regarding online functionality or to request training.

**Creating an Authorization Request:**

- Access Empire Website at empireblue.com
- Select ‘Facilities’ tab
- Enter Login ID and password
- MEMBER SEARCH screen will display
• Enter 3 digit Prefix, ID number and one of the patient identifiers – Date of birth, patient’s first name, patient’s last name (It is recommended to enter patient date of birth for best results)

**MEMBER SEARCH RESULTS screen will display**
• Double Click on Member’s Name to display the Member Eligibility Information
• Utilize the link for, CREATE A Precertification in the ‘MESSAGES’ section.
• Note: This will pre-populate the member on the CREATE Precertification screen.
• Complete all required fields as indicated by the *Asterisk.
• Enter Clinical Notes – These are not required fields/sections but entry of clinical information in the notes fields may expedite the clinical review process and turnaround time.
• Enter discharge planner name and phone number
• Review your submission – Please review the information on the summary screen to ensure it is accurate and complete.
• Once your review is complete – submit the Precertification form. A pending case reference number will be returned for successful submissions.

**Empire’s Non-secure pages**

**Go to empireblue.com**
• Select the “Providers & Facilities” tab
• Then click on enter, the Provider Home page is displayed

**Health & Wellness Information**
• Practice Guidelines
• Quality Improvements and Standards
• Tools and Resources
  o Condition Care
  o Future Moms
  o Utilization Management
  o Medical Policy and Clinical UM Guidelines
  o Site of Service Reductions
  o Eye Health Resource Center
  o Provider Toolkits
  o Centers of Medical Excellence
  o Improving Your Patient Care Experience

**Plans & Benefits**
• Health Product Chart
• BlueCard
• MediBlue
  o Medicare Advantage
• Pharmacy Management
• Behavioral Health Management
• Dental
Alpha Prefix Information

The three-character alpha prefix at the beginning of the member’s identification number is the key element used to identify and correctly route out-of-area claims. The alpha prefix identifies the BCBS Plan or national account to which the member belongs. It is critical for confirming a patient’s membership and coverage.

Some identification cards with a BlueCard suitcase may not have an alpha prefix. This may indicate that the claims are handled outside the BlueCard program. Please look for instructions or a telephone number on the back of the card for information on how to file these claims. If that information is not available, call the Eligibility Line at 1-800-713-4173, 8:30 a.m. to 5:00 p.m. EST, Monday – Friday.

Occasionally, you may see identification cards from foreign BCBS Plan members. These identification cards will also contain three-character alpha prefixes. Please treat these members the same as domestic BCBS Plan members.
Suitcase Logos

To provide the visual symbol that physicians and facilities need to identify PPO members, ID cards with the PPO logo for those members who have BlueCard PPO or BlueCard EPO benefits have been created. The logo, shown below, must appear on the face of the card. A “PPO” in a suitcase logo means that the patient has a PPO program.

![PPO Logo](image)

Remember: Not all PPO members are BlueCard PPO members, only those whose membership cards carry this logo are part of the BlueCard PPO Plan.

To identify all other BlueCard members, with the exception of those with Medigap coverage, that do not have BlueCard PPO, the blank (empty) suitcase logo is included on the face of the card. The blank suitcase, in conjunction with the alpha prefix, will communicate to providers how to process member claims. A blank suitcase logo on a member’s identification card means that the patient has a Traditional (Indemnity), POS, or HMO product.

ID card Samples

Direct HMO ID card

![Direct HMO ID Card](image)
New York State Members

Please note that the members’ actual co-payment amounts may be different than what is displayed on this sample card.

Coordination of Benefits

When a member is covered by more than one insurance plan, health insurers coordinate benefits by determining who the primary and secondary carrier is. This prevents duplicate payments and overpayments.

General Guidelines:

- If a member holds a contract for a group insurance plan and is listed as a dependent on another insurance plan, the plan for which the member is a contract holder is primary.
- For covered dependent children, the plan of the parent whose birthday falls earlier in the year is primary (Birthday Rule). Only the month and day are considered when determining whose birthday falls earlier.
- For covered dependent children with separated or divorced parents, if a court has established which parent is responsible for the child’s healthcare expenses, that parent’s plan is primary. When financial responsibility has not been established, the plan covering the parent with legal
custody is primary.

- A group that does not have a coordination of benefits provision will be primary over one that does.
- If a member holds two or more group insurance plans, the policy that considers the member an active employee is primary. If both of the member’s policies are active, the policy that has been active longer or longest is primary. If a member is covered by a group insurance plan through TEFRA or DEFRA, this group insurance plan is primary over Medicare.

Newborn Enrollment

According to the NY Insurance law for Empire’s fully insured members, it must pay for inpatient care for a newborn’s first 48 hours (vaginal delivery) or 96 hours (c-section delivery), without regard to whether the newborn has been enrolled under the insured benefit plan.

Please note: If a self-funded benefit plan has not elected to follow the NY newborn mandate, the newborn must be separately enrolled as a dependent under the self-funded benefit plan within the time frame specified by the plan in order to obtain coverage, including the inpatient care of the newborn’s first 48 hours (vaginal delivery) or 96 hours (c-section delivery). If the newborn is not enrolled within the time frame specified by the self-funded benefit plan, the claim will be denied.

The following provides additional guidance on Empire’s insured benefit plans:

- For coverage beyond the initial inpatient nursery care, all newborn children must be enrolled as dependents within 30 or 60 days of birth, as required by the plan, in order to ensure coverage with no claims processing delays.
- **Members with Individual, Employee/Spouse or Parent/Child contracts** must submit an Enrollment/Change form to add a newborn, and change their plans to Parent/Child, Parent/Children or Family coverage (and pay the premium) 30 or 60 days, as required by the plan, after the date of the baby’s birth for coverage to be retroactive to the date of birth. **Claims submitted before the newborn is enrolled under the correct contract type will be denied.** These claims will be reprocessed once the newborn is enrolled at the normal newborn allowance, as long as it is within 30 or 60 days of the birth, as required by the plan.
- If Empire does not receive the Enrollment/Change form within 30 or 60 days, as required by the plan, after the baby’s birth, coverage will begin on the actual date we receive the completed form, as long as we receive it during the next open enrollment period after the birth, or during the first year after the birth, whichever occurs first.

**Members with Family or Parent/Children contracts** have coverage for newborn children but **MUST** submit an Enrollment/Change form to add the newborn to the benefit contract. Coverage is effective from the newborn’s date of birth provided that the newborn is enrolled.

For Enrollment through Employer Online Services

When the contract types are Individual, Employee/Spouse or Parent/Child and the Group Benefits Administrator (GBA) logs on to add the newborn after 30 or 60 days, as required by the plan, from the date of birth, the GBA may select either the current date (at which the GBA logged on) or the date of Open Enrollment as the effective date of coverage for the newborn.
Claims Submission

Claims Submission Overview

General Guidelines
To facilitate claims processing, all claims must:

- Be either the uniform bill claim form or electronic claim form in the format prescribed by Empire
- Be submitted by a provider for payment by Empire for Health Services rendered to a Covered Member
- Be considered to be a Complete Claim which means, unless state law otherwise requires, must contain all information necessary to process the claim and make a benefit determination
- Be submitted within 120 calendar days of the date of service
- Include the member’s name, ID number and plan prefix - exactly as it appears on the ID card
- Include the member’s relation code
- Include the member’s date of birth
- Include the physician’s or practitioner’s name and NPI number for the plan include the physician’s or practitioner’s tax ID number

All providers who participate in an Empire network must have a National Provider Identification (NPI) number and are required to submit claims directly to Empire for services rendered.

All claims must be submitted in accordance with the requirements of the provider contract, and this Provider Manual. You may not seek payment for covered services from the member, except for any applicable visit fees, co-payments, deductibles, coinsurance, or penalties as described in the member’s contract.

Coding Claims

Correct coding of claims expedites processing and speeds payment for services. When submitting claims or referral forms, it is important to use the most up-to date ICD-10-CM or successor codes and CPT codes.

When completing field 21 of the CMS1500 claim form, if more than one diagnosis is appropriate, list all the diagnoses that affect the treatment received. PCPs cannot bill for consultations.

To facilitate efficient claims processing the appropriate, valid procedure and diagnosis codes consistent with the member’s age and gender should be submitted on claims. CPT and HCPCS modifiers assist in clarifying services and determining reimbursement. Claims reporting incompatible procedures, diagnoses and modifiers may be denied. Likewise, if an unlisted or non-descript procedure code is billed electronically, (code ending in “99”) the claim will be denied. If a denial is received due to a non-descript or unlisted CPT or HCPCS code was billed, a paper claim with Medical Records attached may be submitted for consideration or the appeal process may be evoked to review the original denial.

Providers may verify benefits by calling Empire Provider Services at 1-800-992-2583, Monday – Friday, 8:30 a.m. to 5:00 p.m. EST. ID cards vary in appearance depending on the plan and employer.

Providers should keep a photocopy of the member’s ID card (front and back) on file and ask the member
if coverage has changed upon each visit.

**Co-Payments and Cost-Sharing**

Members are responsible for the co-payment amount indicated on their ID cards. Co-payments apply to home and office visits but do not apply to in-network Annual Preventative Care visits, Well-Child Care visits, or maternity care. There may be exceptions depending on the member’s contract.

Co-payments may be collected at the time of the patient’s visit. Coinsurance and deductibles must be collected from members after you receive the explanation of benefits (EOB).

Per the Empire Practitioner Agreement, physician or practitioner agrees to only seek payment from a member for a health service that is not covered under the member's benefit plan, whether it is not covered because it is specifically excluded, is not considered medically necessary or is considered investigational, when the physician or practitioner has obtained a signed, Empire Non-Covered Services Notification Waiver which can be found at empireblue.com.

**Claims’ Review or Adjustment Requests**

A provider may initiate a claims review or adjustment request for a previously processed claim due to a number of circumstances. These may include review or verification of denial of service, incorrect billing, partial payments or incorrect payments (underpayment or overpayment).

Please note that claims that have been returned to the submitter because they were inaccurate or incomplete have not been processed and consequently cannot be reviewed for adjustment. In addition, Empire cannot adjust a claim when the dollar amounts change due to the physician’s corrections (such as adding a service line or a modifier). A corrected claim must be submitted and finalized for reprocessing first in these cases.

**Review and Adjustment Policy**

- Claim review or adjustment request must be submitted to Empire within 180 days of the original claim remittance date.
- Review of a claim does not guarantee a change in payment disposition.
- Empire will make adjustments when a claim is paid incorrectly due to an Empire error, but only if the original claim was “clean”.
- If Empire mistakenly underpays a physician for a claim, Empire will make an adjustment on a subsequent remittance.
- If Empire mistakenly overpays a claim to a participating provider, Empire will request a refund from the physician on the overpaid amount or will deduct that amount from future payments.

**Procedure to request review and adjustments**

Claims review and adjustments may be requested in the following ways:

- Empire’s Provider Services – available Monday-Friday, 8:30 a.m. to 5:00 p.m. at 1-800-552-6630. Representatives may be able to take information over the phone to initiate a review or adjustment on your behalf. A guide to our IVR has been included in the Exhibit section of this
Manual.

- Provider correspondence – Providers may mail request for review and adjustment with additional documentation to:
  Empire BlueCross BlueShield
  Attention: Provider Correspondence
  P.O. Box 1407, Church Street Station
  New York, NY 10008

**Required information when requesting review and adjustments**

In order to adequately address concerns regarding claims processing, Empire must require the following data to initiate a review and adjustment on your behalf. Failure to provide any of the necessary information will impact our ability to identify and review the claim in question.

- Member’s plan issued identification number with prefix
- Dependent number
- Date of service
- Claim number
- Reason for the request to review and adjust the claim

**Electronic Data Interchange (EDI) Overview**

Empire recommends using the EDI system for Claims submission. Electronic Claims submissions can help reduce administrative and operating costs, expedite the Claim process, and reduce errors. Providers and Facilities who use EDI can electronically submit Claims and receive acknowledgements 24 hours a day, 7 days a week.

Electronic Funds Transfer Election - Should Provider or Facility elect to receive payments via Electronic Fund Transfer, such election may be deemed effective by Empire for any Claim your Agreement with Empire pertains to. Empire may share information about Providers or Facilities, including banking information, with third parties to facilitate the transfer of funds to Provider or Facility accounts.

There are several methods of transacting Empire Claims through the Electronic Data Interchange process. You can use electronic Claims processing software to submit Claims directly, or you can use an EDI vendor that may also offer additional services, including the hardware and software needed to automate other tasks in your office. No matter what method you choose, Empire does not charge a fee to submit electronically. Providers and Facilities engaging in electronic transactions should familiarize themselves with the HIPAA transaction requirements.

**Additional Information**

For additional information concerning electronic Claims submission and other electronic transactions, you can click the Electronic Data Interchange (EDI) link below or go to empireblue.com/edi.

**Overpayments**

Empire’s Cost Containment Overpayment Avoidance Division reviews Claims for accuracy and requests refunds if Claims are overpaid or paid in error. Some common reasons for overpayment are:
- Paid wrong provider / Covered Individual
- Allowance overpayments
- Billed in error
- Non-covered services
- Terminated Covered Individuals
- Coordination of Benefits
- Late credits
- Duplicate
- Claims editing
- Total charge overpaid

**Empire Identified Overpayment (aka “Solicited”)**
When refunding Empire on a Claim overpayment that Empire has requested, please included on the request letter and the following information with your check:

- The payment coupon (included with the Empire request letter)
- Covered Individual ID number
- Covered Individual’s name
- Claim number
- Date of service
- Reason for the refund as indicated in our refund request letter

As indicated in the Empire refund request letter and in accordance with provider contractual language, provider overpayment refunds not received and applied within the timeframe indicated will result in Claim recoupment.

Providers and Facilities may direct disputes of amounts indicated on an Empire refund request letter to the address indicated on the letter.

**Provider and Facility Identified Overpayments (aka “voluntary” or “unsolicited”)**
If Empire is due a refund as a result of an overpayment discovered by a Provider or Facility, refunds can be made in one of the following ways:

- Submit a refund check with supporting documentation outlined below, or
- Submit the Refund Check Information Form with supporting documentation to have claim adjustment/recoupment done off a future remittance advice

When voluntarily refunding Empire on a Claim overpayment, please include the following information:

- Refund Check Information Form (*see directions below for how to access online*)
- All documents supporting the overpayment including EOBs from Empire and other carriers as appropriate
- Covered Individual ID number
- Covered Individual’s name
- Claim number
- Date of service
- Reason for the refund as indicated in the list above of common overpayment reasons

Please be sure the copy of the provider remittance advice is legible and the Covered Individual information that relates to the refund is circled. By providing this critical information, Empire will be able to expedite the process, resulting in improved service and timeliness to Providers and Facilities.

**Important Note:** If a Provider or Facility is refunding Empire due to coordination of benefits and the
Provider or Facility believes Empire is the secondary payer, please refund the full amount paid. Upon receipt and insurance primacy verification, the claim will be reprocessed and paid appropriately.

How to access the Refund Check Information Form online:
NY Providers: To download the “Refund Check Information Form” go to empireblue.com > “Providers & Facilities” > select Forms and Quick Guides from the Learn More section of the Homepage. > “General Forms” and “Refund Check Information Form”.

Please utilize the proper address noted in the grid below to return payment:

<table>
<thead>
<tr>
<th>State</th>
<th>Line of Business (Blue Branded)</th>
<th>Type of Refund</th>
<th>Make Check Payable To:</th>
<th>Regular Mailing Address:</th>
<th>Overnight Delivery Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>NY</td>
<td>All</td>
<td>Voluntary</td>
<td>Empire BlueCross BlueShield</td>
<td>Central Region-CCOA Lockbox PO Box 73651 Cleveland, OH 44193-1177</td>
<td>Empire Central Lockbox 73651 4100 West 150th Street Cleveland, Ohio 44135</td>
</tr>
<tr>
<td>NY</td>
<td>All</td>
<td>Solicited Refund with Coupon Letter</td>
<td>Empire BlueCross BlueShield</td>
<td>Empire BlueCross BlueShield PO Box 5281 Carol Stream, IL 60197</td>
<td></td>
</tr>
</tbody>
</table>

Claims Filing Tips for New Jersey and Contiguous Border County Providers

Do you practice in a county bordering another state and have contracts with Blue Plans in your home state and the neighboring state? If so, you should file all claims with the local Blue Plan, based on where you provided the service, except when a member has coverage with the neighboring state’s Blue Plan.

Here are some examples:
1. A provider is located in a New York county that borders New Jersey and has contracts with Blue Plans in both states. When this provider renders a service to a New Jersey member, the claim is filed with Horizon Blue Cross Blue Shield of New Jersey. All other claims are filed with Empire.
2. A provider is located in a New York county that borders New Jersey. The provider has a contract with Empire, but not with Horizon. When this provider renders a service to a New Jersey Horizon member, the claim is filed with Empire.
3. You are a New Jersey provider in a border county with New York and have contracts with Horizon BCBS and Empire. Submit claims for Empire and Empire affiliate members to Empire. Submit all other claims to Horizon BCBS.
4. You are a New Jersey provider located in a border county with New York and have a contract with Empire, but not Horizon BCBS. Submit claims for Empire and Empire affiliate members to...
Empire. Submit all other claims to Horizon BCBS (where they will be considered non-par).

**Claims filing tips for providers with multiple Blue Plans in their market**

If you provide care to out-of-area Blue members from (BlueCard), follow the below claim-filing guidelines:

If you contract with both Empire and another Blue plan for the same product type (e.g. PPO or Traditional), you may file an out-of-area Blue Plan member’s claim with either Plan. However, Empire and Empire affiliate members claims must be sent to Empire for processing.

**Empire’s Operating Area and Contiguous Counties**

<table>
<thead>
<tr>
<th>Empire’s Service Area: 28 NY Counties</th>
<th>Albany, Bronx, Clinton, Columbia, Delaware, Dutchess, Essex, Fulton, Greene, Kings, Montgomery, Nassau, New York, Orange, Putnam, Queens, Rensselaer, Richmond, Rockland, Saratoga, Schenectady, Schoharie, Suffolk, Sullivan, Ulster, Warren, Washington, and Westchester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contiguous Counties</td>
<td></td>
</tr>
<tr>
<td>State</td>
<td>County</td>
</tr>
<tr>
<td>6 contiguous NY counties</td>
<td>Broome, Chenango, Franklin, Hamilton, Herkimer, Otsego</td>
</tr>
<tr>
<td>2 contiguous Connecticut counties</td>
<td>Fairfield, Litchfield</td>
</tr>
<tr>
<td>1 contiguous Massachusetts county</td>
<td>Berkshire</td>
</tr>
<tr>
<td>7 contiguous New Jersey counties</td>
<td>Bergen, Hudson, Middlesex, Monmouth, Passaic, Sussex, Union</td>
</tr>
<tr>
<td>2 contiguous Pennsylvania counties</td>
<td>Pike, Wayne</td>
</tr>
<tr>
<td>5 contiguous Vermont counties</td>
<td>Addison, Bennington, Chittenden, Grand Isle, Rutland</td>
</tr>
</tbody>
</table>

**Indirect Care, Support and Remote Provider** - An individual or organization that offers care to patients from outside the local Plan’s service area. Services may be provided from a single site or from multiple locations. Examples include laboratories, Durable Medical Equipment, or Infusion Therapy Providers. Often the patient and the remote provider are in different physical locations. If you are an Indirect Care, Support and Remote providers please contact your Network Management Consultant for claim filing instructions.

**Medicare Crossover**

**Duplicate Claims Handling for Medicare Crossover**

Since January 1, 2006, all Blue Plans have been required to process Medicare crossover Claims for services covered under Medigap and Medicare Supplemental products through Centers for Medicare & Medicaid Services (CMS). This has resulted in automatic submission of Medicare Claims to the Blue secondary payer to eliminate the need for Provider or Facilities or his/her/its billing service to submit an additional Claim to the secondary carrier. Additionally, this has also allowed Medicare crossover Claims to be processed in the same manner nationwide.
Effective October 13, 2013 when a Medicare Claim has crossed over, Providers and Facilities are to wait 30 calendar days from the Medicare remittance date before submitting the Claim to the local Plan if the charges have still not been considered by the Covered Individual’s Blue Plan.

To avoid the submissions of duplicate Claims, use the 276/277 Health care Claims status inquiries to verify Claim and adjudication status prior to re-submission of electronic Claims.

If Provider or Facility provides Covered Individuals’ Blue Plan ID numbers (including alpha prefix) when submitting Claims to the Medicare intermediary, they will be crossed over to the Blue Plan only after they have been processed by the Medicare intermediary. This process will take a minimum of 14 days to occur. This means that the Medicare intermediary will be releasing the Claim to the Blue Plan for processing about the same time Provider or Facility receives the Medicare remittance advice. As a result, upon receipt of the remittance advice from Medicare, it may take up to 30 additional calendar days for Provider or Facility to receive payment or instructions from the Blue Plan.

Providers and Facilities should continue to submit services that are covered by Medicare directly to Medicare. Even if Medicare may exhaust or has exhausted, continue to submit Claims to Medicare to allow for the crossover process to occur and for the Covered Individual’s benefit policy to be applied.

Medicare primary Claims, including those with Medicare exhaust services, that have crossed over and are received within 30 calendar days of the Medicare remittance date or with no Medicare remittance date, will be rejected by the local Plan.

Effective October 13, 2013, we will reject Medicare primary provider submitted Claims with the following conditions:

- Medicare remittance advice remark codes MA18 or N89 that Medicare crossover has occurred
  - MA18 Alert: The Claim information is also being forwarded to the patient’s supplemental insurer. Send any questions regarding supplemental benefits to them.
  - N89 Alert: Payment information for this Claim has been forwarded to more than one other payer, but format limitations permit only one of the secondary payers to be identified in this remittance advice.
- Received by Provider or Facility’s local Plan within 30 calendar days of Medicare remittance date
- Received by Provider or Facility’s local Plan with no Medicare remittance date
- Received with GY modifier on some lines but not all
  - A GY modifier is used by Providers and outpatient Facilities when billing to indicate that an item or service is statutorily excluded and is not covered by Medicare. Examples of statutorily excluded services include hearing aids and home infusion therapy.

When these types of Claims are rejected, Empire will also remind the Provider or Facility to allow 30 days for the crossover process to occur or instruct the Provider or Facility to submit the Claim with only GY modifier service lines indicating the Claim only contains statutorily excluded services.

**Medicare statutorily excluded services – just file once to your local Plan**

There are certain types of services that Medicare never or seldom covers, but a secondary payer such as Empire may cover all or a portion of those services. These are statutorily excluded services. For services that Medicare does not allow, such as home infusion, Providers and outpatient Facilities need only file statutorily excluded services directly to their local Plan using the GY modifier and will no longer have to
submit to Medicare for consideration. These services must be billed with only statutorily excluded services on the Claim and will not be accepted with some lines containing the GY modifier and some lines without.

For Claims submitted directly to Medicare with a crossover arrangement where Medicare makes no allowance, Providers and Facilities can expect the Covered Individual’s benefit plan to reject the Claim advising the Provider or Facility to submit to their local Plan when the services rendered are considered eligible for benefit. These Claims should be resubmitted as a fresh Claim to a Provider or Facility’s local Plan with the Explanation of Medicare Benefits (EOMB) to take advantage of Provider or Facility contracts. Since the services are not statutorily excluded as defined by CMS, no GY modifier is required. However, the submission of the Medicare EOMB is required. This will help ensure the Claims process consistent with the Provider’s or Facility’s contractual agreement.

Effective October 13, 2013:
• Providers or outpatient Facilities who render statutorily excluded services should indicate these services by using GY modifier at the service line level of the Claim.
• Providers or Facilities will be required to submit only statutorily excluded service lines on a Claim (cannot combine with other services like Medicare exhaust services or other Medicare covered services)
• The Provider or outpatient Facility’s local Plan will not require Medicare EOMB for statutorily excluded services submitted with a GY Modifier.

If Providers or outpatient Facilities submit combined line Claims (some lines with GY, some without) to their local Plan, the Provider or outpatient Facility’s local Plan will deny the Claims, instructing the Provider or outpatient Facility to split the Claim and resubmit.

Original Medicare – The GY modifier should be used when service is being rendered to a Medicare primary Covered Individual for statutorily excluded service and the Covered Individual has Blue secondary coverage, such as an Empire Medicare Supplement plan. The value in the SBR01 field should not be “P” to denote primary.

Medicare Advantage – Please ensure SBR01 denotes “P” for primary payer within the 837 electronic Claim file. This helps ensure accurate processing on Claims submitted with a GY modifier.

The GY modifier should not be used when submitting:
• Federal Employee Program Claims
• Inpatient institutional Claims. Please use the appropriate condition code to denote statutorily excluded services.

These processes align Blue Cross and/or Blue Shield plans with industry standards and will result in less administrative work, accurate payments and fewer rejected Claims. Because the Claim will process with a consistent application of pricing, our Covered Individuals will also see a decrease in health care costs as the new crossover process eliminates or reduces balance billing to the Covered Individual.

Medicare Crossover Claims FAQs
1. How do I handle traditional Medicare-related claims?
• When Medicare is primary payer, submit claims to your local Medicare intermediary.
• All Blue claims are set up to automatically cross over (or forward) to the Covered Individual’s Blue Plan after being adjudicated by the Medicare intermediary.
2. **How do I submit Medicare primary / Blue Plan secondary claims?**
   - For Covered Individuals with Medicare primary coverage and Blue Plan secondary coverage, submit claims to your Medicare intermediary and/or Medicare carrier.
   - When submitting the claim, it is essential that you enter the correct Blue Plan name as the secondary carrier. This may be different from the local Blue Plan. Check the Covered Individual’s ID card for additional verification.
   - Be certain to include the alpha prefix as part of the Covered Individual identification number. The Covered Individual’s ID will include the alpha prefix in the first three positions. The alpha prefix is critical for confirming membership and coverage, and key to facilitating prompt payments.

   **When you receive the remittance advice from the Medicare intermediary, look to see if the claim has been automatically forwarded (crossed over) to the Blue Plan:**
   - If the remittance advice indicates that the claim was crossed over, Medicare has forwarded the claim on your behalf to the appropriate Blue Plan and the claim is in process. **DO NOT** resubmit that claim to Empire; duplicate claims will result in processing and payment delays.
   - If the remittance advice indicates that the claim was not crossed over, submit the claim to your local Plan with the Medicare remittance advice.
   - In some cases, the Covered Individual identification card may contain a COBA ID number. If so, be certain to include that number on your claim.
   - For claim status inquiries, please contact your local Plan.

3. **Who do I contact with claims questions?**
   - Your local Plan.

4. **How do I handle calls from Covered Individuals and others with claims questions?**
   - If Covered Individuals contact you, tell them to contact their Blue Plan. Refer them to the front or back of their ID card for a customer service number.
   - A Covered Individual’s Blue Plan should not contact you directly, unless you filed a paper claim directly with that Blue Plan. If the Covered Individual’s Blue Plan contacts you to send another copy of the Covered Individual’s claim, refer the Blue Plan to your local Plan.

5. **Where can I find more information?**
   For more information:
   - Visit empireblue.com.
   - Please contact your local Plan.

**Reimbursement Policies**

For a complete listing of Empire’s Professional and Facility Reimbursement Policies, visit [empireblue.com > Learn More > Reimbursement Policies](http://empireblue.com).
Implants

Implants are objects or materials which are implanted such as a piece of tissue, a tooth, a pellet of medicine, a medical device, a tube, a graft, or an insert, placed into a surgically or naturally formed cavity of the human body to continuously assist, restore or replace the function of an organ system or structure of the human body throughout its useful life. Implants include but are not limited to: stents, artificial joints, shunts, pins, plates, screws, anchors and radioactive seeds, in addition to non-soluble, or solid plastic materials used to augment tissues or to fill in areas traumatically or surgically removed. Instruments that are designed to be removed or discarded during the same operative session during which they are placed in the body are not implants. In addition to meeting the above criteria, implants must also remain in the Covered Individual’s body upon discharge from the inpatient stay or outpatient procedure. Staples, sutures, clips, as well as temporary drains, tubes, similar temporary medical devices and supplies shall not be considered implants.

Facility shall not bill Empire for implants that are deemed contaminated and/or considered waste and/or were not implanted in the Covered Individual. Additionally, Empire will not reimburse Facility for implants that are deemed contaminated and/or considered waste and/or were not implanted in the Covered Individual.

Medical Care Provided to or by Family Members

Services for any type of medical care rendered by a Provider to him/herself or to an immediate family member (as defined below), who is a Covered Individual, are not eligible for coverage and should not be billed to Empire. In addition, a Provider may not be selected as a Primary Care Physician (PCP) by his/her immediate family member.


Observation Services Policy

Description
Empire considers outpatient observation services to mean active, short-term medical and/or nursing services performed by an acute facility on that facility’s premises that includes the use of a bed and monitoring by that acute facility’s nursing or other staff and are required to observe a patient’s condition to determine if the patient requires an inpatient admission to the facility. Observation services include services provided to a patient designated as “observation status”, and in general, shall not exceed 24 hours. Observation services may be considered eligible for reimbursement when rendered to patients who meet one or more of the following criteria:

- Active care or further observation is needed following emergency room care to determine if the patient is stabilized.
- The patient has a complication from an outpatient surgical procedure that requires additional recovery time that exceeds the normal recovery time.
- The patient care required is initially at or near the inpatient level; however, such care is expected to last less than a 24 hour time frame.
• The patient requires further diagnostic testing and/or observation to make a diagnosis and establish appropriate treatment protocol.
• The patient requires short term medical intervention of facility staff which requires the direction of a physician.
• The patient requires observation in order to determine if the patient requires admission into the facility.

Policy
The payment, if any, for observation services is specified in the Plan Compensation Schedule or Contract with the applicable Facility. Nothing in this Policy is intended to modify the terms and conditions of the Facility’s agreement with Empire. If the Facility’s agreement with Empire does not provide for separate reimbursement for observation services, then this Policy is not intended to and shall not be construed to allow the Facility to separately bill for and seek reimbursement for observation services.

The patient’s medical record documentation for observation status must include a written order by the physician or other individual authorized by state licensure law and facility staff bylaws to admit patients to the facility that clearly states “admit to observation”. Additionally, such documentation shall demonstrate that observation services are required by stating the specific problem, the treatment and/or frequency of the skilled service expected to be provided.

The following situations are examples of services that are considered by Empire to be inappropriate use of observation services:
- Physician, patient, and/or family convenience
- Routine preparation and recovery for diagnostic or surgical procedures
- Social issues
- Blood administration
- Cases routinely cared for in the Emergency Room or Outpatient Department
- Routine recovery and post-operative care after outpatient surgery
- Standing orders following outpatient surgery
- Observation following an uncomplicated treatment or procedure

Services related to observation beds for the above situations are not reimbursable.

Observation does not apply to clinics, physician offices, urgent care centers, mental health or substance abuse care and cannot be used for a planned or elective admission.

Preventable Adverse Events (“PAE”) Policy

Acute Care General Hospitals (Inpatient)

Three (3) Major Surgical Never Events

When any of the Preventable Adverse Events (“PAEs”) set forth in the grid below occur with respect to a Covered Individual, the acute care general hospital shall neither bill, nor seek to collect from, nor accept any payment from the Plan or the Covered Individual for such events. If acute care general hospital receives any payment from the Plan or the Covered Individual for such events, it shall refund such payment within ten (10) business days of becoming aware of such receipt. Further, acute care general
hospital shall cooperate with Empire in any Empire initiative designed to help analyze or reduce such PAEs.

Whenever any of the events described in the grid below occur with respect to a Covered Individual, acute care general hospital is encouraged to report the PAE to the appropriate state agency, The Joint Commission ("TJC"), or a patient safety organization ("PSO") certified and listed by the Agency for Healthcare Research and Quality.

<table>
<thead>
<tr>
<th>Preventable Adverse Event</th>
<th>Definition / Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Surgery Performed on the Wrong Body Part</td>
<td>Any surgery performed on a body part that is not consistent with the documented informed consent for that patient. Excludes emergent situations that occur in the course of surgery and/or whose exigency precludes obtaining informed consent. Surgery includes endoscopies and other invasive procedures.</td>
</tr>
<tr>
<td>2. Surgery Performed on the Wrong Patient</td>
<td>Any surgery on a patient that is not consistent with the documented informed consent for that patient. Surgery includes endoscopies and other invasive procedures.</td>
</tr>
<tr>
<td>3. Wrong surgical procedure performed on a patient</td>
<td>Any procedure performed on a patient that is not consistent with the documented informed consent for that patient. Excludes emergent situations that occur in the course of surgery and/or whose exigency precludes obtaining informed consent. Surgery includes endoscopies and other invasive procedures.</td>
</tr>
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**CMS Hospital Acquired Conditions ("HAC")**

Empire follows CMS' current and future recognition of HACs. Current and valid Present on Admission ("POA") indicators (as defined by CMS) must be populated on all inpatient acute care Facility Claims.

When a HAC does occur, all inpatient acute care Facilities shall identify the charges and/or days which are the direct result of the HAC. Such charges and/or days shall be removed from the Claim prior to submitting to the Plan for payment. In no event shall the charges or days associated with the HAC be billed to either the Plan or the Covered Individual.

Providers and Facilities (excluding Inpatient Acute Care General Hospitals)

**Four (4) Major Surgical Never Events**

When any of the Preventable Adverse Events ("PAEs") set forth in the grid below occur with respect to a Covered Individual, the Provider or Facility shall neither bill, nor seek to collect from, nor accept any payment from the Health Plan or the Covered Individual for such events. If Provider or Facility receives any payment from the Plan or the Covered Individual for such events, it shall refund such payment within ten (10) business days of becoming aware of such receipt. Further, Providers and Facilities shall cooperate with Empire in any Empire initiative designed to help analyze or reduce such PAEs.

Whenever any of the events described in the grid below occur with respect to a Covered Individual,
Providers and Facilities are encouraged to report the PAE to the appropriate state agency, The Joint Commission (“TJC”), or a patient safety organization (“PSO”) certified and listed by the Agency for Healthcare Research and Quality.

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</tr>
<tr>
<td>D. Retention of a foreign object in a patient after surgery or other procedure</td>
<td>Excludes objects intentionally implanted as part of a planned intervention and objects present prior to surgery that were intentionally retained.</td>
</tr>
</tbody>
</table>

**Facility Payment Methodologies**

**General Rules Relating to Facility Payment Methodologies**

Services are reimbursed using a Case Rate, Per Diem, Per Visit, Fee Schedule Rate, Percentage Rate and Other Outpatient Rate payment methodology based on the Facility Agreement. These allowances include, but is not limited to, reimbursement for professional services, blood, blood products, processing, storage and administration, monitoring services performed in connection with devices inserted or equipment used in part of an Inpatient or Outpatient Service, comprehensive health planning, courtesy room, daily supply or one time charge fees/items, Facility personnel charges, instrument trays, implants, equipment and supplies, drugs/medications, nursing procedures, all ancillary services (including but not limited to laboratory and x-ray), DME, room and board charges, personal care items, portable charges, pre-operative care and holding room charges, preparation charges, ambulance charges, recovery room, special procedure room charge, stand-by charges and video equipment used in operating room.

**Rounding of Allowances**

Covered Services priced at a Case Rate, Per Diem Rate or Per Visit rate, including those being modified for the Q-HIP adjustment, if applicable, will be rounded to the nearest whole dollar. In addition, the base
rate used to calculate the DRG Case Rate shall be rounded to the whole penny to the extent applicable.

Covered Services priced at a Fee Schedule Rate, including those being modified for the Q-HIP adjustment, will be calculated using whole percentages. The resulting Fee Schedule Rate allowance will be rounded to two (2) decimal places.

Covered Services priced at a Percentage Rate will be rounded to two (2) decimal places. By way of example but not limited to, if the Empire Rate requires a price adjustment due to an audit finding, the resulting Percentage Rate will be modified and rounded to two (2) decimal places.

If applicable, when Q-HIP adjustment and inflationary Rate Increases coincide on the same effective date, the Q-HIP adjustment and the rate increase will first be added together and the result will be applied to the Empire Rate using the rounding rules previously detailed above. For illustrative purposes only, if the rate increase was 3.5%, the Q-HIP adjustment was 0.85%, the Empire Rate was $755 Per Diem, and the inflationary Empire Rate with Q-HIP adjustment would equal $.

\[(1.035 + 0.0085) \times 755 = 1.0435 \times 755 = 787.8425\] which would be rounded to $788.

**Billing Policy & Procedure Overview**

**Inpatient Services and Ambulatory Surgery Claims**
The guidelines below must be followed when submitting inpatient and ambulatory services claims:

- Well-Baby newborn claims do not require authorization if there is an authorization on file for the mother
- Preadmission testing does not require a separate authorization when the related inpatient or ambulatory surgery precertification has been confirmed
- Preadmission or presurgical testing claims may not be submitted until the surgery or inpatient claim has been submitted to us
- Preadmission or presurgical testing claims are never payable separately when performed in advance of a covered admission or ambulatory surgery.

**Pre-admission Testing and Pre-surgical Testing**
The Per Diem Payment Rates, Per Case Payment Rate or Per Visit Payment Rate for Covered Services include pre-admission testing/pre-surgical testing that occurs prior to the inpatient admission or outpatient procedure (“Pre-OP Testing”). Facility shall not bill, or receive reimbursement for, pre-operative testing and shall not bill, or seek payment from, any Covered Person relative to the same. If the procedure is canceled, Facility will be reimbursed the applicable contracted rates.

The following diagnostic services, defined by specific Coded Service Identifier(s), are considered part of pre-admission/pre-surgical/pre-operative testing:

- 254 – Drugs incident to other diagnostic services
- 255 – Drugs incident to radiology
- 30X – Laboratory
- 31X – Laboratory pathological
- 32X – Radiology diagnostic
- 341 – Nuclear medicine, diagnostic
Facility agrees to accept, consistent with Facility policies, the results of qualified and timely laboratory and radiological tests or other procedures which may have been performed on a Member prior to Facility rendering services to Member. Facility will not require that duplicate tests or procedures be performed or charged, unless such tests or procedures are ordered by a provider. Non-diagnostic services are also considered part of pre-admission/pre-surgical/pre-operative testing if they are furnished in connection with the principal diagnosis that necessitates the outpatient procedure or the Covered Individual’s admission as an inpatient.

**Outpatient CPT Based Claims**
For those providers who have contracted for outpatient CPT processing, we will process (based on individual contract with facility) outpatient diagnostic, therapy, home infusion and ambulatory surgery claims based on CPT codes that are billed in conjunction with revenue codes based on the Medicare Physician Fee Schedule Non-Facility allowable as indicated at www.cms.gov. If there is no allowable indicated at www.cms.gov, the services will be reimbursed at Empire’s standard reimbursement fee schedule which may be updated from time to time.

CPT outpatient ambulatory surgery claims will be reimbursed based on the revenue code and CPT surgical procedure code. We will reimburse multiple CPT surgical procedure codes. Empire does not accept Modifier 50 for claims processing, so bilateral procedures reported with the same CPT/HCPCS must be billed on separate lines using an LT/RT Modifier.

Medicare crossover claims are excluded from the CPT payment methodology, as we reimburse Medicare balances only.

**Late Charges**
If you are billing for late charges to an already adjudicated claim, you must use X12 837 version 4010A electronic transaction format. For inpatient claims, the original room charges must be reported with Type of Bill 115. For outpatient claims, just the late charges must be reported with Type of Bill 135.

**Corrected Bills**
If you are billing a corrected claim you must use the X12 837 version 4010A electronic transaction format when submitting the request for a corrected bill. For inpatient claims, submit with Type of Bill 117. For outpatient claims, submit with Type of Bill 137.

**General Coding and DRG Validation Review**
Empire has contracted with independent, experienced healthcare evaluation and quality improvement
organizations to perform a diagnostic related group (DRG) validation review on negotiated case rates. Audits on payments are a part of your Participation Agreement with Empire.

The reviewers will select cases for review. They will review the medical records with facility staff to validate each coding and DRG assignment. All information obtained from the review will be kept confidential and in accordance with the Health Insurance Portability and Accountability Act (HIPAA) Privacy Regulations.

Our contracted reviewers may request to review records at your site or off-site. We ask that you accommodate both requests. The vendors will perform their evaluations with minimal disruption to the Facility staff while performing an on-site review.

The vendors will notify you of the outcome of the review. If a reviewer identifies an overpayment to your facility for any reviewed DRG, Empire will make appropriate adjustments to the payments. If the reviewer is unable to review the records, Empire will make adjustments to payments based upon the information available to us at that time. Any adverse determination will be subject to the appeal rights specified in your contract.

As of this printing, Empire’s contracted reviewer(s) include:
- Meridian Resource Company
- Equiclaim

**Chargemaster Cap**
Facility will provide thirty (30) days prior written notice of any increase to the Chargemaster above the Chargemaster Cap set forth in the Agreement, via certified letter from the Facility’s chief financial officer or other appropriate officer of Facility. Such notice shall include Facility’s estimate of the amount of net increase based on the book of business covered under the Agreement and shall provide a copy of the Chargemaster.

Empire shall have the right, upon request and consistent with the audit provisions of the Agreement, to audit any and all Facility records, documents and other information to validate the net impact of the Chargemaster increase. The audit will be conducted using inpatient and outpatient utilization for all Claims paid under this Agreement and will be conducted using the revenue and usage (utilization) data for the fiscal period (annual) subject to audit as opposed to using fiscal period data from any other period than the audit.

In the event the Facility increases its Chargemaster, in the aggregate, taking into account the book of business under this Agreement, by more than the Chargemaster Cap during any applicable contract year, the parties agree that the Percentage Rate paid will be decreased by a percentage equal to the percent in excess of the Chargemaster Cap by Empire. In other words, Empire shall decrease the discount off charges for any Covered Services paid on a Percentage Rate basis to ensure that the amount payable under this Agreement does not exceed the amount that would have been payable had the Facility not exceeded the Chargemaster Cap. Plan reserves the right to recoup any amounts paid over the Chargemaster Cap between the time that the Chargemaster increase caused payments to exceed the Chargemaster Cap until the payment rates were adjusted downwardly to bring Facility into compliance with this section.

Facility will make Chargemaster available to Empire electronically upon request. This data shall be in a
format acceptable to Empire and shall include, at a minimum, the following data elements: (1) all Facility charge codes and related charge revenue (Coded Service Identifier(s)); (2) charge number; (3) current Charge and previous Charge; (4) effective date of change; (5) departmental code; and (6) Facility tax identification number.

**Medical Policies**

**Medical Policies and Clinical Utilization Management (“UM”) Guidelines**

The Office of Medical Policy & Technology Assessment (“OMPTA”) develops medical policy and clinical Utilization Management (“UM”) guidelines (collectively, “Medical Policy”) for Empire. The principal component of the process is the review for development of Medical Necessity and/or investigational policy position statements, clinical indications for certain new medical services and/or procedures, or for new uses of existing services and/or procedures.

The Medical Policy & Technology Assessment Committee (MPTAC) is the authorizing body for Medical Policy, which serves as a basis for coverage decisions. Additional detail about the Medical Policy development process, including information about the MPTAC and its subcommittees is provided in ADMIN.00001 Medical Policy Formation.

Medical Policies are intended to reflect the current scientific data and clinical thinking. While Medical Policy sets forth position statements or clinical indications regarding the Medical Necessity of individual services and/or procedures, Federal and State law, as well as contract language, including definitions and specific contract provisions/exclusions, take precedence over Medical Policy and must be considered first in determining eligibility for coverage.

MPTAC is a multiple disciplinary group including physicians from various medical specialties, clinical practice environments and geographic areas. Voting membership includes external physicians in clinical practices and participating in networks, external physicians in academic practices and participating in networks, internal medical directors and Chairs of MPTAC Subcommittees.

The MPTAC:
- Assesses appropriateness of new medical services and/or procedures and the new application of existing medical services and/or procedures for incorporation in Empire’s Medical Policy, including those that apply to behavioral health.
- Evaluates and recommends revisions to existing clinical UM guidelines and adoption of new clinical UM guidelines.
- Has designated Subcommittees for certain specialty topics, such as hematology/oncology (Hem/Onc) and behavioral health (BH). Subcommittees are composed of specialists in related fields (for example, Hem/Onc includes hematologists, medical oncologists and radiation oncologists, and BH includes BH practitioners) and may include external physicians that are not members of MPTAC, but are in clinical or academic practices and are participating in networks. The Subcommittees shall make recommendations to MPTAC on topics assigned to them by MPTAC.

MPTAC voting members and Subcommittee members are required to disclose any potential conflicts of interest. In the event that a MPTAC voting member or Subcommittee member discloses a conflict of
interest, the member will not participate in the vote specific to the relevant Medical Policy.

To reach decisions regarding the Medical Necessity or investigational status of new or existing services and/or procedures, MPTAC (and its applicable Subcommittees) relies on the Medically Necessity or investigational criteria included in the following policies:

- [ADMIN.00004 Medical Necessity Criteria](#)
- [ADMIN.00005 Investigational Criteria](#)

In evaluating the Medical Necessity or investigational status of new or existing services and/or procedures MPTAC may include, but not limit their consideration to, the following additional information:

- Electronic literature searches which are conducted, and collated results are provided to MPTAC members;
- Independent technology evaluation programs and materials published by professional associations, such as:
  - Blue Cross Blue Shield Association (BCBSA);
  - Technology assessment entities;
  - Appropriate government regulatory bodies; and
  - National physician specialty societies and associations.

MPTAC may also consider the service/procedure being reviewed as a standard of care in the medical community with supporting documentation.

MPTAC is also responsible for reviewing and authorizing the use of guidelines or criteria used in making determinations of medical necessity or investigational determinations which are developed by external entities (for example, MCG Care Guidelines or InterQual criteria).

Additionally, for topics deemed to represent a significant change or as otherwise required by law or accreditation, the OMPTA may seek additional input from selected experienced clinicians. This process allows MPTAC access to the expertise of a wide variety of specialists and subspecialists from across the United States. These individuals are board certified providers who are identified either with the assistance of an appropriate professional medical specialty society, by activity in a participating academic medical center or by participation in a corporate affiliated network. While the various professional medical societies may collaborate in this process through the provision of appropriate reviewers, the input received represents NEITHER an endorsement by the specialty society NOR an official position of the specialty society. MPTAC uses this information in the context of all other information presented from various sources.

All existing Medical Policy is reviewed at least annually through MPTAC to determine continued applicability, appropriateness and to determine whether there is a need for revision, updates to citations or other changes.

Medical Policy decisions affecting our members are reported by our health plans to and reviewed for input by the appropriate physician quality committees, which have the responsibility for reviewing MPTAC activities.
Investigational Procedures

Medical policy ADMIN.00005 Investigational Criteria provides the following criteria:

"Investigational" means that the procedure, treatment, supply, device, equipment, facility or drug (all services) does not meet MPTAC’s Evaluation Criteria because it does not meet one or more of the following criteria:

- Have final approval from the appropriate government regulatory body; or
- Have the credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community which permits reasonable conclusions concerning the effect of the procedure, treatment, supply, device, equipment, facility or drug (all services) on health outcomes; or
- Be proven materially to improve the net health outcome; or
- Be as beneficial as any established alternative; or
- Show improvement outside the investigational settings.

In addition to the above criteria, the Medical Policy & Technology Assessment Committee (MPTAC) will consider recommendations of national physician specialty societies, nationally recognized professional healthcare organizations and public health agencies, and in its sole discretion, may consider other relevant factors, including information from the practicing community.

Utilization Management

Utilization Management Program

Providers and Facilities agree to abide by the following Utilization Management ("UM") Program requirements in accordance with the terms of the applicable Provider or Facility Agreement and the Covered Individual’s Health Benefit Plan. Providers and Facilities agree to cooperate with Empire in the development and implementation of action plans arising under these programs. Providers and Facilities agree to adhere to the following provisions and provide the information as outlined below, including, but not limited to:

Pre-service Review & Continued Stay Review

A. Provider or Facility shall ensure that non-emergency admissions and outpatient procedures that require Pre-certification/Pre-authorization as specified by Plan are submitted for review as soon as possible before the service occurs. Information provided to the Plan shall include demographic and clinical information including, but not limited to, primary diagnosis.

B. Provider or Facility shall provide confirmation to Empire UM with the demographic information and primary diagnosis within twenty-four (24) hours or the next Business Day of a Covered Individual’s admission for scheduled procedures.

C. If an Emergency admission has occurred, Provider or Facility shall notify Empire UM within twenty-four (24) hours or the first Business Day following admission. Information provided to the Plan shall include demographic and clinical information including, but not limited to, primary diagnosis.

D. Provider or Facility shall verify that the Covered Individual’s primary care physician has provided a referral as required by certain Health Benefit Plans.
E. Provider or Facility shall comply with all requests for medical information for Initial Request/Continued Stay Review required to complete Plan’s review and discharge planning coordination. To facilitate the review process, Provider or Facility shall make best efforts to supply requested information within twenty-four (24) hours of request.

F. Empire specific Pre-certification/Pre-authorization Requirements may be confirmed on the Empire web site or by contacting customer service.

**Medical Policies and Clinical UM Guidelines**

Please refer to the Medical Policies and Clinical Utilization Management (UM) Guidelines section of this manual for additional information about Medical Policy and clinical UM guidelines.

**On-Site Review**

If Plan maintains an on-site Initial Request/Continued Stay Review program, the Facility’s UM program staff is responsible for following the Covered Individual’s stay and documenting the prescribed plan of treatment, promoting the efficient use of services and resources, and facilitating available alternative outpatient treatment options. Facility agrees to cooperate with Empire and provide Empire with access to Covered Individuals medical records, as well as, access to the Covered Individuals in performing on-site Initial Request/Continued Stay Review and discharge planning related to, but not limited to, the following:

- Emergency and/or maternity admissions
- Ambulatory surgery
- Case management
- Pre-admission testing ("PAT")
- Inpatient Services, including Neo-natal Intensive Care Unit ("NICU")
- Focused procedure review

**Discharge Planning**

Discharge planning includes the coordination of medical services and supplies, medical personnel and family to facilitate the Covered Individual’s timely discharge to a more appropriate level of care following an inpatient admission.

**Observation Bed Policy**

Please refer to the “Observation Services Policy” located in the Billing and Reimbursement Guidelines section of the Manual.

**Retrospective Utilization Management**

Retrospective UM is designed to review post service Claims for Health Services in accordance with the Covered Individual’s Health Benefit Plan and Empire Medical Policy and clinical UM guidelines. Medical records and pertinent information regarding the Covered Individual’s care may be reviewed by health care professionals with review by peer clinical reviewers when necessary to determine the level of coverage for the Claim, if any. This review may consider such factors as the Medical Necessity of services provided, whether the Claim involves cosmetic or experimental/investigative procedures, or coverage for new technology treatment.
Failure to Comply With Utilization Management Program
Provider and Facility acknowledge that the Plan may apply monetary penalties such as a reduction in payment, as a result of Provider’s or Facility’s failure to provide notice of admission or obtain Pre-service Review on specified outpatient procedures, as required under the Agreement or for Provider’s or Facility’s failure to fully comply with and participate in any cost management programs and/or UM programs.

Case Management
Case Management is a voluntary Covered Individual Health Benefit Plan management program designed to support the use of cost effective alternatives to inpatient treatment, such as home health or skilled nursing facility care, while maintaining or improving the quality of care delivered. The nurse case manager in Empire’s case management program works with the treating physician(s), the Covered Individual and/or the Covered Individual’s Authorized Representative, and appropriate Facility personnel to both identify candidates for case management, and to help coordinate benefits for appropriate alternative treatment settings. The program requires the consent and cooperation of the Covered Individual or Covered Individual’s Authorized Representative, as well as collaboration with the treating physicians.

A Covered Individual (or Covered Individual’s Authorized Representative) may self-refer or a Provider or Facility may refer a Covered Individual to Empire’s Case Management program by calling the Customer Service number on the back of the Covered Individual’s ID card.

Utilization Statistics Information
On occasion, Empire may request utilization statistics for disease management purposes using Coded Services Identifiers. These may include, but are not limited to:
- Covered Individual name
- Covered Individual identification number
- Date of service or date specimen collected
- Physician name and/or identification number
- Value of test requested or any other pertinent information Empire deems necessary

This information will be provided by Provider or Facility to Empire at no charge to Empire.

Facility will support Empire by providing electronic data exchange including, but not limited to, ADT (Admissions, Discharge and Transfer), daily census, confirmed discharge date and other relevant clinical data.

Reversals
Utilization Management can reverse a pre-authorized treatment, service or procedure on retrospective review if:

a) relevant medical information is materially different from information presented during the pre-authorization review; and
b) information existed at the time of the pre-authorization review but was withheld or not made available; and
c) Empire was not aware of the existence of the information at the time of pre-authorization review; and
d) had Empire been aware of the information, the treatment, service or procedure being requested would not have been authorized.
Peer to Peer Review Process
Upon the Provider’s request from an attending, treating or ordering physician, Empire provides a clinical peer-to-peer review process by which our internal peer clinical reviewers re-examine cases when an adverse Medical Necessity determination will be made or has been made regarding health care services for Covered Individuals. The attending, treating or ordering physician may offer additional information and/or further discuss his/her cases with our peer clinical reviewers who made the initial adverse determination.

Initiating a Peer-to-Peer Request: Providers can initiate a peer-to-peer request IF he/she is the attending, treating or ordering physician, Nurse Practitioner, or Physician Assistant who provides the care for which any adverse Medical Necessity determination is made. In compliance with nationally recognized guidelines from the National Committee for Quality Assurance (NCQA) and URAC, Provider or his/her designee may request the peer-to-peer review. Others such as hospital representatives, employers and vendors are not permitted to do so.

Quality of Care Incident
Providers and Facilities will notify Empire in the event there is a quality of care incident that involves a Covered Individual.

Audits/Records Requests
At any time Empire may request on-site, electronic or hard copy medical records, utilization review sheets and/or itemized bills related to Claims for the purposes of conducting audits and reviews to determine Medical Necessity, diagnosis and other coding and documentation of services rendered.

UM Definitions
1. Pre-service Review. Review for Medical Necessity that is conducted on a health care service or supply prior to its delivery to the Covered Individual.
2. Initial Request/Continued Stay Review (continuation of services). Review for Medical Necessity during initial/ongoing inpatient stay in a facility or a course of treatment, including review for transitions of care and discharge planning.
3. Pre-certification/Pre-authorization Request. For Empire UM team to perform Pre-service Review, the provider submits the pertinent information as soon as possible to Empire UM prior to service delivery.
4. Pre-certification/Pre-authorization Requirements. List of procedures that require Pre-service Review by Empire UM prior to service delivery.
5. Business Day. Monday through Friday, excluding designated company holidays.
6. Notification. The telephonic and/or written/electronic communication to the applicable health care Providers, Facility and the Covered Individual documenting the decision, and informing the health care Providers, Facility and Covered Individual of their rights if they disagree with the decision.

Responsibility for Utilization Reviews
Empire’s Medical Management Department performs the medical and behavioral utilization reviews for most of Empire’s products. However, Empire delegates this responsibility to an approved, accredited vendor with respect to the below services. Please ensure that you verify the appropriate vendor listed on the member’s card.
• Radiology
In addition, certain Empire group customers have chosen to have a third-party vendor perform utilization review for their health care services. To the extent any third-party vendors perform utilization review on behalf of Empire or its group customers, Empire obligates its own directly contracted vendors, and uses best efforts to contractually bind those vendors directly contracted by the group customer, to render medical necessity determinations in a manner consistent with the terms of Empire’s participation agreements and policies and procedures, and in accordance with all applicable federal and state statutes and regulations.

Notification or Precertification Requirements

For HMO-Based Products
For hospital services, if Medical Management is not notified within the required time frames, we will deny payment for the days of service prior to the date of notification. The Medical Management Department will conduct a medical review based on medical necessity criteria only from the date that notification of the hospital admission is received, if the patient is still in the hospital, or for outpatient services, the date notification of services is received. If the patient has already been discharged or outpatient services terminated at the time of the notification, Medical Management will not review the services or admission and the claim will be denied.

For other provider services, as referenced in Chapter 2: Directory of Services, providers are required to precertify services for HMO-based products. Failure to obtain precertification for services will result in a denial of payment to the provider.

For PPO, EPO and Indemnity Products
Except as expressly stated in the member’s health benefit plan on empireblue.com the responsibility of precertification for PPO, EPO and Indemnity products is placed on the member, based on the terms of the member’s health benefit plan. If the member fails to notify Medical Management for a service requiring precertification, the service will either:

a. Be denied if upon retrospective review, the service is determined to be not medically necessary or investigational. In such instances however, pursuant to the participating provider contract, the provider cannot balance bill the covered member unless a waiver is signed by the covered member in advance OR

b. The covered member will be subject to a monetary penalty specific to his or her health benefit plan if the covered service is medically necessary. If we subsequently deny a claim for lack of medical necessity upon retrospective review and a waiver has not been signed by the covered member, you will have the right to appeal.
We encourage you to contact us on behalf of the member to precertify services where required.

Precertification Overview

Precertification Review Process
When you call us at the toll-free number listed on the back of the member’s identification card, the service representative will request the following information:

- Member’s and/or patient’s identification number
- Patient’s name, address and date of birth
- Scheduled/actual date of admission
- Type of admission (scheduled or emergent)
- Attending physician’s name and telephone number
- Primary care physician’s (PCP) name and telephone number (where applicable)
- Clinical Information for the purpose of assessing medical necessity

Once this information is obtained, your call will be transferred to a Medical Management licensed Nurse who will review each request for medical appropriateness of services and setting. This review is based on nationally recognized criteria and Empire Medical Policy. For more information on Utilization Management, please see Chapter 14 of this Provider Manual.

Emergency Services
Emergency services are not subject to prior approval, but the provider must notify the plan of the service according to notification requirements.

Emergency service shall mean those covered services provided in connection with an emergency condition. Emergency condition means a medical or behavioral condition, the onset which is sudden, that manifests itself with symptoms of sufficient severity, including severe pain that a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of immediate medical attention could result in:

1. placing the health of the person afflicted with such condition in serious jeopardy, or in the case of a behavioral condition placing the health of such person or others in serious jeopardy;
2. serious impairment to bodily functions;
3. serious dysfunction of any bodily organ or part of such person; or
4. serious disfigurement of such person.

To the extent the member is admitted, we require notification of all inpatient emergency admissions within forty eight hours of the admission. To comply with this requirement, call Empire’s Medical Management Program at 1-800-982-8089. Select the option for precertification on the telephone menu selections. During non-business hours you will have an option to leave a voicemail message.

You may notify us of an emergency admission by submitting the information through Empire’s Online Services. If you are not yet registered to use this service, please go to Empire’s website, empireblue.com, and click on the Facilities tab. Doing so will provide a fast and dependable way to notify Empire of admissions without having to make a telephone call Empire’s Facility Online Services is available 24/7, with the exception of brief periods when the website undergoes system maintenance.
Empire’s Timeframes for UM Decision Making

<table>
<thead>
<tr>
<th>Pre-Service Non-Urgent</th>
<th>Decision and notification to enrollee and provider by phone and in writing within three (3) business days of receipt of all necessary information.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continued Stay</td>
<td>Decision and notification to enrollee and provider by phone and in writing within one (1) business day of receipt of all necessary clinical information or 72 hours, whichever is shorter.</td>
</tr>
<tr>
<td>Urgent</td>
<td>Decision and notification to enrollee and provider by phone and in writing within one (1) business day of all necessary clinical information or 72 hours whichever is shorter.</td>
</tr>
<tr>
<td>Home Care Request</td>
<td>Decision and notification to enrollee and provider by phone and in writing within one (1) business day of receipt of all necessary information. If the day after the request for services falls on a weekend or holiday, within seventy two (72) hours of receipt of necessary information.</td>
</tr>
<tr>
<td>Following Inpatient</td>
<td>Decision and written notification to enrollee and provider within thirty (30) calendar days of receipt of all necessary clinical information.</td>
</tr>
<tr>
<td>Admmission</td>
<td></td>
</tr>
</tbody>
</table>

Please note: failure of Empire to make a UM determination within the time periods above is deemed to be an adverse determination subject to appeal.

If you would like more information regarding our Medical Management Program, visit empireblue.com.

Continued Stay Review Process – Telephonic

Once we have approved an initial length of stay or outpatient service/treatment, the facility or provider will continue to work with the Empire Medical Management Department for approval of additional days or services. It is the provider or facility’s responsibility to provide all necessary clinical information to Empire’s Medical Management Department.

When a member has required an inpatient stay, the goal of our Medical Management Department is to support a treatment plan that provides optimum care in a cost-effective manner that result in the earliest possible successful discharge consistent with the patient’s medical needs and reduces the likelihood of a readmission.

For members requiring outpatient services, the goal of our Medical Management Department is to support a treatment plan that provides the appropriate number of treatments in the most appropriate setting, resulting in the successful conclusion of services consistent with the patient’s medical needs.

Licensed Nurses may contact you or your utilization review staff to gather clinical information to assess medical necessity for the member. The nurses utilize clinical information from the medical record, the hospital staff, and/or attending physician in conjunction with medical necessity criteria, medical policies and clinical guidelines to coordinate a medically effective and efficient transition through the case management process.

If the clinical information provided does not meet the medical necessity criteria for approval of the
requested service or treatment, the nurse reviewer will refer the case to a Medical Director (licensed physician) for his/her review.

A Medical Director will review the information provided and may discuss the case with the attending physician. If a determination is made that treatment or inpatient stay is not medically necessary, the attending physician, the facility and the patient or patient representative will be notified immediately of the decision not to certify.

**Hospital Admissions and Use of the Last Approved Day (LAD) Report**

To help better prioritize the management of facility utilization review resources pursuant to your Agreement, Empire’s UM will fax a Last Approved Day (LAD) Report to participating facilities on a daily basis. This report is faxed by 7:00 a.m., Monday — Sunday to the hospital’s UR office to assist in the identification of Empire patients who require additional clinical information to approve coverage for the continued hospital stay. This report will not list members who are managed by third-party utilization vendors. The facility will need to contact the specific third-party utilization management vendor directly.

The report’s format allows easy identification of patient’s status in relation to our Medical Management decisions from the previous day, current day, and the next review date. The report will reflect information received in our Medical Management System by end of business of the previous day. The column marked “Next Review Date” will identify those patients for whom additional clinical information is required to continue authorization for the hospital stay. This information must be communicated to our Medical Management Department via fax or phone before 3 p.m. of the day indicated in the next review date column or as soon as reasonably possible. If information needs to be communicated after 5 p.m. by the facility or provider, call Medical Management at 1-800-982-8089. During non-business hours you will have an option to leave a voicemail message or reach a nurse on weekend or holiday business hours.

If any of the information contained in the report is perceived to be incorrect, the facility shall contact our nurse reviewer staff at the toll-free number indicated in the column specific to that patient on the report.

The hospital staff is expected to amend the LAD report with a “Discharge Date” indicating actual date of discharge so that the member can be removed from the LAD report and included in the Discharge Summary Report faxed separately. The hospital will fax the marked LAD report to Empire at 1-800-464-5731. The hospital shall use good faith efforts to contact the admitting physician to obtain a discharge order when appropriate and Empire shall reasonably cooperate with such efforts.

An indication in the LAD report that a case has been “Certified” means that Empire has determined the services described are medically necessary for that date of service, based on the information provided. An indication of “DRG Notify upon D/C” means that Empire has determined the services described are medically necessary and that the DRG case rate is appropriate. Coverage for a particular date of service is NOT certified for any member not included on the LAD report for that date. It is the hospital’s responsibility to notify Empire of any members not included on the LAD report. If authorization is denied, the denial will be indicated on the LAD report. In addition, Empire will provide a separate written notice of determination, consistent with applicable legal requirements.
Delay in Service Denials

If an Empire covered member has his or her inpatient hospital stay extended as a result of an unwarranted delay in the provision of hospital services due to the unavailability of any hospital equipment, personnel, facilities or test results we will not reimburse the facility or provider for the additional bed day(s). Some examples of service delays are equipment failure, operating room scheduling backlog, and unavailable test results.

Coverage denials based on the fact that there was, in our judgment, an unnecessary delay in providing a service do not involve a medical necessity determination. They are, therefore, not subject to appeal under our Medical Management Reconsideration and Appeals Process. The member must be held harmless and the facility or the physician may file a grievance under our grievance procedure.

Medical Necessity Denials

A written notice of an initial adverse determination (denial of coverage) will be sent to an Empire covered member and provider and includes:

1. The reasons for the determination including the clinical rationale, if any;
2. Instructions on how to initiate internal appeals (standard and expedited appeals) and eligibility for external appeals;
3. Notice of the availability, upon request of the enrollee or enrollee’s designee of the clinical review criteria relied upon to make the determination; and
4. What, if any additional information must be provided to, or obtained by, Empire in order to render an appeal decision, if requested.

Reconsideration and Medical Director Availability

Empire’s medical directors are available to discuss medical necessity denial decisions with health care providers. To speak to a medical director, refer to the written denial notification. It includes information regarding how to contact the medical director.

When an adverse determination is rendered without an opportunity for the ordering physician to discuss the case with a Medical Director, the ordering health care providers have the right to request a reconsideration. Reconsiderations (peer to peer conversations) are completed within one business day of receipt of the request and are between the enrollee’s health care providers and the clinical peer reviewer (Medical Director) making the denial decision. If Empire upholds its determination that the services are not medically necessary after the reconsideration, Empire will issue a notice of that determination.

Discharge Planning

Discharge planning is part of the entire healthcare continuum. For this reason, it is initiated as soon as possible after the patient is admitted, or ideally, at the time of precertification. Discharge planning requires anticipating and/or coordinating resources for ongoing care. The role of the Medical Management Nurse as it pertains to the discharge planning is to:
• Identify opportunities to improve healthcare efficiency (from quality and/or cost standpoint)
• Discuss the plan of care with the patient’s physician
• Refer the treatment plan to our Medical Director for additional review whenever indicated
• Identify strategies for more cost-effective use of patient healthcare resources, consistent with quality care in the most appropriate setting
• Identify patients for additional case management opportunities by reviewing benefit options and discharge plans with the potential for alternative levels of care

Please contact the Medical Management Nurse as soon as discharge needs are known.

**Individualized Care Management Program**

Care management is a collaborative process used to develop individualized care plans to help optimize an individual members’ health care coordination and outcome across the care continuum. Working directly with you, the healthcare provider treating physician, our member and his or her family, our registered nurses can assist you by educating the member regarding their options and help them access the covered services you have recommended as appropriate to meet their individual health needs. In partnership with you, we intend to promote quality outcomes and optimize use of health care benefits.

Our goal is to reach as many members as possible with complex medical conditions that are experiencing challenges with access to care or difficulty managing their disease process. We need your assistance in identifying members who are appropriate for this program and your cooperation with the Empire clinicians who will work directly with you to assist in successfully implementing your plan of care to manage the member’s medical condition and help to minimize re-admissions or other acute /urgent situations.

Examples of Care Management at work:

- A member that lives alone is unable to get to your office due to lack of transportation and lack of family support. The benefit plan does not cover an ambulette, but we can connect this member to local community groups or city services such as, Access-A-Ride, who will provide safe and low cost (either free or minimal payment) options. This is an example of how we can assist you in providing the high quality care we all desire and avoid the unnecessary use of the emergency room.

- An oncology patient, who is depressed because of their condition, isn’t eating properly and feels isolated. With your assistance and encouragement, we refer the member to support groups hosted by the American Cancer Society. The member attends the meeting and vents expresses their fears, sees that they are not alone and learns how others are struggling, but succeeding in maintaining a good nutritional status. After this interaction, the member agrees to receive Meals on Wheels and other support to maintain their nutritional status.

**Who qualifies for our Care Management Program?**
This voluntary program covers most of Empire’s local business. There is no additional cost to the member. Members of certain groups, such as our hospital only contracts, (this includes New York City and New York State enrollees), State and Federal Health Benefit program beneficiaries, are not eligible.

**Who can be referred?**
Any eligible member can be referred. Conditions which commonly benefit from Care Management are
listed below:
Brain Injury with deficit

- Severe Burns
- Select Cancer Diagnosis
  - Female Breast, Uterus, Ovary, Prostate, Bladder, Kidney, Urinary Organs, Brain, Thyroid, Respiratory or Digestive System, Secondary Neoplasm, Hodgkin Disease, Lymphoid Disease, Multiple Myeloma and Myeloid Leukemia
- Benign Brain Tumor
- Congenital Abnormalities ages 1-12
- Complications of Surgery
- Endotracheal Intubation/ Tracheostomy/ Ventilator Dependency
- Non-Healing Surgical Wounds
- Multiple Trauma Spinal Cord Injuries
- Members identified as high risk
- Members with care giver issues
- Members with recurrent readmissions
- Continuation of care requests
- Members you think are non-compliant with their medication

To refer a member to Empire’s Care Management Program please call us at 1-800-563-5909 or email us at ECM-NY@Wellpoint.com.

**Specialty Care Center and PCP Specialist Requests**

A referral to a specialty care center and/or a specialist as a PCP may be requested when:

1. An enrollee is diagnosed with a life-threatening condition or disease or degenerative, disabling condition or disease AND
2. Due to the condition/disease as above, the enrollee requires specialized medical care over a prolonged period of time.

Empire’s Medical Management nurses will request documentation of the treatment plan, and seek approval of the PCP and specialist before determining if the referral will be approved by Empire.

Empire’s Medical Management Department will assess a request for a specific specialty care center or specialist PCP, or can provide names of specialty care centers or specialist PCP’s appropriate for the enrollee’s condition.

If you need to request a referral to a specialty care center or request a specialist PCP, contact Empire’s Medical Management Department at 1-800-441-2411, 8:30 a.m. to 5:00 p.m. EST, Monday – Friday.

**Standard Appeals**

If Empire Medical Management determines that an admission, extension of a continued stay, or some other health care service is not medically necessary, the health care provider, the member or his/her authorized representative may request reconsideration or appeal an adverse determination in the
following manner.

The following can be appealed internally with Empire:

- Our initial adverse determination (Level 1 appeal)
- Our final adverse determination following a standard Level 1 appeal if available under the health benefit plan (Level 2 appeal)

The following can be reconsidered:

- An initial pre-service or concurrent denial.

**Services that have already been provided are not subject to reconsideration.**

**A healthcare provider may file an appeal for a retrospective denial.**

Depending on the health benefit plan, Empire offers either one or two levels of standard appeal.

Empire offers two levels of standard appeal. Appeals should be accompanied by a letter stating why the decision is being appealed and why you feel the decision should be overturned. Also include the information necessary to review it, such as the medical record. Appeals will be acknowledged within fifteen (15) days of receipt. If additional information is necessary to conduct a standard internal appeal, Empire will notify you, the provider, within fifteen (15) days of receipt of appeal to identify and request the necessary information. In the event that only a portion of the requested necessary information is received, Empire shall request the missing information, in writing, within five (5) business days of the partial information receipt. Empire will notify the member, the member’s designee and the provider in writing of the appeal determination within two (2) business days of the decision.

An appeal is initiated by calling or writing to the Empire Medical Management Appeals Department at 1-800-634-5605, 8:30 a.m. to 5:00 p.m. EST, Monday – Friday, or by writing to:

Empire BlueCross BlueShield
Attention: Appeals Department
PO Box 1407
Church Street Station
New York, New York 10008-1407

Level 1 Appeals must be initiated within one hundred eighty (180) calendar days of our initial decision. Appeals filed after that date will not be considered, and you will receive a letter stating that the opportunity to file an appeal has been exhausted. The appeal should be accompanied by a letter stating why the determination is being appealed and why it should be overturned, as well as the information necessary to review it, such as the medical record.

If we make a decision favorable to the person filing the appeal, written notification is sent stating that the initial denial decision has been reversed. If we make a final adverse determination upholding our prior decision, we will provide written notification that will include:

- The basis and clinical rationale upon which the appeal determination is based
- The words “final adverse determination”
- The health service that was denied, including the facility/provider and/or the
developer/manufacturer of service as available.
• Information and rights regarding filing a request for a Level 2 appeal to Empire (if available).
• A clear statement in bold that the member or member’s authorized representative has four months from the final adverse determination to request an external appeal; or for provider initiated appeals (retrospective services), a statement that the provider has forty five (45) days from the final adverse determination to request an external appeal
• A statement that choosing a 2nd level of internal appeal, if available under the benefit plan, may cause time to file external appeal to expire.
• Statement that member may be eligible for external appeal and timeframes for external appeal
• Standard description of external appeals process is attached
• Empire Appeals contact and telephone number
• The type of coverage the appellant is enrolled in
• The name and address of the UR agent including a contact person and telephone number

Failure by Empire to make a determination within the applicable time frames set forth in NYS Public Health Law and Insurance Law Sections 4904.5 and 4905(e), respectively, shall be deemed to be a reversal of Empire’s adverse determination. Notwithstanding the foregoing, the aforementioned requirement as far as the reversal of an adverse determination shall only apply to insured benefit plans that are regulated by New York law.

Note: The enrollee and Empire may jointly agree to waive the internal appeal process; if this occurs, Empire will provide a written letter with information regarding the process for filing an external appeal to the enrollee within twenty four (24) hours of the agreement to waive Empire’s internal appeal process.

**Expedited Appeals**

The health care provider, member or his/her authorized representative may request an urgent/expedited appeal to be implemented when the denial of coverage involves any of the following:
• Cases involving continued or extended healthcare services, procedures or treatments (including home health care services following an inpatient hospital admission);
• Requests for additional services for a patient undergoing a continuing course of treatment
• Any case in which the member’s physician or healthcare provider believes an immediate appeal is warranted.

Note: There is only one (1) level of expedited appeal. Expedited appeals that are not resolved to the satisfaction of the appealing party may be further appealed via the standard appeal process as a Level 2 appeal or through the external appeal process. Retrospective appeals are not eligible to be expedited. If sufficient documentation to conduct the expedited appeal is not provided, the Empire Appeals Department will immediately notify the member and the member’s health care provider by telephone or facsimile to identify and request the necessary information followed by written notification.

Written notice of final adverse determinations concerning an expedited UR appeal shall be transmitted to members within twenty four (24) hours of rendering the determination.

Expedited appeals will be decided within 2 business days of receipt of necessary information. Written notice of final adverse determination concerning an expedited appeal shall be transmitted to the
member within 24 hours of rendering the determination. Expedited appeal outcomes are also
telephonically relayed to the person filing the appeal.
We will provide reasonable access to a Medical Director within one (1) business day of receiving notice
of the request for an expedited appeal.

An Expedited Appeal is initiated by calling or writing to the Empire Medical Management Appeals
Department at 1-800-634-5605, 8:30 a.m. to 5:00 p.m. EST, Monday – Friday, or by writing to:

Empire BlueCross BlueShield
Attention: Appeals Department
PO Box 1407
Church Street Station
New York, New York 10008-1407

**Summary of Appeal Timeframes**

For Empire’s benefit plans with one level of internal appeal available:

<table>
<thead>
<tr>
<th>Level of Appeal</th>
<th>Type of Appeal</th>
<th>Time frame to request appeal</th>
<th>Time frame to respond</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>Expedited</td>
<td>180 calendar days from the initial denial</td>
<td>2 business days of receipt of necessary information or 72 hours when additional information requested</td>
</tr>
<tr>
<td>Level 1</td>
<td>Pre-service</td>
<td>180 calendar days from the initial denial</td>
<td>30 calendar days</td>
</tr>
<tr>
<td>Level 1</td>
<td>Post-service</td>
<td>180 calendar days from the initial denial</td>
<td>60 calendar days</td>
</tr>
</tbody>
</table>

For Empire’s benefit plans with two levels of internal appeal available:

<table>
<thead>
<tr>
<th>Level of Appeal</th>
<th>Type of Appeal</th>
<th>Time frame to request appeal</th>
<th>Time frame to respond</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>Expedited</td>
<td>180 calendar days from the initial denial</td>
<td>2 business days of receipt of necessary information or 72 hours when additional information requested</td>
</tr>
<tr>
<td>Level 1</td>
<td>Pre-service</td>
<td>180 calendar days from the initial denial</td>
<td>15 calendar days</td>
</tr>
<tr>
<td>Level 1</td>
<td>Post-service</td>
<td>180 calendar days from the initial denial</td>
<td>30 calendar days</td>
</tr>
<tr>
<td>Level 2</td>
<td>Expedited</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Level 2</td>
<td>Pre-service</td>
<td>60 business days from the first level appeal denial letter</td>
<td>15 calendar days</td>
</tr>
</tbody>
</table>
**External Reviews**

Based on applicable New York State Insurance and Public Health Law, if services in whole or in part, were denied based on medical necessity or a determination that they are experimental or investigational, subsequent to an appeal you may have the right to an external review. You can initiate an external review using the form Empire will send you when our final adverse determination is made. Providers may request an External Review only when representing a member on pre-service (prospective) appeal or themselves in connection with concurrent adverse determinations or on a post-service (retrospective) appeal.

An external appeal may be filed:
- When the enrollee has had coverage of a health care service which would otherwise be a covered benefit under a subscriber contract or governmental health benefit program, denied on appeal, in whole or in part, on the grounds that such health care services is not medically necessary and Empire has rendered a final adverse determination with respect to such health care services or both Empire and the enrollee have jointly agreed to waive any internal appeal.
- When the enrollee has had coverage of a health care service denied on the basis that such service is experimental or investigational and the denial has been upheld on appeal or both Empire and the member have jointly agreed to waive any internal appeal and the member’s attending physician has certified that the enrollee has a life-threatening or disabling condition or disease (a) for which standard health services or procedures have been ineffective or would be medically inappropriate or (b) for which there does not exist a more beneficial standard health service or procedure covered by Empire or (c) for which there exists a clinical trial and the enrollee’s attending, physician, who must be a licensed, board-certified or board-eligible physician qualified to practice in the area of practice appropriate to treat the member’s life threatening or disabling condition or disease, must have recommended either (a) a health service or procedure (including a pharmaceutical product within the meaning of PHL 4900 (5)(b)(B), that based on two documents from the available medical and scientific evidence, is likely to be more beneficial to the member than any covered standard health service or procedure; or (b) a clinical trial for which the member is eligible. Any physician certification provided shall include a statement of the evidence relied upon by the physician in certifying his or her recommendation, and the specific health service or procedure recommended by the attending physician would otherwise be covered under the policy except for the health care plan’s determination that the health service or procedure is experimental or investigational.

Note: The enrollee and Empire may jointly agree to waive the internal appeal process; if this occurs Empire will provide a written letter with information regarding filing an external appeal to member within twenty four (24) hours of the agreement to waive Empire’s internal appeal process.

An external appeal must be submitted within one hundred and twenty (120) days upon receipt of the final adverse determination of the first level appeal, regardless of whether or not a second level appeal is requested. **If a member chooses to request a second level internal appeal, the time may expire for the member to request an external appeal.**
Predetermination Overview

Empire has established a predetermination process for services where precertification is not required and you can confirm in advance of providing the service whether the service meets medical policy criteria. Services available for predetermination include bariatric surgeries, spinal surgeries and specialty pharmacy drugs. The predetermination enables the member and physician or other healthcare provider to verify the service meets our medical necessity criteria before delivering the care. Although a predetermination is not required, we encourage physicians or other healthcare providers to obtain one prior to performing any of these procedures.

When a predetermination is not obtained prior to the procedure, the claim for the service will be reviewed for medical necessity on a retrospective basis. In cases when an adverse determination is issued, you and the member may access available appeal levels before delivery of the service. The medical necessity criterion is available online for your review at empireblue.com.

Member Quality of Care ("QOC") Investigations

Overview

The Grievances and Appeals department develops, maintains and implements policies and procedures for identifying, reporting and evaluating potential quality of care/service ("QOC"/"QOS") concerns or sentinel events involving Empire Covered Individuals. This includes cases reviewed as the result of a grievance submitted by a Covered Individual and potential quality issues (PQI) reviewed as the result of a referral received from an Empire clinical associate. All Empire associates who may encounter clinical care/service concerns or sentinel events are informed of these policies.

Quality of care grievances and PQIs are processed by clinical associates. Medical records and a response from the Provider and/or Facility are requested. If the clinical associate determines the case is a non-issue with no identifiable quality issue, the clinical associate may assign a severity level C-0. A clinical associate may also assign a severity level rating of C-1 if the case meets the criteria for a known complication. Otherwise, the clinical associate will send a case summary to the Medical Director for review (i.e., First Level Peer Review). The case summary will include a list of previous severity levels assigned to the involved Provider and/or Facility on a rolling 12-month basis. If there are no previous severity levels, this will be documented. The Medical Director will select a specialty matched reviewer to evaluate the case, as appropriate. Upon completion of the review, the Medical Director makes a final determination and assigns a severity level for tracking and trending purposes. Upon completion of First Level Peer Review, if the case is a Covered Individual grievance, the Covered Individual is sent a resolution letter within thirty (30) calendar days of Empire’s receipt of the grievance. The Covered Individual is informed that peer review statutes do not permit disclosure of the details and outcome of the quality investigation. In addition, the clinical associate will send a letter to the Provider and/or Facility explaining the outcome of the review and the severity level assigned.

Significant quality of care issues may be elevated to the regional Peer Review Committee for Second Level Peer Review. This may result in a subsequent referral to the appropriate Credentials Committee.

Trends/patterns of all assigned severity levels are reviewed with the Medical Director for intervention and corrective action planning.
Corrective Action Plans ("CAP")

When corrective action is required, the Medical Director or the applicable local Peer Review Committee will determine appropriate follow-up interventions which can include one or more of the following: a CAP from the Provider and/or Facility, CME, chart reviews, on-site audits, tracking and trending, Provider and/or Facility counseling, and/or referral to the appropriate committee.

Reporting

G&A leadership reports grievance and PQI rates, categories, and trends; to the appropriate Quality Improvement Committee on a bi-annual basis or more often as appropriate. Quality improvement or educational opportunities are reported, and corrective measures implemented, as applicable. Results of corrective actions are reported to the Committee. The Quality Council reviews these trends annually during the process of prioritizing quality improvement activities for the subsequent year.

Severity Levels for Quality Assurance

<table>
<thead>
<tr>
<th>Quality of Care</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Level</td>
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<tr>
<td>C-0</td>
<td>0</td>
</tr>
<tr>
<td>C-1</td>
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<tr>
<td>C-5</td>
<td>15</td>
</tr>
<tr>
<td>C-6</td>
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</table>

<table>
<thead>
<tr>
<th>Quality of Service</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level</td>
<td>Points Assigned</td>
</tr>
<tr>
<td>S-0</td>
<td>0</td>
</tr>
<tr>
<td>S-1</td>
<td>0</td>
</tr>
<tr>
<td>S-2</td>
<td>5</td>
</tr>
</tbody>
</table>
Trend Threshold for Analysis

**Quality of Care and Service Trend Parameters**

The following accumulation of QOC and QOS cases with severity levels and points, or any combination of cases totaling 20 points or more during a rolling 12 months will be subject to trend analysis:

- 8 cases with a leveling of C-0 and S-0
- 4 cases with a leveling of C-1
- 4 cases with a leveling of C-2 and S-2
- 4 cases with a leveling of C-3 and S-3
- 2 cases with a leveling of C-4
- 2 cases with a leveling of C-5
- 1 case with a leveling of C-6 (automatic referral to the applicable Peer Review Committee)
- 3 cases with a leveling of S-1 (for a specific office location in a 6 month period); refer for site visit
- 4 cases with a leveling of S-4 (automatic referral to the applicable Provider Review Committee)

A rolling 12 month cumulative level report is generated monthly and reviewed by a G&A clinical associate for trend identification. (Four similar complaints constitute a trend).

An analysis is completed by the G&A clinical associate and forwarded to the Medical Director to determine if there is a pattern among the cases. For example, a provider who repeatedly fails to return phone calls to postoperative patients resulting in the potential for or an actual adverse outcome. The Medical Director will determine if further action is warranted, such as the need for a corrective action plan, or referral to the appropriate committee for further review and action, as appropriate.

Corrective action plans received for QOC issues are reviewed by the Medical Director and may be forwarded to the applicable local Peer Review Committee for further review and follow up, as appropriate.

*A provider who does not submit the corrective action plan by the deadline or who does not comply with the terms of the corrective action plan will be referred to the Credentialing Committee for further action, which may include termination from the network.*

**Empire as Secondary Payor**

If Empire is the secondary payor, it will not require the hospital or the member to obtain precertification from Empire, and will not deny or reduce amounts that would otherwise be owed because a provider or subscriber did not comply with its administrative or utilization review requirements, including notification, precertification, or concurrent review. However, Empire will not be bound by the primary Payor’s decisions concerning the medical necessity of a service.
Credentialing

Credentialing Scope

A. Professional Practitioners:

1. Practitioner Types: Empire credentials the following health care Practitioners, when an independent relationship exists between Empire and the Practitioner, or the individual Practitioner is listed individually in Empire’s provider network directory; and exclusions in section 2 (see below) do not apply:
   - Medical Doctors (MD)
   - Doctors of Osteopathic Medicine (DO)
   - Doctors of Podiatry
   - Chiropractor
   - Optometrists providing Health Services covered under the Health Benefit Plan
   - Oral and Maxillofacial surgeons
   - Psychologists who are state certified or licensed and have doctoral or master’s level training
   - Clinical social workers who are state certified or state licensed and have master’s level training
   - Psychiatric nurse practitioners who are nationally or state certified or state licensed or behavioral nurse specialists with master’s level training
   - Other behavioral health care specialists who are licensed, certified or registered by the state to practice independently
   - Telemedicine practitioners who have an independent relationship with Empire and who provide treatment services under the Health Benefit Plan
   - Medical therapists (e.g., physical therapists, speech therapists, and occupational therapists)
   - Licensed Genetic Counselors who are licensed by the state to practice independently
   - Audiologists who are licensed, by the state to practice independently
   - Acupuncturists (non-MD/DO) who are licensed, certified or registered by the state to practice independently
   - Nurse practitioners
   - Certified nurse midwives
   - Physician assistants (as required locally)

2. Practitioners with whom we have a contractual relationship do not require credentialing when the Practitioner:
   - Practices exclusively in an inpatient setting and provides care for Empire Covered Individuals only because Covered Individuals are directed to the hospital or another inpatient setting; OR
   - Practices exclusively in free-standing facilities and provides care for Empire Covered Individuals only because Covered Individuals are directed to the facility.

Examples of this type of Practitioner include, but are not limited to:
o Pathologists
o Radiologists
o Anesthesiologists
o Neonatologists
o Emergency Room Physicians
o Urgent Care Center Physicians
o Urgent Care Center mid-level providers (e.g. nurse practitioners, physician assistants)
  o Hospitalists
o Pediatric Intensive Care Specialists
o Other Intensive Care Specialists

3. The following behavioral health Practitioners are not subject to professional conduct and competence review under Empire’s credentialing program, but are subject to a certification requirement process including verification of licensure by the applicable state licensing board to independently provide behavioral health services and/or compliance with regulatory or state/federal contract requirements for the provision of services:
   • Certified Behavioral Analysts
   • Certified Addiction Counselors
   • Substance Abuse Practitioners

Note: an individual who is contracted and practices in the office setting must be credentialed when that Practitioner meets the criteria in section 2 of this Credentialing Policy, above.

B. Health Delivery Organizations (“HDOs”)

1. Empire credentials the following Health Delivery Organizations (“HDOs”):
   • Hospitals
   • Home Health Agencies
   • Skilled Nursing Facilities (Nursing Homes)
   • Ambulatory Surgical Centers
   • Behavioral Health Facilities providing mental health and/or substance abuse treatment in inpatient, residential or ambulatory settings, including:
     o Adult Family Care/Foster Care Homes
     o Ambulatory Detox
     o Community Mental Health Centers (CMHC)
     o Crisis Stabilization Units
     o Intensive Family Intervention Services
     o Intensive Outpatient – Mental Health and/or Substance Abuse
     o Methadone Maintenance Clinics
     o Outpatient Mental Health Clinics
     o Outpatient Substance Abuse Clinics
     o Partial Hospitalization – Mental Health and/or Substance Abuse
     o Residential Treatment Centers (RTC) – Psychiatric and/or Substance Abuse
   • Birthing Centers
   • Convenient Care Centers/Retail Health Clinics/Walk-In Clinics
• Intermediate Care Facilities
• Urgent Care Centers
• Federally Qualified Health Centers (FQHC)
• Home Infusion Therapy when **not** associated with another currently credentialed HDO
• Rural Health Clinics

2. The following Health Delivery Organizations are not subject to professional conduct and competence review under Empire’s credentialing program, but are subject to a certification. The following requirement process including verification of licensure by the applicable state licensing agency and/or compliance with regulatory or state/federal contract requirements for the provision of services:

• Clinical laboratories (a CMS-issued CLIA certificate or a hospital based exemption from CLIA)
• End Stage Renal Disease (ESRD) service providers (dialysis facilities)
• Portable x-ray Suppliers
• Home Infusion Therapy when associated with another currently credentialed HDO

**Credentials Committee**

The decision to accept, deny or terminate a credentialed Practitioner’s participation in a Network or Plan Program is conducted by a peer review body, known as Empire’s Credentials Committee (“CC”).

The CC will meet at least once every forty-five (45) calendar days. The presence of a majority of voting CC members constitutes a quorum. The chief medical officer, or a designee appointed in consultation with the vice president of Medical and Credentialing Policy, will designate a chair of the CC, as well as a vice-chair in states or regions where both Commercial and Medicaid contracts exist. The chair must be a state or regional lead medical director, or an Empire medical director designate and the vice-chair must be a lead medical officer or an Empire medical director designee, for that line of business not represented by the chair. In states or regions where only one line of business is represented, the chair of the CC will designate a vice-chair for that line of business also represented by the chair. The CC will include at least five, but no more than ten external physicians representing multiple medical specialties (in general, the following specialties or practice-types should be represented: pediatrics, obstetrics/gynecology, adult medicine (family medicine or internal medicine); surgery; behavioral health, with the option of using other specialties when needed as determined by the chair/vice-chair). CC membership may also include one to two other types of credentialed health providers (e.g. nurse practitioner, chiropractor, social worker, podiatrist) to meet priorities of the geographic region as per chair/vice-chair’s discretion. At least two of the physician committee members must be credentialed for each line of business (e.g. Commercial, Medicare, and Medicaid) offered within the geographic purview of the CC. The chair/vice-chair will serve as a voting member(s) and provide support to the credentialing/re-credentialing process as needed.

The CC will access various specialists for consultation, as needed to complete the review of a Practitioner’s credentials. A committee member will disclose and abstain from voting on a Practitioner if the committee member (i) believes there is a conflict of interest, such as direct economic competition with the Practitioner; or (ii) feels his or her judgment might otherwise be compromised. A committee member will also disclose if he or she has been professionally involved with the Practitioner.
Determinations to deny an applicant’s participation, or terminate a Practitioner from participation in one or more Networks or Plan Programs, require a majority vote of the voting members of the CC in attendance, the majority of whom are Network Practitioners.

During the credentialing process, all information that is obtained is highly confidential. All CC meeting minutes and Practitioner files are stored in locked cabinets and can only be seen by appropriate Credentialing staff, medical directors, and CC members. Documents in these files may not be reproduced or distributed, except for confidential peer review and credentialing purposes; and peer review protected information will not be shared externally.

Practitioners and HDOs are notified that they have the right to review information submitted to support their credentialing applications. This right includes access to information obtained from any outside sources with the exception of references, recommendations or other peer review protected information. Practitioners are given written notification of these rights in communications from Empire which initiates the credentialing process. In the event that credentialing information cannot be verified, or if there is a discrepancy in the credentialing information obtained, the Credentialing staff will contact the Practitioner or HDO within thirty (30) calendar days of the identification of the issue. This communication will specifically notify the Practitioner or HDO of the right to correct erroneous information or provide additional details regarding the issue in question. This notification will also include the specific process for submission of this additional information, including where it should be sent. Depending on the nature of the issue in question, this communication may occur verbally or in writing. If the communication is verbal, written confirmation will be sent at a later date. All communication on the issue(s) in question, including copies of the correspondence or a detailed record of phone calls, will be clearly documented in the Practitioner’s credentials file. The Practitioner or HDO will be given no less than fourteen (14) calendar days in which to provide additional information. Upon request, applicant will be provided with the status of his or her credentialing application. Written notification of this right may be included in a variety of communications from Empire which includes the letter which initiates the credentialing process, the provider web site, or Provider Manual. When such requests are received, applicants will be notified whether the credentialing application has been received, how far in the process it has progressed and a reasonable date for completion and notification. All such requests will be responded to verbally unless the applicant requests a written response.

Empire may request and will accept additional information from the applicant to correct or explain incomplete, inaccurate, or conflicting credentialing information. The CC will review the information and rationale presented by the applicant to determine if a material omission has occurred or if other credentialing criteria are met.

Nondiscrimination Policy

Empire will not discriminate against any applicant for participation in its Networks or Plan Programs on the basis of race, gender, color, creed, religion, national origin, ancestry, sexual orientation, age, veteran, or marital status or any unlawful basis not specifically mentioned herein. Additionally, Empire will not discriminate against any applicant on the basis of the risk of population they serve or against those who specialize in the treatment of costly conditions. Other than gender and language capabilities that are provided to the Covered Individuals to meet their needs and preferences, this information is not required in the credentialing and re-credentialing process. Determinations as to which Practitioners or HDOs require additional individual review by the CC are made according to predetermined criteria related to professional conduct and competence as outlined in Empire Credentialing Program Standards.
CC decisions are based on issues of professional conduct and competence as reported and verified through the credentialing process.

**Initial Credentialing**

Each Practitioner or HDO must complete a standard application form when applying for initial participation in one or more of Empire’s Networks or Plan Programs. This application may be a state mandated form or a standard form created by or deemed acceptable by Empire. For Practitioners, the Council for Affordable Quality Healthcare (“CAQH”), a Universal Credentialing Datasource is utilized. CAQH built the first national provider credentialing database system, which is designed to eliminate the duplicate collection and updating of provider information for health plans, hospitals and practitioners. To learn more about CAQH, visit their web site at [www.CAQH.org](http://www.CAQH.org).

Empire will verify those elements related to an applicants’ legal authority to practice, relevant training, experience and competency from the primary source, where applicable, during the credentialing process. All verifications must be current and verified within the one hundred eighty (180) calendar day period prior to the CC making its credentialing recommendation or as otherwise required by applicable accreditation standards.

During the credentialing process, Empire will review verification of the credentialing data as described in the following tables unless otherwise required by regulatory or accrediting bodies. These tables represent minimum requirements.

**A. Practitioners**

<table>
<thead>
<tr>
<th>Verification Element</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>License to practice in the state(s) in which the practitioner will be treating Covered Individuals.</td>
<td></td>
</tr>
<tr>
<td>Hospital admitting privileges at a TJC, NIAHO or AOA accredited hospital, or a Network hospital previously approved by the committee.</td>
<td></td>
</tr>
<tr>
<td>DEA/CDS and state controlled substance registrations</td>
<td>The DEA/CDS registration must be valid in the state(s) in which practitioner will be treating Covered Individuals. Practitioners who see Covered Individuals in more than one state must have a DEA/CDS registration for each state.</td>
</tr>
<tr>
<td>Malpractice insurance</td>
<td></td>
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<tr>
<td>Malpractice claims history</td>
<td></td>
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<tr>
<td>Board certification or highest level of medical training or education</td>
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<tr>
<td>Work history</td>
<td></td>
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<tr>
<td>State or Federal license sanctions or limitations</td>
<td></td>
</tr>
<tr>
<td>Medicare, Medicaid or FEHBP sanctions</td>
<td></td>
</tr>
</tbody>
</table>
Recredentialing

The recredentialing process incorporates re-verification and the identification of changes in the Practitioner’s or HDO’s licensure, sanctions, certification, health status and/or performance information (including, but not limited to, malpractice experience, hospital privilege or other actions) that may reflect on the Practitioner’s or HDO’s professional conduct and competence. This information is reviewed in order to assess whether Practitioners and HDOs continue to meet Empire credentialing standards.

During the recredentialing process, Empire will review verification of the credentialing data as described in the tables under Initial Credentialing unless otherwise required by regulatory or accrediting bodies. These tables represent minimum requirements.

All applicable Practitioners and HDOs in the Network within the scope of Empire Credentialing Program are required to be recredentialed every three (3) years unless otherwise required by contract or state regulations.

Health Delivery Organizations

New HDO applicants will submit a standardized application to Empire for review. If the candidate meets Empire screening criteria, the credentialing process will commence. To assess whether Network HDOs, within the scope of the Credentialing Program, meet appropriate standards of professional conduct and competence, they are subject to credentialing and recredentialing programs. In addition to the licensure and other eligibility criteria for HDOs, as described in detail in Empire Credentialing Program Standards, all Network HDOs are required to maintain accreditation by an appropriate, recognized accrediting body or, in the absence of such accreditation, Empire may evaluate the most recent site survey by Medicare, the appropriate state oversight agency, or a site survey performed by a designated independent external entity within the past thirty-six (36) months for that HDO.

Recredentialing of HDOs occurs every three (3) years unless otherwise required by regulatory or accrediting bodies. Each HDO applying for continuing participation in Networks or Plan Programs must
submit all required supporting documentation.

On request, HDOs will be provided with the status of their credentialing application. Empire may request, and will accept, additional information from the HDO to correct incomplete, inaccurate, or conflicting credentialing information. The CC will review this information and the rationale behind it, as presented by the HDO, and determine if a material omission has occurred or if other credentialing criteria are met.

**Ongoing Sanction Monitoring**

To support certain credentialing standards between the recredentialing cycles, Empire has established an ongoing monitoring program. Credentialing performs ongoing monitoring to help ensure continued compliance with credentialing standards and to assess for occurrences that may reflect issues of substandard professional conduct and competence. To achieve this, the credentialing department will review periodic listings/reports within thirty (30) calendar days of the time they are made available from the various sources including, but not limited to, the following:

1. Office of the Inspector General (“OIG”)
2. Federal Medicare/Medicaid Reports
3. Office of Personnel Management (“OPM”)
4. State licensing Boards/Agencies
5. Covered Individual/Customer Services Departments
6. Clinical Quality Management Department (including data regarding complaints of both a clinical and nonclinical nature, reports of adverse clinical events and outcomes, and satisfaction data, as available)
7. Other internal Empire Departments
8. Any other verified information received from appropriate sources

When a Practitioner or HDO within the scope of credentialing has been identified by these sources, criteria will be used to assess the appropriate response including, but not limited to: review by the Chair of Empire CC, review by the Empire Medical Director, referral to the CC, or termination. Empire credentialing departments will report practitioners or HDOs to the appropriate authorities as required by law.

**Appeals Process**

Empire has established policies for monitoring and re-credentialing Practitioners and HDOs who seek continued participation in one or more of Empire’s Networks or Plan Programs. Information reviewed during this activity may indicate that the professional conduct and competence standards are no longer being met, and Empire may wish to terminate Practitioners or HDOs. Empire also seeks to treat Network Practitioners and HDOs, as well as those applying for participation, fairly and thus provides Practitioners and HDOs with a process to appeal determinations terminating participation in Empire’s Networks for professional competence and conduct reasons, or which would otherwise result in a report to the National Practitioner Data Bank (“NPDB”). Additionally, Empire will permit Practitioners and HDOs who have been refused initial participation the opportunity to correct any errors or omissions which may have led to such denial (informal/reconsideration only). It is the intent of Empire to give Practitioners and HDOs the opportunity to contest a termination of the Practitioner’s or HDO’s participation in one or
more of Empire’s Networks or Plan Programs and those denials of request for initial participation which are reported to the NPDB that were based on professional competence and conduct considerations. Immediate terminations may be imposed due to the Practitioner or HDO being:

- Sanctioned, debarred or excluded from participation in any of the following programs: Medicare, Medicaid or Federal Employee Health Benefit Plan.
- A determination that the conduct of a Practitioner or HDO poses the threat of imminent harm to the health of network members; or
- A finding that a Practitioner or HDO has perpetrated an act of fraud; or
- A final disciplinary action by a state licensing board or other governmental agency that impairs the ability of a participating practitioner in our managed care network to practice.

In the above instances, the Practitioner or HDO will not be eligible for a formal appeal hearing. In addition a Practitioner or HDO whose license has been suspended or revoked has no right to informal review/reconsideration.

**Reporting Requirements**

When Empire takes a professional review action with respect to a Practitioner’s or HDO’s participation in one or more of its Networks or Plan Programs, Empire may have an obligation to report such to the NPDB. Once Empire receives a verification of the NPDB report, the verification report will be sent to the state licensing board. The credentialing staff will comply with all state and federal regulations in regard to the reporting of adverse determinations relating to professional conduct and competence. These reports will be made to the appropriate, legally designated agencies. In the event that the procedures set forth for reporting reportable adverse actions conflict with the process set forth in the current NPDB Guidebook, the process set forth in the NPDB Guidebook will govern.

**Empire Credentialing Program Standards**

I. **Eligibility Criteria**

Practitioners:

*Initial* applicants must meet the following criteria in order to be considered for participation:

A. Must not be currently federally sanctioned, debarred or excluded from participation in any of the following programs: Medicare, Medicaid or FEHBP; and

B. Possess a current, valid, unencumbered, unrestricted, and non-probationary license in the state(s) where he/she provides services to Covered Individuals; and

C. Possess a current, valid, and unrestricted Drug Enforcement Agency ("DEA") and/or Controlled Dangerous Substances ("CDS") registration for prescribing controlled substances, if applicable to his/her specialty in which he/she will treat Covered Individuals; the DEA/CDS registration must be valid in the state(s) in which the practitioner will be treating Covered Individuals. Practitioners who see Covered Individuals in more than one state must have a DEA/CDS registration for each state.

*Initial* applications should meet the following criteria in order to be considered for participation, with exceptions reviewed and approved by the CC:
A. For MDs, DOs, DPMs, and oral and maxillofacial surgeons, the applicant must have current, in
force board certification (as defined by the American Board of Medical Specialties (“ABMS”),
American Osteopathic Association (“AOA”), Royal College of Physicians and Surgeons of Canada
(“RCPSC”), College of Family Physicians of Canada (“CFPC”), American Board of Podiatric Surgery
(“ABPS”), American Board of Podiatric Medicine (“ABPM”), or American Board of Oral and
Maxillofacial Surgery (“ABOMS”)) in the clinical discipline for which they are applying.
B. Individuals will be granted five years or a period of time consistent with ABMS board eligibility
time limits, whatever is greater, after completion of their residency or fellowship training
program to meet the board certification requirement.
C. Individuals with board certification from the American Board of Podiatric Medicine will be
granted five years after the completion of their residency to meet this requirement. Individuals
with board certification from the American Board of Foot and Ankle Surgery will be granted
seven years after completion of their residency to meet this requirement.
D. Individuals no longer eligible for board certification are not eligible for continued exception to
this requirement.

1. As alternatives, MDs and DOs meeting any one of the following criteria will be viewed as
meeting the education, training and certification requirement:

   a. Previous board certification (as defined by one of the following: ABMS, AOA, RCPSC,
      CFPC) in the clinical specialty or subspecialty for which they are applying which has now
      expired AND a minimum of ten (10) consecutive years of clinical practice. OR
   b. Training which met the requirements in place at the time it was completed in a specialty
      field prior to the availability of board certifications in that clinical specialty or
      subspecialty. OR
   c. Specialized practice expertise as evidenced by publication in nationally accepted peer
      review literature and/or recognized as a leader in the science of their specialty AND a
      faculty appointment of Assistant Professor or higher at an academic medical center and
      teaching Facility in Empire’s Network AND the applicant’s professional activities are
      spent at that institution at least fifty percent (50%) of the time.

2. Practitioners meeting one of these three (3) alternative criteria (a, b, c) will be viewed as
meeting all Empire education, training and certification criteria and will not be required to
undergo additional review or individual presentation to the CC. These alternatives are
subject to Empire review and approval. Reports submitted by delegate to Empire must
contain sufficient documentation to support the above alternatives, as determined by
Empire.

B. For MDs and DOs, the applicant must have unrestricted hospital privileges at a The Joint
Commission (“TJC”), National Integrated Accreditation for Healthcare Organizations (“NIAHO”),
an AOA accredited hospital, or a Network hospital previously approved by the committee. Some
clinical disciplines may function exclusively in the outpatient setting, and the CC may at its
discretion deem hospital privileges not relevant to these specialties. Also, the organization of an
increasing number of physician practice settings in selected fields is such that individual
physicians may practice solely in either an outpatient or an inpatient setting. The CC will
evaluate applications from practitioners in such practices without regard to hospital privileges.
The expectation of these physicians would be that there is an appropriate referral arrangement
with a Network practitioner to provide inpatient care.

II. Criteria for Selecting Practitioners

A. New Applicants (Credentialing)
   1. Submission of a complete application and required attachments that must not contain intentional misrepresentations;
   2. Application attestation signed date within one hundred eighty (180) calendar days of the date of submission to the CC for a vote;
   3. Primary source verifications within acceptable timeframes of the date of submission to the CC for a vote, as deemed by appropriate accrediting agencies;
   4. No evidence of potential material omission(s) on application;
   5. Current, valid, unrestricted license to practice in each state in which the practitioner would provide care to Covered Individuals;
   6. No current license action;
   7. No history of licensing board action in any state;
   8. No current federal sanction and no history of federal sanctions (per System for Award Management (SAM), OIG and OPM report nor on NPDB report);
   9. Possess a current, valid, and unrestricted DEA/CDS registration for prescribing controlled substances, if applicable to his/her specialty in which he/she will treat Covered Individuals. The DEA/CDS registration must be valid in the state(s) in which the practitioner will be treating Covered Individuals. Practitioners who treat Covered Individuals in more than one state must have a valid DEA/CDS registration for each applicable state.

Initial applicants who have NO DEA/CDS registration will be viewed as not meeting criteria and the credentialing process will not proceed. However, if the applicant can provide evidence that he/she has applied for a DEA/CDS registration, the credentialing process may proceed if all of the following are met:

   a. It can be verified that this application is pending.
   b. The applicant has made an arrangement for an alternative practitioner to prescribe controlled substances until the additional DEA/CDS registration is obtained.
   c. The applicant agrees to notify Empire upon receipt of the required DEA/CDS registration.
   d. Empire will verify the appropriate DEA/CDS registration via standard sources.
      i. The applicant agrees that failure to provide the appropriate DEA/CDS registration within a ninety (90) calendar day timeframe will result in termination from the Network.
      ii. Initial applicants who possess a DEA/CDS registration in a state other than the state in which they will be treating Covered Individuals will be notified of the need to obtain the additional DEA/CDS registration. If the applicant has applied for additional DEA/CDS registration the credentialing process may proceed if ALL the following criteria are met:
         (a) It can be verified that this application is pending and,
         (b) The applicant has made an arrangement for an alternative practitioner to prescribe controlled substances until the additional DEA/CDS registration is obtained,
         (c) The applicant agrees to notify Empire upon receipt of the required DEA/CDS registration.

         Initial applicants who possess a DEA/CDS registration in a state other than the state in which they will be treating Covered Individuals will be notified of the need to obtain the additional DEA/CDS registration. If the applicant has applied for additional DEA/CDS registration the credentialing process may proceed if ALL the following criteria are met:

         a. It can be verified that this application is pending.
         b. The applicant has made an arrangement for an alternative practitioner to prescribe controlled substances until the additional DEA/CDS registration is obtained.
         c. The applicant agrees to notify Empire upon receipt of the required DEA/CDS registration.
registration,

(d) Empire will verify the appropriate DEA/CDS registration via standard sources; applicant agrees that failure to provide the appropriate DEA/CDS registration within a ninety (90) calendar day timeframe will result in termination from the Network,

AND

(e) Must not be currently federally sanctioned, debarred or excluded from participation in any of the following programs: Medicare, Medicaid or FEHBP.

10. No current hospital membership or privilege restrictions and no history of hospital membership or privileges restrictions;

11. No history of or current use of illegal drugs or history of or current alcoholism;

12. No impairment or other condition which would negatively impact the ability to perform the essential functions in their professional field.

13. No gap in work history greater than six (6) months in the past five (5) years with the exception of those gaps related to parental leave or immigration where twelve (12) month gaps will be acceptable. Other gaps in work history of six to twenty-four (6 to 24) months will be reviewed by the Chair of the CC and may be presented to the CC if the gap raises concerns of future substandard professional conduct and competence. In the absence of this concern the Chair of the CC may approve work history gaps of up to two (2) years.

14. No history of criminal/felony convictions or a plea of no contest;

15. A minimum of the past ten (10) years of malpractice case history is reviewed.

16. Meets Credentialing Standards for education/training for the specialty(ies) in which Practitioner wants to be listed in Empire’s Network directory as designated on the application. This includes board certification requirements or alternative criteria for MDs and DOs and board certification criteria for DPMs, and oral and maxillofacial surgeons;

17. No involuntary terminations from an HMO or PPO;

18. No "yes" answers to attestation/disclosure questions on the application form with the exception of the following:

a. Investment or business interest in ancillary services, equipment or supplies;

b. Voluntary resignation from a hospital or organization related to practice relocation or facility utilization;

c. Voluntary surrender of state license related to relocation or nonuse of said license;

d. A NPDB report of a malpractice settlement or any report of a malpractice settlement that does not meet the threshold criteria.

e. Non-renewal of malpractice coverage or change in malpractice carrier related to changes in the carrier’s business practices (no longer offering coverage in a state or no longer in business);

f. Previous failure of a certification exam by a practitioner who is currently board certified or who remains in the five (5) year post residency training window;

g. Actions taken by a hospital against a practitioner’s privileges related solely to the failure to complete medical records in a timely fashion;

h. History of a licensing board, hospital or other professional entity investigation that was closed without any action or sanction.

Note: the CC will individually review any Practitioner that does not meet one or more of the criteria required for initial applicants.
Practitioners who meet all participation criteria for initial or continued participation and whose credentials have been satisfactorily verified by the Credentialing department may be approved by the Chair of the CC after review of the applicable credentialing or recredentialing information. This information may be in summary form and must include, at a minimum, practitioner’s name and specialty.

B. Currently Participating Applicants (Recredentialing)

1. Submission of complete re-credentialing application and required attachments that must not contain intentional misrepresentations;
2. Re-credentialing application signed date within one hundred eighty (180) calendar days of the date of submission to the CC for a vote;
3. Primary source verifications within acceptable timeframes of the date of submission to the CC for a vote, as deemed by appropriate accrediting agencies;
4. No evidence of potential material omission(s) on re-credentialing application;
5. Must not be currently federally sanctioned, debarred or excluded from participation in any of the following programs; Medicare, Medicaid or FEHBP. If, once a Practitioner participates in the Empire’s programs or provider Network(s), federal sanction, debarment or exclusion from the Medicare, Medicaid or FEHBP programs occurs, at the time of identification, the Practitioner will become immediately ineligible for participation in the applicable government programs or provider Network(s) as well as Empire’s other credentialed provider Network(s). Empire
6. Current, valid, unrestricted license to practice in each state in which the practitioner provides care to Covered Individuals;
7. *No current license probation;
8. *License is unencumbered;
9. No new history of licensing board reprimand since prior credentialing review;
10. *No current federal sanction and no new (since prior credentialing review) history of federal sanctions (per SAM, OIG and OPM Reports or on NPDB report);
11. Current DEA/CDS registration and/or state controlled substance certification without new (since prior credentialing review) history of or current restrictions;
12. No current hospital membership or privilege restrictions and no new (since prior credentialing review) history of hospital membership or privilege restrictions; OR for practitioners in a specialty defined as requiring hospital privileges who practice solely in the outpatient setting there exists a defined referral relationship with a Network practitioner of similar specialty at a Network HDO who provides inpatient care to Covered Individuals needing hospitalization;
13. No new (since previous credentialing review) history of or current use of illegal drugs or alcoholism;
14. No impairment or other condition which would negatively impact the ability to perform the essential functions in their professional field;
15. No new (since previous credentialing review) history of criminal/felony convictions, including a plea of no contest;
16. Malpractice case history reviewed since the last CC review. If no new cases are identified since last review, malpractice history will be reviewed as meeting criteria. If new malpractice history is present, then a minimum of last five (5) years of malpractice history is evaluated and criteria consistent with initial credentialing is used.
17. No new (since previous credentialing review) involuntary terminations from an HMO or
18. No new (since previous credentialing review) "yes" answers on attestation/disclosure questions with exceptions of the following:

a. Investment or business interest in ancillary services, equipment or supplies;
b. Voluntary resignation from a hospital or organization related to practice relocation or facility utilization;
c. Voluntary surrender of state license related to relocation or nonuse of said license;
d. An NPDB report of a malpractice settlement or any report of a malpractice settlement that does not meet the threshold criteria;
e. Nonrenewal of malpractice coverage or change in malpractice carrier related to changes in the carrier’s business practices (no longer offering coverage in a state or no longer in business);
f. Previous failure of a certification exam by a practitioner who is currently board certified or who remains in the five (5) year post residency training window;
g. Actions taken by a hospital against a practitioner’s privileges related solely to the failure to complete medical records in a timely fashion;
h. History of a licensing board, hospital or other professional entity investigation that was closed without any action or sanction.

19. No QI data or other performance data including complaints above the set threshold.

20. Recredentialed at least every three (3) years to assess the practitioner’s continued compliance with Empire standards.

*It is expected that these findings will be discovered for currently credentialed Network Practitioners and HDOs through ongoing sanction monitoring. Network Practitioners and HDOs with such findings will be individually reviewed and considered by the CC at the time the findings are identified.

Note: the CC will individually review any credentialed Network Practitioners and HDOs that do not meet one or more of the criteria for recredentialing.

C. Additional Participation Criteria and Exceptions for Behavioral Health Practitioners (Non Physician) Credentialing.

1. Licensed Clinical Social Workers (“LCSW”) or other master level social work license type:
   a. Master or doctoral degree in social work with emphasis in clinical social work from a program accredited by the Council on Social Work Education (“CSWE”) or the Canadian Association on Social Work Education (“CASWE”).
   b. Program must have been accredited within three (3) years of the time the practitioner graduated.
   c. Full accreditation is required, candidacy programs will not be considered.
   d. If master’s level degree does not meet criteria and practitioner obtained PhD training as a clinical psychologist, but is not licensed as such, the practitioner can be reviewed. To meet the criteria, the doctoral program must be accredited by the American Psychological Association (“APA”) or be regionally accredited by the Council for Higher Education Accreditation (“CHEA”). In addition, a doctor of social work from an institution with at least regional accreditation from the CHEA will be viewed as
acceptable.

2. Licensed professional counselor ("LPC") and marriage and family therapist ("MFT") or other master level license type:

   a. Master’s or doctoral degree in counseling, marital and family therapy, psychology, counseling psychology, counseling with an emphasis in marriage, family and child counseling or an allied mental field. Master or doctoral degrees in education are acceptable with one of the fields of study above.
   b. Master or doctoral degrees in divinity do not meet criteria as a related field of study.
   c. Graduate school must be accredited by one of the Regional Institutional Accrediting Bodies and may be verified from the Accredited Institutions of Post-Secondary Education, APA, Council for Accreditation of Counseling and Related Educational Programs ("CACREP"), or Commission on Accreditation for Marriage and Family Therapy Education ("COAMFTE") listings. The institution must have been accredited within three (3) years of the time the practitioner graduated.
   d. Practitioners with PhD training as a clinical psychologist can be reviewed. To meet criteria this doctoral program must either be accredited by the APA or be regionally accredited by the CHEA. A Practitioner with a doctoral degree in one of the fields of study noted will be viewed as acceptable if the institution granting the degree has regional accreditation from the CHEA and;
   e. Licensure to practice independently.

3. Clinical nurse specialist/psychiatric and mental health nurse practitioner:
   a. Master’s degree in nursing with specialization in adult or child/adolescent psychiatric and mental health nursing. Graduate school must be accredited from an institution accredited by one of the Regional Institutional Accrediting Bodies within three (3) years of the time of the practitioner’s graduation.
   b. Registered Nurse license and any additional licensure as an Advanced Practice Nurse/Certified Nurse Specialist/Adult Psychiatric Nursing or other license or certification as dictated by the appropriate State(s) Board of Registered Nursing, if applicable.
   c. Certification by the American Nurses Association ("ANA") in psychiatric nursing. This may be any of the following types: Clinical Nurse Specialist in Child or Adult Psychiatric Nursing, Psychiatric and Mental Health Nurse Practitioner, or Family Psychiatric and Mental Health Nurse Practitioner.
   d. Valid, current, unrestricted DEA/CDS registration, where applicable with appropriate supervision/consultation by a Network practitioner as applicable by the state licensing board. For those who possess a DEA registration, the appropriate CDS registration is required. The DEA/CDS registration must be valid in the state(s) in which the practitioner will be treating Covered Individuals.

4. Clinical Psychologists:
   a. Valid state clinical psychologist license.
   b. Doctoral degree in clinical or counseling, psychology or other applicable field of study from an institution accredited by the APA within three (3) years of the time of the practitioner’s graduation.
c. Education/Training considered as eligible for an exception is a practitioner whose doctoral degree is not from an APA accredited institution, but who is listed in the National Register of Health Service Providers in Psychology or is a Diplomat of the American Board of Professional Psychology.

d. Master’s level therapists in good standing in the Network, who upgrade their license to clinical psychologist as a result of further training, will be allowed to continue in the Network and will not be subject to the above education criteria.

5. Clinical Neuropsychologist:
   a. Must meet all the criteria for a clinical psychologist listed in C.4 above and be Board certified by either the American Board of Professional Neuropsychology (“ABPN”) or American Board of Clinical Neuropsychology (“ABCN”).
   b. A practitioner credentialed by the National Register of Health Service Providers in Psychology with an area of expertise in neuropsychology may be considered.
   c. Clinical neuropsychologists who are not Board certified, nor listed in the National Register, will require CC review. These practitioners must have appropriate training and/or experience in neuropsychology as evidenced by one or more of the following:
      i. Transcript of applicable pre-doctoral training, OR
      ii. Documentation of applicable formal one (1) year post-doctoral training (participation in CEU training alone would not be considered adequate), OR
      iii. Letters from supervisors in clinical neuropsychology (including number of hours per week), OR
      iv. Minimum of five (5) years’ experience practicing neuropsychology at least ten (10) hours per week.

6. Licensed Psychoanalysts:
   a. Applies only to Practitioners in states that license psychoanalysts.
   b. Practitioners will be credentialed as a licensed psychoanalyst if they are not otherwise credentialed as a practitioner type detailed in Credentialing Policy (e.g. psychiatrist, clinical psychologist, licensed clinical social worker).
   c. Practitioner must possess a valid psychoanalysis state license.
      i. Practitioner shall possess a master’s or higher degree from a program accredited by one of the Regional Institutional Accrediting Bodies and may be verified from the Accredited Institutions of Post-Secondary Education, APA, CACREP, or the COAMFTE listings. The institution must have been accredited within 3 years of the time the Practitioner graduates.
      ii. Completion of a program in psychoanalysis that is registered by the licensing state as licensure qualifying; or accredited by the American Board for Accreditation in Psychoanalysis (ABAP) or another acceptable accrediting agency; or determined by the licensing state to be the substantial equivalent of such a registered or accredited program.
         a. A program located outside the United States and its territories may be used to satisfy the psychoanalytic study requirement if the licensing state determines the following: it prepares individuals for the professional practice of psychoanalysis; and is recognized by the appropriate civil authorities of that jurisdiction; and can be appropriately verified; and is determined by the licensing state to be the substantial equivalent of an acceptable registered licensure
qualifying or accredited program.
b. Meet minimum supervised experience requirement for licensure as a psychoanalyst as determined by the licensing state.
c. Meet examination requirements for licensure as determined by the licensing state.


- Process, requirements and Verification – Nurse Practitioners:
  i. The Nurse Practitioner (“NP”) applicant will submit the appropriate application and supporting documents as required of any other Practitioners with the exception of differing information regarding education/training and board certification.
  ii. The required education/training will be, at a minimum, the completion of an education program leading to licensure as a Registered Nurse, and subsequent additional education leading to licensure as a NP. Verification of this will occur either via verification of the licensure status from the state licensing agency provided that that agency verifies the education or from the certification board if that board provides documentation that it performs primary verification of the professional education and training. If the licensing agency or certification board does not verify highest level of education, the education will be primary source verified in accordance with policy.
  iii. The license status must be that of NP as verified via primary source from the appropriate state licensing agency. Additionally, this license must be active, unencumbered, unrestricted and not subject to probation, terms or conditions. Any applicants whose licensure status does not meet these criteria, or who have in force adverse actions regarding Medicare or Medicaid will be notified of this and the applicant will be administratively denied.
  iv. If the NP has prescriptive authority, which allows the prescription of scheduled drugs, their DEA and/or state certificate of prescriptive authority information will be requested and primary source verified via normal company procedures. If there are in force adverse actions against the DEA, the applicant will be notified of this and the applicant will be administratively denied.
  v. All NP applicants will be certified in the area which reflects their scope of practice by any one of the following:
     1. Certification program of the American Nurse Credentialing Center (www.nursecredentialing.org), a subsidiary of the American Nursing Association (http://www.nursingcertification.org/exam_programs.htm); or
     2. American Academy of Nurse Practitioners – Certification Program (www.aanpcertification.org); or
     3. National Certification Corporation (http://www.nccwebsite.org); or
     4. Pediatric Nurse Certification Board (PNCB) Certified Pediatric Nurse Practitioner – (note: CPN – certified pediatric nurse is not a nurse practitioner) (http://www.pncb.org/ptistore/control/exams/ac/progs); OR
5. Oncology Nursing Certification Corporation (ONCC) – Advanced Oncology Certified Nurse Practitioner (AOCNP®) – ONLY (http://oncc.org);
This certification must be active and primary source verified. If the state licensing board primary sources verifies this certification as a requirement for licensure, additional verification by Empire is not required. If the applicant is not certified or if his/her certification has expired, the application will be submitted for individual review.

vi. If the NP has hospital privileges, they must have hospital privileges at a CIHQ, TJC, NIAHO, or HFAP accredited hospital, or a network hospital previously approved by the committee. Information regarding history of any actions taken against any hospital privileges held by the NP will be obtained. Any adverse action against any hospital privileges will trigger a level II review.

vii. The NP applicant will undergo the standard credentialing processes outlined in Empire’s Credentialing Policies. NPs are subject to all the requirements outlined in these Credentialing Policies including (but not limited to): the requirement for Committee review of Level II files for failure to meet predetermined criteria, re-credentialing every three years, and continuous sanction and performance monitoring upon participation in the network.

viii. Upon completion of the credentialing process, the NP may be listed in the Empire provider directories. As with all providers, this listing will accurately reflect their specific licensure designation and these providers will be subject to the audit process.

ix. NPs will be clearly identified as such:
1. On the credentialing file;
2. At presentation to the Credentialing Committee; and
3. On notification to Network Services and to the provider database.

• Process, Requirements and Verifications – Certified Nurse Midwives:

i. The Certified Nurse Midwife (CNM) applicant will submit the appropriate application and supporting documents as required of any other Practitioner with the exception of differing information regarding education, training and board certification.

ii. The required educational/training will be at a minimum that required for licensure as a Registered Nurse with subsequent additional training for licensure as a Certified Nurse Midwife by the appropriate licensing body. Verification of this education and training will occur either via primary source verification of the license, provided that state licensing agency performs verification of the education, or from the certification board if that board provides documentation that it performs primary verification of the professional education and training. If the state licensing agency or the certification board does not verify education, the education will be primary source verified in accordance with policy.

iii. The license status must be that of CNM as verified via primary source from the appropriate state licensing agency. Additionally, this license must be active, unencumbered, unrestricted and not subject to probation, terms or conditions. Any applicant whose licensure status does not meet these criteria, or who have in force adverse actions regarding Medicare or Medicaid will be notified of this and the applicant will be administratively denied.
iv. If the CNM has prescriptive authority, which allows the prescription of scheduled drugs, their DEA and/or state certificate of prescriptive authority information will be requested and primary source verified via normal company procedures. If there are in force adverse actions against the DEA, the applicant will be notified and the applicant will be administratively denied.

v. All CNM applicants will be certified by either:
   1. The National Certification Corporation for Ob/Gyn and Neonatal Nursing; or
   2. The American Midwifery Certification Board, previously known as the American College of Nurse Midwives.

This certification must be active and primary source verified. If the state licensing board primary source verifies one of these certifications as a requirement for licensure, additional verification by Empire is not required. If the applicant is not certified or if their certification has expired, the application will be submitted for individual review by the geographic Credentialing Committee.

vi. If the CNM has hospital privileges, they must have unrestricted hospital privileges at a CIHQ, TJC, NIAHO, or HFAP accredited hospital, or a network hospital previously approved by the committee or in the absence of such privileges, must not raise a reasonable suspicion of future substandard professional conduct or competence. Information regarding history of any actions taken against any hospital privileges held by the CNM will be obtained. Any history of any adverse action taken by any hospital will trigger a Level II review. Should the CNM provide only outpatient care, an acceptable admitting arrangement via the collaborative practice agreement must be in place with a participating OB/Gyn.

vii. The CNM applicant will undergo the standard credentialing process outlined in Empire’s Credentialing Policies. CNMs are subject to all the requirements of these Credentialing Policies including (but not limited to): the requirement for Committee review for Level II applicants, re-credentialing every three years, and continuous sanction and performance monitoring upon participation in the network.

viii. Upon completion of the credentialing process, the CNM may be listed in the Empire provider directories. As with all providers, this listing will accurately reflect their specific licensure designation and these providers will be subject to the audit process.

ix. CNMs will be clearly identified as such:
   1. On the credentialing file;
   2. At presentation to the Credentialing Committee; and
   3. On notification to Network Services and to the provider database.

- **Process, Requirements and Verifications – Physician’s Assistants (PA):**
  i. The PA applicant will submit the appropriate application and supporting documents as required of any other Practitioners with the exception of differing information regarding education/training and board certification.
  ii. The required education/training will be, at a minimum, the completion of an education program leading to licensure as a PA. Verification of this will occur via verification of the licensure status from the state licensing agency provided that that agency verifies the education. If the state licensing agency does not
verify education, the education will be primary source verified in accordance with policy.

iii. The license status must be that of PA as verified via primary source from the appropriate state licensing agency. Additionally, this license must be active, unencumbered, unrestricted and not subject to probation, terms or conditions. Any applicants whose licensure status does not meet these criteria, or who have in force adverse actions regarding Medicare or Medicaid will be notified of this and the applicant will be administratively denied.

iv. If the PA has prescriptive authority, which allows the prescription of scheduled drugs, their DEA and/or state certificate of prescriptive authority information will be requested and primary source verified via normal company procedures. If there are in force adverse actions against the DEA, the applicant will be notified and the applicant will be administratively denied.

v. All PA applicants will be certified by the National Commission on Certification of Physician’s Assistants. This certification must be active and primary source verified. If the state licensing board primary sources verifies this certification as a requirement for licensure, additional verification by the Empire is not required. If the applicant is not certified or if their certification has expired, the application will be classified as a Level II according to geographic Credentialing Policy #8 and submitted for individual review by the Credentialing Committee.

vi. If the PA has hospital privileges, they must have hospital privileges at a CIHQ, TJC, NIAHO, or HFAP accredited hospital, or a network hospital previously approved by the committee. Information regarding history of any actions taken against any hospital privileges held by the PA will be obtained. Any adverse action against any hospital privileges will trigger a level II review.

vii. The PA applicant will undergo the standard credentialing process outlined in the Empire’s Credentialing Policies. PAs are subject to all the requirements described in these Credentialing Policies including (but not limited to): Committee review of Level II files failing to meet predetermined criteria, re-credentialing every three years, and continuous sanction and performance monitoring upon participation in the network.

viii. Upon completion of the credentialing process, the PA may be listed in the Empire provider directories. As with all providers, this listing will accurately reflect their specific licensure designation and these providers will be subject to the audit process.

ix. PA’s will be clearly identified such:
   1. On the credentialing file;
   2. At presentation to the Credentialing Committee; and
   3. On notification to Network Services and to the provider database.

III. HDO Eligibility Criteria

All HDOs must be accredited by an appropriate, recognized accrediting body or in the absence of such accreditation, Empire may evaluate the most recent site survey by Medicare, the appropriate state oversight agency, or site survey performed by a designated independent external entity within the past thirty-six (36) months. Non-accredited HDOs are subject to individual review by the CC and will be considered for Covered Individual access need only when the CC review indicates compliance with Empire standards and there are no deficiencies noted on the Medicare or state oversight
review which would adversely affect quality or care or patient safety. HDOs are recredentialed at least every three (3) years to assess the HDO’s continued compliance with Empire standards.

A. General Criteria for HDOs:
   1. Valid, current and unrestricted license to operate in the state(s) in which it will provide services to Covered Individuals. The license must be in good standing with no sanctions.
   2. Valid and current Medicare certification.
   3. Must not be currently federally sanctioned, debarred or excluded from participation in any of the following programs; Medicare, Medicaid or the FEHBP. Note: If, once an HDO participates in Empire’s programs or provider Network(s), exclusion from Medicare, Medicaid or FEHBP occurs, at the time of identification, the HDO will become immediately ineligible for participation in the applicable government programs or provider Network(s) as well as Empire’s other credentialed provider Network(s).
   4. Liability insurance acceptable to Empire.
   5. If not appropriately accredited, HDO must submit a copy of its CMS, state site or a designated independent external entity survey for review by the CC to determine if Empire’s quality and certification criteria standards have been met.

B. Additional Participation Criteria for HDO by Provider Type:

**HDO Type and Empire Approved Accrediting Agent(s)**

**Medical Facilities**

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<thead>
<tr>
<th>Facility Type (Medical Care)</th>
<th>Acceptable Accrediting Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Care Hospital</td>
<td>CIQH, CTEAM, DNV/NIAHO, HFAP, TJC</td>
</tr>
<tr>
<td>Ambulatory Surgical Centers</td>
<td>AAAASF, AAAHC, AAPSF, HFAP, IMQ, TJC</td>
</tr>
<tr>
<td>Birthing Center</td>
<td>AAAHC, CABC</td>
</tr>
<tr>
<td>Clinical Laboratories</td>
<td>CLIA, COLA</td>
</tr>
<tr>
<td>Convenient Care Centers/Retail Health Clinics (RHC)</td>
<td>DNV/NIAHO, UCAOA, TJC</td>
</tr>
<tr>
<td>Dialysis Center</td>
<td>CMS Certification, TJC</td>
</tr>
<tr>
<td>Federally Qualified Health Center (FQHC)</td>
<td>AAAHC</td>
</tr>
<tr>
<td>Free-Standing Surgical Centers</td>
<td>AAAASF, AAPSF, HFAP, IMQ, TJC</td>
</tr>
<tr>
<td>Home Health Care Agencies (HHA)</td>
<td>ACHC, CHAP, CTEAM, DNV/NIAHO, TJC</td>
</tr>
<tr>
<td>Home Infusion Therapy (HIT)</td>
<td>ACHC, CHAP, CTEAM, HQAA, TJC</td>
</tr>
<tr>
<td>Hospice</td>
<td>ACHC, CHAP, TJC</td>
</tr>
<tr>
<td>Intermediate Care Facilities</td>
<td>CTEAM</td>
</tr>
<tr>
<td>Portable x-ray Suppliers</td>
<td>FDA Certification</td>
</tr>
<tr>
<td>Skilled Nursing Facilities/Nursing Homes</td>
<td>BOC INT’L, CARF, TJC</td>
</tr>
<tr>
<td>Rural Health Clinic (RHC)</td>
<td>AAAASF, CTEAM, TJC</td>
</tr>
<tr>
<td>Urgent Care Center (UCC)</td>
<td>AAAHC, IMQ, TJC, UCAOA</td>
</tr>
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</table>

**Behavioral Health**

<table>
<thead>
<tr>
<th>Facility Type (Behavioral Health Care)</th>
<th>Acceptable Accrediting Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Care Hospital—Psychiatric Disorders</td>
<td>CTEAM, DNV/NIAHO, TJC, HFAP</td>
</tr>
<tr>
<td>Acute Inpatient Hospital—Chemical</td>
<td>HFAP, NIAHO, TJC</td>
</tr>
</tbody>
</table>
Dependency/Detoxification and Rehabilitation

<table>
<thead>
<tr>
<th>Facility Type</th>
<th>Acceptable Accrediting Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Family Care Homes (AFCH)</td>
<td>ACHC, TJC</td>
</tr>
<tr>
<td>Adult Foster Care</td>
<td>ACHC, TJC</td>
</tr>
<tr>
<td>Community Mental Health Centers (CMHC)</td>
<td>AAAHC, CARF, CHAP, COA, HFAP, TJC</td>
</tr>
<tr>
<td>Crisis Stabilization Unit</td>
<td>TJC</td>
</tr>
<tr>
<td>Intensive Family Intervention Services</td>
<td>CARF</td>
</tr>
<tr>
<td>Intensive Outpatient – Mental Health and/or Substance Abuse</td>
<td>ACHC, DNV/NIAHO, TJC, COA, CARF</td>
</tr>
<tr>
<td>Outpatient Mental Health Clinic</td>
<td>HFAP, TJC, CARF, CHAP, COA</td>
</tr>
<tr>
<td>Partial Hospitalization/Day Treatment—Psychiatric Disorders and/or Substance Abuse</td>
<td>CARF, DNV/NIAHO, HFAP, TJC, for programs associated with an acute care facility or Residential Treatment Facilities.</td>
</tr>
<tr>
<td>Residential Treatment Centers (RTC) – Psychiatric Disorders and/or Substance Abuse</td>
<td>CARF, COA, DNV/NIAHO, HFAP, TJC</td>
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</table>

Rehabilitation

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<thead>
<tr>
<th>Facility Type (Behavioral Health Care)</th>
<th>Acceptable Accrediting Agencies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Inpatient Hospital – Detoxification Only Facilities</td>
<td>DNV/NIAHO, HFAP, TJC</td>
</tr>
<tr>
<td>Behavioral Health Ambulatory Detox</td>
<td>CARF, TJC</td>
</tr>
<tr>
<td>Methadone Maintenance Clinic</td>
<td>CARF, TJC</td>
</tr>
<tr>
<td>Outpatient Substance Abuse Clinics</td>
<td>CARF, COA, TJC</td>
</tr>
</tbody>
</table>

Quality Improvement Program

Quality Improvement Program Overview

“Together, we are transforming health care with trusted and caring solutions.” We believe health care is local, and Empire has the strong local presence required to understand and meet customer needs. Our Plan is well positioned to deliver what customers want: innovative, choice-based products; distinctive service; simplified transactions; and better access to information for quality care. Our local Plan presence and broad expertise create opportunities for collaborative programs that reward Providers and Facilities for clinical quality and excellence. Providers and Facilities must cooperate with Quality Improvement activities. Our commitment to health improvement and care management provides added value to customers and health care professionals – helping improve both health and health care costs for those Empire serves. Empire takes a leadership role to improve the health of communities, and is helping to address some of health care’s most pressing issues. The Quality Improvement (“QI”) Program Description defines the quality infrastructure that supports Empire’s QI strategies.

- The QI Program Description establishes QI Program governance, scope, goals, measurable objectives, structure, and responsibilities encompassing the quality of medical and behavioral health care and services provided to Covered Individuals.
- Annually, a QI Work Plan is developed and implemented which reflects ongoing progress made on QI activities during the year. The QI Work Plan includes the Plan’s approach to patient safety
and improving medical and behavioral health care: quality of clinical care, safety of clinical care, and quality of service.

- The QI Evaluation assesses outcomes of the Plan’s medical and behavioral health care programs, processes and activities. The QI Evaluation also evaluates how the QI Program goals and objectives were met.

Information on Empire’s QI Program and most current outcomes can be found on empireblue.com > Providers & Facilities > Enter> Health & Wellness > Quality Improvement and Standards.

**Goals and Objectives**

The following QI Program goals and objectives have been adopted to support Empire’s vision and values and to promote continuous improvement in quality care, patient safety, and quality of service to Covered Individuals, Providers and Facilities:

- To develop and maintain a well-integrated system to continuously identify, measure, assess, and help improve clinical and service quality outcomes through standardized and collaborative activities.
- To respond to the needs and expectations of internal and external customers by evaluating performance and taking action relative to meeting those needs and expectations including compliance with regulatory requirements, accreditation standards, and policies and procedures.
- To promote processes that reduce medical errors and improve patient safety by implementing Covered Individual-focused, practitioner/provider initiatives, and safety initiatives.
- To identify the educational needs of Covered Individuals, practitioners, and other health care professionals including behavioral health practitioners and providers.
- To identify health disparities trends for Covered Individuals based on key clinical quality metrics, evidence-based research, or Covered Individual experience metrics to inform response needs with appropriate culturally and linguistically enhanced services.
- To help maximize health status, improve health outcomes, and reduce health care costs of Covered Individuals through effective Case Management and Disease Management programs addressing complex care needs.

As part of the QI Program, initiatives in these major areas include, but are not limited to:

**Quality and Safety of Clinical Care**

- **Chronic Disease and Prevention:** Empire focuses on Covered Individual and/or Provider/Facility outreach for chronic conditions like asthma, heart disease, diabetes, and COPD, and for preventive health services such as immunizations and cancer screenings. Improvements in these areas result in improved clinical measures such as HEDIS® (Healthcare Effectiveness Data and Information Set)².
- **Behavioral Health Case Management:** A program designed to provide a comprehensive and integrated approach to early identification, appropriate treatment, intensive case management, and individualized recovery support for Covered Individuals with complex, behavioral health conditions who are at risk for negative outcomes and high costs.
- **Community Health:** Empire addresses public health priorities including behavioral health, cancer, diabetes, maternal/child health, obesity, patient safety, and smoking cessation by collaborating with key stakeholders in the industry. These focus areas are aligned with the Empire Foundation’s...
goals, measured through State Health Index (SHI) to assess performance trend and improvement opportunities. Programs recently developed include:

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<thead>
<tr>
<th>Program Description</th>
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<tbody>
<tr>
<td>Web-based resources for managers to support employees' healthy return to work after cancer treatment. <em>(Work Plan Transitions for People Touched by Cancer)</em></td>
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<tr>
<td>Smoking Cessation Program that helps to reduce smoking, as well as, premature and underweight births. <em>(Baby &amp; Me - Tobacco Free)</em></td>
</tr>
<tr>
<td>Digital magazine featuring free resources available to all people touched by cancer. <em>(Stronger Together)</em></td>
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<tr>
<td>Diabetes program that promotes successful aging through lifelong learning, healthy living and social engagement in collaboration with the National Council on Aging (NCOA), the Oasis Institute, and YMCA. <em>(Better Choices Better Health)</em></td>
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- **Disease Management**: The ConditionCare programs are designed to help maximize health status, improve health outcomes, and reduce health care costs of Covered Individuals diagnosed with Asthma (pediatric and adult), Diabetes (Type 1 and Type 2, pediatric and adult), Coronary Artery Disease (CAD), Heart Failure (HF) and Chronic Obstructive Pulmonary Disease (COPD). These disease management programs were created and developed based on recent versions of nationally accepted evidence-based clinical practice guidelines. These guidelines are reviewed at least every two (2) years, and program interventions and protocols are updated accordingly.

- **Health & Wellness**: Programs offer a seamless integration of preventive care, wellness, case management, and care coordination to meet the needs of Covered Individuals along the complete continuum of care. Programs include: MyHealth Coach (MHC), MyHealth Advantage (MHA), Neonatal Intensive Care Program, Worksite Wellness, and Healthy Lifestyles.

**Service Quality**

Empire periodically surveys its Covered Individuals, evaluates service performance and quality of care, and strives to provide excellent service to Covered Individuals, Providers and Facilities. Empire analyzes trends to identify service opportunities, and recommends appropriate activities to address root causes.

**Patient Safety**

Patient safety is critical to the delivery of quality health care by Providers and Facilities. Our goal is to work with Providers and Facilities to promote and encourage patient safety and to help reduce medical errors through the use of guidelines, outcomes-based medicine, processes, and systems aimed at reducing errors. Specifically, we will provide support through collaborative efforts with Providers and Facilities for the medical and behavioral health care they provide to Covered Individuals that includes incentives based on quality metrics, public reporting of safety information to employers, Providers, Facilities, and Covered Individuals to emphasize the importance of programs to reduce medical errors, and empowerment of consumers with information to make informed choices. Improvement in patient safety is dependent upon not only patient needs, but also upon informed patients and the global health care community’s demand

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1 HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

**Member Rights and Responsibilities**

The delivery of quality health care requires cooperation between Covered Individuals, their Providers and Facilities and their health care benefit plans. One of the first steps is for Covered Individuals,
Providers and Facilities to understand member rights and responsibilities. Therefore, Empire has adopted a Members’ Rights and Responsibilities statement which can be accessed by going to empireblue.com. Providers & Facilities > Enter > Health & Wellness > Quality Improvement and Standards. If Covered Individuals need more information or would like to contact us, they are instructed to go to anthem.com and select Customer Support, then Contact Us. Or they can call the Member Services number on their ID card.

**Continuity of Care**

Empire’s Medical Management will approve continued care depending upon the benefit plan if the member meets the conditions described below and the provider meets the outlined requirements:

When a member’s PCP or specialist terminates from the plan and the member is receiving an ongoing course of treatment for a disabling, degenerative or life threatening condition, he or she may continue to receive covered treatment from the terminated provider for up to 90 days from the date the member received notice of the termination. After that, the member must choose a network provider. This policy also applies to pregnant women in the second or third trimester when they receive notice of their provider’s termination from the plan. The provider may give covered services, including the delivery and postpartum care directly related to the delivery.

Your participation agreement obligates you to continue to treat patients who are receiving a course of treatment from you at the time your participation terminates. Specifically, you are required to continue treating these patients and to continue accepting the rates applicable under your participation agreement, until the completion of their course of treatment or appropriate transfer to another participating provider. This obligation applies to all products. In no such event shall a physician abandon any patient for any reason.

In all such cases, Empire requires that the non-network provider:

- Meet Empire’s Quality Assurance standards
- Agree to accept as payment in full those payment rates that were in effect when he or she was a participating network provider
- Agree to provide Empire with all necessary information related to the care given to the member
- Agree to adhere to all relevant Empire policies and procedures, including the rules regarding referrals and precertification of certain services.

**Continuity and Coordination of Care**

Empire encourages communication between all physicians, including primary care physicians (PCPs) and medical specialists, as well as other health care professionals who are involved in providing care to Empire Covered Individuals. Please discuss the importance of this communication with each Covered Individual and make every reasonable attempt to elicit permission to coordinate care at the time treatment begins. HIPAA allows the exchange of information between Covered Entities for the purposes of Treatment, Payment and Health Care Operations.

**Continuity of Care/Transition of Care Program**

This program is for Covered Individuals when their Provider or Facility terminates from the network and
new Covered Individuals (meeting certain criteria) who have been participating in active treatment with a provider not within Empire’s network.

Empire makes reasonable efforts to notify Covered Individuals affected by the termination of a Provider of Facility according to contractual, regulatory and accreditation requirement and prior to the effective termination date. Empire also helps them select a new Provider or Facility.

Empire will work to facilitate the Continuity of Care/Transition of Care (COC/TOC) when Covered Individuals, or their covered dependents with qualifying conditions, need assistance in transitioning to in-network Providers or Facilities. The goal of this process is to minimize service interruption and to assist in coordinating a safe transition of care. Completion of Covered Services may be allowed at an in-network benefit and reimbursement level with an out-of-network provider for a period of time, according to contractual, regulatory and accreditation requirements, when necessary to complete a course of treatment and to arrange for a safe transfer to an in-network Provider or Facility.

Completion of Covered Services by a Provider or Facility whose contract has been terminated or not renewed for reasons relating to medical disciplinary cause or reason, fraud or other criminal activity will not be facilitated.

Covered Individuals may contact Customer Care to get information on Continuity of Care/Transition of Care.

**Quality–In–Sights®: Hospital Incentive Program (Q-HIP®)**

The Quality–In–Sights®: Hospital Incentive Program (Q-HIP®) is our performance-based reimbursement program for hospitals. The mission of Q-HIP is to help improve patient outcomes in a hospital setting and promote health care value by financially rewarding hospitals for practicing evidence-based medicine and implementing best practices. Q-HIP strives to promote improvement in health care quality and to raise the bar by moving the bell shaped “quality curve” to the right towards high performance.

Q-HIP measures are credible, valid, and reliable because they are based on measures developed and endorsed by national organizations which may include:

- American College of Cardiology (ACC)
- Center for Medicare and Medicaid Services (CMS)
- Institute for Healthcare Improvement (IHI)
- National Quality Forum (NQF)
- The Joint Commission (JC)
- The Society of Thoracic Surgeons (STS)

In order to align Q-HIP goals with national performance thresholds, the Q-HIP benchmarks and targets are based on national datasets such as the Centers for Medicare and Medicaid Services’ Hospital Compare database. The measures can be tracked and compared within and among hospitals for all patient data – regardless of health plan carrier.

Annual meetings are held with participating hospitals from across the country, offering participants an opportunity to share feedback regarding new metrics and initiatives. Additionally, a National Advisory Panel on Value Solutions (“NAPVS”) was established in 2009 to provide input during the scorecard development process. The NAPVS is made up of patient safety and quality leaders from health systems and academic...
medical centers from across the country and offers valuable advice and guidance as new measures are evaluated for inclusion in the program.

Participating hospitals are required to provide Empire with data on measures outlined in the Q-HIP Manual. Q-HIP measures are based on commonly accepted indicators of hospitals’ quality of care. Participating hospitals will receive a copy of their individual scorecard which shows their performance on the Q-HIP measures.

**Quality Improvement Program Structure**

The ultimate accountability for the management and improvement of the quality of clinical care and service provided to members rests with the Board of Directors (BoD). The BoD delegated authority for the oversight of the QI Program to the Continuous Quality Improvement Committee (CQI).

The Chief Medical Officer chairs the CQI and has overall responsibility for the QI Program. The CMO designates two senior physicians to key roles in the QI program: the Medical Director, Quality; and the Medical Director, Credentialing. The Director of Quality Improvement is responsible for day-to-day implementation of the QI Program.

**Quality Improvement Committee Structure**

The Continuous Quality Improvement Committee is responsible for monitoring and evaluating the Quality Program. Eight subcommittees currently report to this committee.

- Credentialing Committee
- Provider Appeals Panel
- Service Quality Committee
- Clinical Quality Committee
- Utilization Management Committee
- Pharmacy and Therapeutics Committee
- Medical Society Forums
- Delegation Review Committee

**Quality Improvement Program Activities**

The following activities are conducted under the umbrella of our Quality Improvement Program:

- Credentialing and re-credentialing of network providers
- Developing and monitoring practice guidelines for acute and chronic conditions and preventive healthcare (guidelines are chosen based on the demographic and epidemiological profiles of the managed care population)
- Monitoring and evaluating clinical and service trends
- Measuring availability of and accessibility to care and service
- Monitoring medical and behavioral health continuity and coordination of care
- Resolving and tracking complaints, grievances, and appeals from members and providers
- Assessing member and provider satisfaction through the review and analysis of member and provider satisfaction surveys, complaint, grievance, and appeal data
Performance Data

Provider/Facility Performance Data means compliance rates, reports and other information related to the appropriateness, cost, efficiency and/or quality of care delivered by an individual healthcare practitioner, such as a physician, or a healthcare organization, such as a hospital. Common examples of performance data would include the Healthcare Effectiveness Data and Information Set (HEDIS) quality of care measures maintained by the National Committee for Quality Assurance (NCQA) and the comprehensive set of measures maintained by the National Quality Forum (NQF). Provider/Facility Performance Data may be used for multiple Plan programs and initiatives, including but not limited to:

- **Reward Programs** – Pay for performance (P4P), pay for value (PFV) and other results-based reimbursement programs that tie Provider or Facility reimbursement to performance against a defined set of compliance metrics. Reimbursement models include but are not limited to shared savings programs, enhanced fee schedules and bundled payment arrangements.
- **Recognition Programs** – Programs designed to transparently identify high value Providers and Facilities and make that information available to consumers, employers, peer practitioners and other healthcare stakeholders.

Patient Center Primary Care Program (PCPC)

Today, the fundamental issue in health care is how to improve quality while reducing costs. Much of health care delivery is fragmented and episodic with no clear way to improve patient health. We believe the doctor-patient relationship is the most important in health care. It is key to improving quality and outcomes and, subsequently, lowering costs. Therefore, we are making a significant investment in primary care to help doctors do what they do best: manage all aspects of their patients’ care.

Our new Patient Centered Primary Care Program will increase revenue opportunities for primary care physicians, enhance information sharing, and provide care management support from Empire clinical staff.

For more information on PCPC, please contact your Network Management Consultant or visit our website at empireblue.com.

Overview of HEDIS

HEDIS (Healthcare Effectiveness Data and Information Set) is a set of standardized performance measures used to compare the performance of managed care plans and physicians based on value rather than cost. HEDIS is coordinated and administered by NCQA and is one of the most widely used sets of health care performance measures in the United States. Empire’s HEDIS Quality Team is responsible for collecting clinical information from Provider offices in accordance with HEDIS specifications. Record requests to Provider offices begin in early February and Empire requests that the records be returned within 5 business days to allow time to abstract the records and request additional information from other Providers, if needed. Health plans use HEDIS data to encourage their contracted providers to make improvements in the quality of care and service they provide. Employers and consumers use HEDIS data to help them select the best health plan for their needs. More information on HEDIS can be found online at empireblue.com > Providers & Facilities > Enter> Health & Wellness >Quality Improvement and Standards> HEDIS Information.
Overview of CAHPS®

CAHPS® (Consumer Assessment of Healthcare Providers and Systems) surveys represent an effort to accurately and reliably capture key information from Empire’s Covered Individuals about their experiences with Empire’s health plans in the past year. This includes the Covered Individual’s access to medical care and the quality of the services provided by Empire’s network of Providers. Empire analyzes this feedback to identify issues causing Covered Individual dissatisfaction and works to develop effective interventions to address them. Empire takes this survey feedback very seriously.

Health Plans report survey results to NCQA, which uses these survey results for the annual accreditation status determinations and to create National benchmarks for care and service. Health Plans also use CAHPS® survey data for internal quality improvement purposes.

Results of these surveys are shared with Providers annually via Network Update, our provider newsletter, found on Empire’s Provider website at empireblue.com, so they have an opportunity to learn how Empire Covered Individuals feel about the services provided. Empire encourages Providers to assess their own practice to identify opportunities to improve patients’ access to care and improve interpersonal skills to make the patient care experience a more positive one.

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Clinical Practice Guidelines

Empire considers clinical practice guidelines to be an important component of health care. Empire adopts nationally recognized clinical practice guidelines, and encourages physicians to utilize these guidelines to improve the health of our Covered Individuals. Several national organizations such as, National Heart, Lung and Blood Institute, American Diabetes Association and the American Heart Association, produce guidelines for asthma, diabetes, hypertension, and other conditions. The guidelines, which Empire uses for quality and disease management programs, are based on reasonable medical evidence. We review the guidelines at least every two years or when changes are made to national guidelines for content accuracy, current primary sources, new technological advances and recent medical research.

Providers can access the up-to-date listing of the medical, preventive and behavioral health guidelines at empireblue.com > Provider & Facilities > Enter > Health and Wellness tab > Practice Guidelines > Clinical Practice Guidelines.

Preventive Health Guidelines

Empire considers prevention an important component of health care. Empire develops preventive health guidelines in accordance with recommendations made by nationally recognized organizations and societies such as the American Academy of Family Physicians (AAFP), the American Academy of Pediatrics (AAP), the Advisory Committee on Immunizations Practices (ACIP), the American College of
Obstetrics and Gynecology (ACOG) and the United States Preventive Services Task Force (USPSTF). The above organizations make recommendations based on reasonable medical evidence. We review the guidelines annually for content accuracy, current primary sources, new technological advances and recent medical research and make appropriate changes based on this review of the recommendations and/or preventive health mandates. We encourage physicians to utilize these guidelines to improve the health of our Covered Individuals.

The current guidelines are available on our website. To access the guidelines, go to empireblue.com > Providers & Facilities > Enter > Health and Wellness > Practice Guidelines > Preventive Health Guidelines.

With respect to the issue of coverage, each Covered Individual should review his/her Certificate of Coverage and Schedule of Benefits for details concerning benefits, procedures and exclusions prior to receiving treatment. The Certificate of Coverage and/or Schedule of Benefits supersedes the preventive health guidelines.

Medical Record Standards

Empire recognizes the importance of medical record documentation in the delivery and coordination of quality care. Empire has medical record standards that require Providers and Facilities to maintain medical records in a manner that is current, organized, and facilitates effective and confidential medical record review for quality purposes.

For more information on Medical Record standards, please go to empireblue.com > Providers & Facilities > Enter > Health and Wellness > Quality Improvement and Standards > Medical Record Review.

- Each Member will have a separate medical record
- Each medical record will verify that the PCP coordinates and manages care
- The retention period for medical records shall be retained for a period of six (6) years after the date of service, and in the case of a minor, for three (3) years after majority or six (6) years after the date of service, whichever is later
- For Medicare Advantage members, the retention period for medical records shall be retained for a period of ten
  (10) years after the date of service,
- Prenatal Care – Physician will need to maintain a centralized medical record for the provision of prenatal care and all other related services

Additional Medical Record requirements are outlined in Chapter 11 Quality Management Program.

Managed Care Reporting

The Healthcare Effectiveness Data and Information Set (HEDIS®) and Quality Assurance Reporting Requirements (QARR) measure performance on important aspects of preventive, acute and chronic healthcare issues. Empire collects and reports these measures annually.

Why Empire collects this data:
• Empire uses HEDIS/QARR results to measure its performance on important aspects of preventive, acute and chronic care.
• The performance measures in HEDIS are related to significant public health issues such as cancer, diabetes, smoking and heart disease.
• In addition to clinical measures, HEDIS also includes a standardized survey of consumers’ experiences that evaluates plan performance in areas such as customer service, access to care and claims processing.
• Empire annually compares its HEDIS/QARR rates to the regional and national benchmarks to evaluate its performance and identify opportunities for improvement of the quality of care its members receive and to address the needs of its members along the health continuum.

How you can help?

Physicians play an integral role in promoting the health of Empire’s members. We realize the data collection process can be time-consuming, but your efforts assist us in assuring that all Empire members receive the appropriate preventive health interventions. To assist us in accurately capturing the data, please...

• document recommended services in a patient’s medical record (i.e., mammogram screenings, cervical cancer screenings, colon cancer screenings, and immunizations). If the member has declined the recommendation, please include this information in your documentation as well. This will allow us to target our interventions more appropriately.
• document the outcomes of any specialist referrals.
• encourage members to provide you with the name of any specialists that they may have seen without a referral. This will help us ensure continuity and coordination of care and obtain additional information from the specialists.
• take time to review a medical record when it is requested by Empire for clinical information and please provide Empire with the requested information.
• submit claims in a timely manner.

Empire’s HEDIS/QARR results are available on Empire’s website at empireblue.com.

HEDIS®¹ is a registered trademark of the National Committee for Quality Assurance (NCQA)

Records, Maintenance, Availability, Inspection and Audit

Medical Record Guidelines
Consistent and complete documentation in the medical record is an essential component of quality patient care. Medical records at primary care offices must be reflective of all services performed by the primary care practitioner (PCP), all ancillary and diagnostic tests ordered by a practitioner, and all services for which a member has been referred to another provider by a PCP (see coordination of care). The organization’s medical record review is based on the best judgment of the reviewer against these medical records standards. Any patterns or trends are also taken into consideration prior to arriving at the final score. In addition, the organization gives practices the opportunity to make sure that all documentation is provided to the organization before a final score is determined.

The following ratings are used to indicate the % of time the standards are documented in the medical record:
To help ensure that medical records are maintained in a manner which is current, detailed, legible and organized for the organization’s members who are treated by a health care practitioner, the following Performance Standards are employed:

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<thead>
<tr>
<th>Performance Goal</th>
<th>The organization’s documentation standards will be met in all medical records.</th>
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<tbody>
<tr>
<td>Access and Availability</td>
<td>Practitioner/practice sites shall maintain organized records in such a manner that permits timely and easy retrieval of patient information for each patient/practitioner encounter or, upon request, by other legitimate users.</td>
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<tr>
<td>Confidentiality</td>
<td>Patient care offices or sites shall meet or exceed state and federal confidentiality requirements, including HIPAA and are expected to have implemented mechanisms that guard against unauthorized or inadvertent disclosure of confidential information. Records must be stored securely with only authorized personnel having access to the medical records. Patient care offices must ensure that the staff receives periodic training in confidentiality of member information. Medical records should be kept in a secure environment, away from public access, that allows access by authorized personnel only. Patient care offices or sites should be able to provide the organization, upon request, a written Policy and Procedure for the Release of Patient Information that demonstrates confidentiality of all patient information in accordance with applicable state and federal laws and evidence of continued training of office staff on confidentiality.</td>
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**Documentation Standards**

The following standards will be met in the medical records at least 85% of the time:

| Patient Identification | • Patient name or ID number (identification number) on all pages  
|                        | • Personal/biographical information (i.e., date of birth, patient address, employer, home/ work telephone number(s) and  
|                        | • Patient’s ethnicity is documented on an intake form or with biographical information |
### Overall Quality of Medical Records

**All medical record entries:**
- Are signed or co-signed
- Are dated
- Are legible
- History of current medical conditions are noted and dated
- Past medical history noted, easily identifiable, and includes serious accidents, operations, and illnesses for members having at least three (3) visits.
- Health maintenance is noted. Problem list is updated as necessary
- Medication list (includes both current and PRN medication) is updated as necessary. BMI, nutrition, exercise, symptoms of depression, tobacco use, alcohol use, substance use, and sexual activity are noted for patients 14 years and older.
- Physical exams are documented
- Clinical findings and evaluation for each visit is documented
- Documentation of advance directive discussion in a prominent part of the medical record for adult patients who are Medicare Advantage members; and documentation on whether or not a patient has executed an advance directive with a copy to be included in the medical record. We encourage providers to maintain documentation of advance directive discussions and copies of executed advance directives in patients’ files for other members.

### Allergies/Adverse Reactions

- Medication allergies and adverse reactions are prominently noted and dated in the record. If no known allergies, NKA or NKDA is noted.

### Continuity and Coordination of Care

#### Labs/tests:
- Results of all ancillary services and diagnostic tests or studies ordered by a practitioner are reviewed by the PCP. They may be initialed or a note indicating the lab work was reviewed may be present in the progress/office note.
- Indication that the patient has been notified of abnormal test or lab results and explicit follow-up plans for all abnormal labs or test results.

#### Consults:
- Consultant’s reports or documentation of discussions with consulting physicians should be in the medical record.
- The consultant’s reports and/or specialty care providers summary has been reviewed by the provider. They may be initialed or a note indicating the summary was reviewed may be present in the progress/office note.
- Encounter forms or notes have a notation, when indicated, regarding follow-up care, calls, or visits. The specific time of return is noted in weeks, months, or PRN.
- There is a notation of any instructions/education given to patients regarding follow-up visits, care, treatment, or medication schedules, and diagnostic and therapeutic services where members are referred for services.
- Home health nursing reports
- Specialty physician reports
- Hospital discharge reports
- Outpatient/ambulatory surgery reports
Immunization Record
- Childhood, adolescent and adult immunizations per the Organization’s Preventive Health Guidelines

Lead Screening
- Lead screening per state requirements and at the physicians discretion based on community or individual risks

Preventive Services
- There is evidence of required age-specific preventive screenings based on approved practice guidelines and State Requirements.

Administrative Follow Up

**Review Results**
Written results of the medical record review will be provided the day of the audit for on-site reviews. The practitioner/office must meet a performance goal of 85%.

A written summary will be sent to all practitioners/offices within fifteen (15) business days of completion of the review for records mailed/faxed to the Plan. Any identified deficiencies will be noted in the letter in order for the office to implement improvement plans.

**Medical Record Improvement Plan**
For those offices that score 66%-84%, education will be provided on areas that require improvement in documentation. The Plan can make available medical record keeping tools and provide counseling on medical record standards or prevention monitoring. A medical record review will be conducted within six (6) to twelve (12) months.

**Follow-up to Medical Record Quality Improvement Plan**
Those practice sites that score 65% or below will be required to submit a Quality Improvement Plan (QIP) detailing how they will address the identified deficiencies. The QIP will be reviewed by the Plan, and a medical record review will be conducted again within six (6) to twelve (12) months.

Those practices that, upon re-review, fail to take appropriate actions to improve their medical record keeping practices will be referred to the organization’s Medical Director.

For additional information on the Medical Record Standards, please refer to the Quality Management Chapter.

**Medical Record Review**
Your compliance with these standards is assessed through medical record audits. These audits are conducted annually by nurses from our Quality Department and individual scores are communicated to the physician. Empire has set a minimum compliance threshold of 85 percent for these standards. All physicians are expected to achieve or surpass this threshold score. Any physician scoring below this threshold will be reviewed again within a year. If the physician scores below this threshold on two consecutive reviews he/she will be referred to Empire’s Credentialing Committee for evaluation. Possible actions by the Credentialing Committee may include educational efforts, focused reviews, and in some cases, termination from Empire’s physician network.

- The review of medical records may also be done for one or more of the following, when applicable: Follow-up on prior review findings or corrective action plan
- HEDIS/QARR quality improvement studies
• Investigation of quality of care complaints
• Sentinel Event review

All physicians are required to participate in Empire’s Quality and Medical Management Programs to meet New York State Department of Health, federal and regulatory requirements. Physicians are obligated by contract to allow inspection, auditing, and duplication of medical records during quality improvement, medical management, and peer or grievance reviews. Empire, or a designated representative, will request submission of medical records in connection with such reviews. PCPs are also required to assist in the orderly transfer of medical records when a patient changes his or her primary care physician.

If you have any question regarding the medical record documentation standards or the quality improvement process in general, contact Empire Physician Services at 1-800-552-6630, 8:30 a.m. to 5:00 p.m. EST, Monday to Friday.

Network Participation Termination and Appeals

Purpose and Goal
The Network Practitioner Termination and Appeals Policy and Procedure is designed to define the criteria by which Empire evaluates certain managed healthcare practitioners participating in our network for possible termination or other actions, as necessary.

Policy Statement
Empire contracts with various practitioners so that it can offer quality, accessible, cost-efficient healthcare to its managed care network members. Empire monitors the care provided by the practitioners participating in our network and re-credentials them every three years to ensure that such healthcare is being rendered.

Participation Termination and Appeals
Certain circumstances, including but not limited to, professional misconduct of a participating practitioner within our managed care network may require Empire to take certain actions with respect to the practitioner’s participation in the network. Actions may include termination of the practitioner’s network participation privileges, as set forth below.

A. Voluntary Terminations
   • All providers who wish to terminate their contractual relationship with Empire must abide by the terms of the provider agreement, including but not limited provisions concerning notice and continuation of care (See Chapter 1 - Continuity of Care)

B. Non-Renewals
   • Empire may elect to non-renew a provider’s agreement and will provide notice of non-renewal in accordance with the terms of the provider agreement. Please note that non-renewal is not considered a termination under New York Public Health Law 4406-d.

C. Immediate Terminations
   • Immediate Terminations can occur in the following instances:
Sanctioned, debarred or excluded from participation in any of the following programs: Medicare, Medicaid or Federal Employee Health Benefit Plan.

- A determination that the conduct of a participating practitioner in our managed care network poses the threat of imminent harm to the health of network members;
- A finding that a participating practitioner in our managed care network has perpetrated an act of fraud; or
- A final disciplinary action by a state licensing board or other governmental agency that impairs the ability of a participating practitioner in our managed care network to practice.

- In the above cases, the participating practitioner in our managed care network will be immediately terminated from all managed care networks and will not be eligible for hearing.

D. Administrative Terminations

- These can occur when an administrative issue arises with respect to a participating practitioner in our managed care network and may include, but is not limited to, noncompliance with Empire’s policies and procedures, such as Empire’s Advance Patient Notice policy (APN). Please see below for hearing procedures.

E. Hearings:

- If Empire proposes to terminate a health care professional’s agreement and that health care professional is entitled to a hearing under New York law, the following process shall apply:
  - The termination notice shall include:
    - The reason(s) for the proposed termination and
    - Notice that the health care professional has the right to request a hearing or review, at the health care professional’s discretion, before a panel appointed by Empire;
    - A statement that the health care professional has 30 days to request a hearing; and
    - A statement that Empire will schedule a hearing date within thirty days after the date of its receipt of a request for a hearing.

A health care professional’s failure to submit a request for a hearing within 30 days will be deemed a waiver of any hearing rights. The proposed contract termination will become final and you will not be afforded any additional appeal rights.

The hearing panel will be comprised of a minimum of three persons, of whom at least one-third will be a clinical peer in the same discipline and the same or similar specialty as the health care professional. The panel can consist of more than three persons, provided the number of clinical peers constitutes one-third or more of the total membership. The hearing panel will render a decision in a timely manner. Decisions will include one of the following and will be provided in writing to the provider: reinstatement; provisional reinstatement with conditions set forth by Empire, or termination. Decisions of termination shall be effective not less than 30 days after the receipt by the health care professional of the hearing panel’s decision. In no event shall determination be effective earlier than 60 days from receipt of the notice of termination.
F. Limitation on Terminations

- A practitioner’s network participation privileges will not be terminated due to any of the following reasons:
  - Advocating on behalf of a member
  - Filing a complaint against Empire
  - Appealing a decision by Empire
  - Providing information or filing a report that Empire engaged in conduct prohibited pursuant to Section 4406-c of the Public Health Law Requesting a hearing or review

Appeals Process
Empire has established policies for monitoring and re-credentialing participating providers inclusive of HDO’s who seek continued participation in one or more of Empire’s networks. Information reviewed during this activity may indicate that the professional conduct and competence standards are no longer being met, and Empire may wish to terminate providers. Empire also seeks to treat participating and applying providers fairly, and thus provides participating providers with a process to appeal determinations terminating participation in Empire’s networks for professional competence and conduct reasons, or which would otherwise result in a report to the National Practitioner Data Bank (NPDB). Additionally, Empire will permit providers (including HDO’s) who have been refused initial participation the opportunity to correct any errors or omissions which may have led to such denial (Informal/ Reconsideration only). It is the intent of Empire to give practitioners the opportunity to contest a termination of the practitioner’s participation in one or more of Empire’s networks or programs and those denials of request for initial participation which are reported to the NPDB that were based on professional competence and conduct considerations. Immediate terminations may be imposed due to the practitioner’s suspension or loss of licensure, criminal conviction, or Empire’s determination that the practitioner’s continued participation poses an imminent risk of harm to Empire’s members. A practitioner whose license has been suspended or revoked has no right to Informal Review/Reconsideration or Formal Appeal.

Reporting Requirements
When Empire takes a Professional Review Action with respect to a professional provider’s participation in one or more Empire networks, Empire may have an obligation to report such to the NPDB and/or HIPDB. Once Empire receives a verification of the NPDB report, the verification report will be sent to the state licensing board. The credentialing staff will comply with all state and federal regulations in regard to the reporting of adverse determinations relating to professional conduct and competence. These reports will be made to the appropriate, legally designated agencies. In the event that the procedures set forth for reporting reportable adverse actions conflict with the process set forth in the current National Practitioner Data Bank (NPDB) Guidebook and the Healthcare Integrity and Protection Data Bank (HIPDB) Guidebook, the process set forth in the NPDB Guidebook and the HIPDB Guidebook will govern.

Cultural Diversity

Cultural Diversity Overview
Empire identifies health disparity trends for Covered Individuals based on key clinical quality metrics, evidence-based research, or member experience metrics and conducts research on best practices to help educate Providers, Facilities and others about how to reduce health disparities. Specifically, Empire:
1. Monitors the quality of health care for actionable health and health care disparities trends
   a. Identifies clinical and geographic areas exhibiting health and health care disparities and designs appropriate interventions to help close the disparity gaps
   b. Establishes baseline data and measures/evaluates the results of program interventions
   c. Supports Covered Individual access to equitable treatment, standards of care and services based on their Plan benefits

2. Promotes Culturally and Linguistically Appropriate Services (“CLAS“)
   a. Offers education, tools and subject matter expertise to Providers and Facilities that may help them achieve the shared goal of providing quality care and service equally to their patients
   b. Facilitates cultural competency of Empire associates to meet the Covered Individuals’ needs for culturally sensitive, linguistically appropriate care and service
   c. Offers education, tools and subject matter expertise to Covered Individuals that may help them improve their health literacy, allowing better communication with their doctors and Empire about their health care and service

3. Develops programs to help improve health status and outcomes
   a. Promotes consumer-centered care that addresses the Covered Individuals’ values, needs and preferences in reaching optimal health care and outcomes standards
   b. Supports communities in which Empire does business with cultural and linguistic programs and services
   c. Collaborates with other industry and government efforts to help reduce and eliminate health disparities

Empire strives to promote the Department of Health and Human Services Office of Minority Health’s National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (the National CLAS standards). [https://www.thinkculturalhealth.hhs.gov/clas/standards](https://www.thinkculturalhealth.hhs.gov/clas/standards)

**Learning Opportunities**

Empire recognizes that Providers and Facilities can encounter challenges when delivering health care services to a diverse population. Those challenges arise when Providers and Facilities need to cross a cultural divide to treat patients who may have different behaviors, attitudes, and beliefs concerning health care.

In response, Empire offers online educational experiences for providers – e.g., “Moving Toward Equity in Asthma Care.”

Built upon extensive research and data analytics, the experience offers 1 hour of Continuing Medical Education (“CME”) credit through the American Academy of Family Physicians, and includes scenarios that fulfill the following learning objectives:

- Describe common racial and ethnic asthma disparities – and their effects on diverse patients’ ability to successfully control their asthma.
- Describe ways providers may unknowingly contribute to poor asthma care for diverse populations.
- Explain ways providers can improve the quality of asthma care to enhance outcomes among African Americans, Hispanic and Asian patients.
- Explain the importance of using spirometry to assess the severity of asthma accurately.
- Explain the concept of “unconscious bias.”
A “Resources” section contains additional information on asthma disparities, as well as culturally relevant asthma materials to print and share with diverse patients.

The experience was developed in an effort to address the substantial gaps in asthma care and outcomes for diverse populations.

Primary Audiences include: Physicians (Family Practice, Pediatrician, Pulmonologist, Allergist Immunologist), Nurse Practitioners, Registered Nurse (RN), Licensed Vocational Nurse (LVN), and Licensed Practical Nurse (LPN).

The course is available at www.anthem.com/asthma.equity (on demand) and is accessible from any mobile device, laptop, or desktop computer. Users must have access to Internet Explorer (9 or later), Google Chrome (38 or later), Safari (5 or later), Mozilla Firefox (32 or later).

In addition, a Toolkit, called "Caring for Diverse Populations," was developed to give Providers’ and Facilities specific tools for breaking through cultural and language barriers in an effort to better communicate with their patients. Sometimes the solution is as simple as finding the right interpreter for an office visit. Other times, a greater awareness of cultural sensitivities can open the door to the kind of interaction that makes treatment plans most effective: Has the individual been raised in a culture that frowns upon direct eye contact or receiving medical treatment from a member of the opposite sex? Is the individual self-conscious about his or her ability to read instructions?

This toolkit gives Providers and Facilities the information needed to answer those questions and continue building trust. It will enhance Providers and Facilities’ ability to communicate with ease, talking to a wide range of people about a variety of culturally sensitive topics. And it offers cultural and linguistic training to office staff so that all aspects of an office visit can go smoothly.

We strongly encourage Providers and Facilities to access the complete toolkit:

http://bridginghealthcaregaps.com/

The toolkit contents are organized into the following sections:

**Improving Communications with a Diverse Patient Base**
- Encounter tips for Providers and their clinical staff
- A memory aid to assist with patient interviews
- Help in identifying literacy problems

**Tools and Training for Your Office in Caring for a Diverse Patient Base**
- Interview guide for hiring clinical staff who have an awareness of cultural competency issues
- Availability of Medical Consumerism training for health educators to share with patients

**Resources to Communicate Across Language Barriers**
- Tips for locating and working with interpreters
- Common signs and common sentences in many languages
- Language identification flashcards
- Language skill self-assessment tools
Primer on How Cultural Background Impacts Health Care Delivery

- Tips for talking with people across cultures about a variety of culturally sensitive topics
- Information about health care beliefs of different cultural backgrounds

Regulations and Standards for Cultural and Linguistic Services

- Identifies important legislation impacting cultural and linguistic services, including a summary of the “Culturally and Linguistically Appropriate Services” (“CLAS”) standards which serve as a guide on how to meet these requirements.

Resources for Cultural and Linguistic Services

- A bibliography of print and Internet resources for conducting an assessment of the cultural and linguistic needs of a practice’s patient population
- Staff and physician cultural and linguistic competency training resources
- Links to additional tools in multiple languages and/or written for limited English proficiency

The toolkit contains materials developed by and used with the permission of the Industry Collaboration Effort (“ICE”) Cultural and Linguistics Workgroup, a volunteer, multi-disciplinary team of providers, health plans, associations, state and federal agencies, and accrediting bodies working collaboratively to improve health care regulatory compliance through public education. More information on the ICE Workgroup may be obtained on the ICE Workgroup website: http://www.iceforhealth.org/home.asp

Creating an LGBT-Friendly Practice: Bridging Multicultural Health Care Gaps

What you may not know about your Lesbian, Gay, Bisexual, or Transgender (“LGBT”) patients may be putting their health at risk. Studies have shown that many LGBT patients fear they will be treated differently in health care settings and that this fear of discrimination prevents them from seeking primary care. Empire joins you in striving for the best clinical outcomes for everyone, including LGBT populations. That’s why Empire has created an online experience that provides strategies, tools, and resources to Providers and Facilities interested in attracting or maintaining an LGBT patient panel. Hopefully, as a result of increasing LGBT-friendly practices, we will see an increase in primary care and prevention among LGBT patients. Like you, Empire strives to meet the needs of our diverse membership and upholds access to consistently high quality standards across our networks. We believe that by offering our Providers and Facilities these types of experiences, we can help keep all our Covered Individuals healthy. In addition, this online experience reinforces our commitment to equality for our LGBT Covered Individuals as referenced in our Provider and Facility contractual non-discrimination provisions.

Visit the provider pages online at www.empireblue.com/lgbt for free 24/7 access to the experience – either via your computer, tablet or smartphone. You will gain an increased understanding of how to create an LGBT-friendly practice, which may improve the health of your patients. Approved for 1 AAFP Prescribed credit, which is equivalent to AMA PRA Category 1 Credit™.
Member Health and Wellness Programs

Empire seeks to improve the lives of the Covered Individuals we serve. Empire provides a unique blend of health and wellness programs to help Covered Individuals reach their total well-being goals. A quick overview of the programs and services Empire offers is available by going to the empireblue.com> Select Health and Wellness in the center of the page.

Centers of Medical Excellence

Empire currently offers access to Centers of Medical Excellence (“CME”) programs in solid organ and blood/marrow transplants, bariatric surgery, cardiac care, complex and rare cancers, maternity, spine surgery, and knee/hip replacement surgery. As much of the demand for CME programs has come from National Accounts, most of our programs are developed in conjunction with the Blue Cross and Blue Shield Association (“BCBSA”) and other Blue plans to ensure adequate geographic coverage. The BCBSA refers to its designated CME hospitals as Blue Distinction Centers for Specialty Care™ (“BDC”). Using objective information and input from the medical community, the BCBSA has designated hospitals as Blue Distinction Centers that offer high level expertise in the areas that matter to you – quality, safety and, in the case of Blue Distinction Centers+, efficiency.

For transplants, Covered Individuals also have access to the Centers of Medical Excellence Transplant Network. The CME designation is awarded to qualified programs by a panel of national experts currently practicing in the fields of solid organ or marrow transplantation representing transplant centers across the country. Each Center must meet CME participation requirements and is selected through a rigorous evaluation of clinical data that provides insight into the Facility's structures, processes, and outcomes of care. Current designations include the following transplants: autologous/allogeneic bone marrow/stem cell, heart, lung, combination heart/lung, liver, kidney, simultaneous kidney/pancreas and pancreas.

For both the BDC and CME programs, selection criteria are designed to evaluate overall quality, providing a comprehensive view of how the facility delivers specialty care. More information on our programs can be accessed online Empireblue.com > Providers & Facilities > Enter > Health & Wellness > Centers of Medical Excellence.

Transplant
- Blue Distinction Centers for Transplant™ (“BDCT”) launched in 2006.
- More than 122,276 people in the United States were registered for organ donations from one of the nation’s approximately 800 transplant programs in 2015.
- Blue Distinction Centers and Blue Distinction Centers+ for Transplants have demonstrated their commitment to quality care, resulting in better overall outcomes for transplant patients. Each facility meets stringent clinical criteria, established in collaboration with expert physicians’ and medical organizations’ recommendations**, including the Center for International Blood and Marrow Transplant Research (“CIBMTR”), the Scientific Registry of Transplant Recipients (“SRTR”), and the Foundation for the Accreditation of Cellular Therapy (“FACT”), and is subject to periodic re-evaluation as criteria continue to evolve. Both Blue Distinction Centers and Blue Distinction Centers+ for Transplants help simplify the administrative process involved in this complex care so that patients, their families, and physicians can focus on the medical issues.
• Hospitals receiving the Blue Distinction Center+ for Transplants designation have met the Blue Distinction Centers’ standards for high quality care while also demonstrating better cost-efficiency relative to their peers.
• The CME Transplant Network is what is called a “wrap-around” network to the BDCT program and offers Covered Individuals access to an additional 60 transplant facilities. When BDCT and CME are combined, Covered Individuals have access to approximately 300 transplant specific programs for heart, lung, combined heart/lung, liver, pancreas, combined kidney/pancreas, and bone marrow/stem cell transplant.

Cardiac Care
• Blue Distinction Centers for Cardiac Care® launched in January 2006.
• According to the Centers for Disease Control and Prevention, the number of adults with a diagnosis of heart disease is 27.6 million, and the percent of adults with diagnosed heart disease is 11.5%. Heart Disease is the #1 Cause of death in the United States.
• Research shows that Blue Distinction Centers and Blue Distinction Centers+ offer high quality and improved outcomes for patients, with lower rates of complications following certain cardiac procedures and lower rates of healthcare associated infections compared with their peers. Blue Distinction Centers+ are also 20 percent more cost-efficient than non-designated hospitals for those same cardiac procedures.
• Blue Distinction Centers and Blue Distinction Centers+ for Cardiac Care provide a full range of cardiac care services, including inpatient cardiac care, cardiac rehabilitation, cardiac catheterization and cardiac surgery (including coronary artery bypass graft surgery).

Bariatric Surgery
• Blue Distinction Centers for Bariatric Surgery® launched in 2008
• According to the National Center for Health Statistics report released in November 2015, prevalence of obesity among adults and youth has grown to more than one-third (36.5%) of U.S. adults who have been diagnosed with obesity, and 32.3% for young adults aged 20-39. Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer, which are some of the leading causes of preventable death.
• Blue Distinction Centers for Bariatric Surgery have demonstrated their commitment to quality care, resulting in better overall outcomes for bariatric patients. Each facility meets stringent clinical criteria, developed in collaboration with expert physicians and medical organizations, including the American Society for Metabolic and Bariatric Surgery (“ASMBS”) and the American College of Surgeons (“ACS”), and is subject to periodic re-evaluation as criteria continue to evolve.
• The 2017 Blue Distinction Centers for Bariatric Surgery program uses updated Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (“MBSAQIP”) accreditation levels, which focus on site of service. With this design change, each facility can apply to achieve the BDC or BDC+ designation, as either a Comprehensive Center (including outpatient capability) or an Ambulatory Surgery Center (“ASC”).

Complex and Rare Cancers
• Blue Distinction Centers for Complex and Rare Cancers® launched in 2008.
• The Blue Distinction Centers for Complex and Rare Cancers program offers access to designated facilities for the treatment of 13 complex and rare cancers including esophageal cancer,
pancreatic cancer, liver cancer, rectal cancer, gastric cancer, bone tumors, soft tissue sarcomas,
brain tumors – primary, non-metastatic malignancies, bladder cancer, thyroid cancer –
medullary or anaplastic, ocular melanoma, and head and neck cancers.

- Complex and Rare Cancers comprise approximately 15 percent of new cancer cases each year.
The Blue Distinction Centers for Complex and Rare Cancers program evaluates facilities on
patient assessment, treatment planning, complex inpatient care and major surgical treatments
for adults; all delivered by teams with distinguished expertise and subspecialty training for
complex and rare cancers. The Blue Cross and Blue Shield Association recognizes that the
majority of patients’ multidisciplinary treatment may be best accomplished by integrating the
expertise available in a Blue Distinction Center with locally available treatment resources,
especially for outpatient chemotherapy and radiotherapy, based on individual circumstances.
Enhanced support of a patient's comprehensive cancer care needs may be achieved by
coordination of care between the patient and their family, local physicians, the Blue Distinction
Center and their local Blue Cross and Blue Shield Plan.

- The Blue Distinction Centers for Complex and Rare Cancers program was developed in
collaboration with the National Comprehensive Cancer Network (“NCCN”), with input from a
panel of nationally recognized clinical experts and utilizing published evidence, where available.

**Spine Surgery**
- Studies confirm that as many as eight out of 10 Americans suffer from some sort of back pain.
Many ways to treat back pain are available, and your doctor can guide you toward the most
appropriate recommendation for your situation. For those with severe and/or chronic back pain,
spine surgery may be a treatment option.
- Research indicates that hospitals designated as Blue Distinction Centers and Blue Distinction
Centers+ for Spine Surgery have fewer complications and fewer hospital readmissions than non-
designated hospitals. Blue Distinction Centers+ for Spine Surgery also deliver care more
efficiently than their peers.
- Blue Distinction Centers and Blue Distinction Centers+ for Spine Surgery provide comprehensive
inpatient spine surgery services, including discectomy, fusion and decompression procedures.
- To date, we have designated hospitals in the majority of states across the U.S.

**Knee and Hip Replacement**
- Blue Distinction Centers for Knee and Hip Replacement™ launched in November 2009.
- Blue Distinction Centers and Blue Distinction Centers+ for Knee and Hip Replacement provide
comprehensive inpatient knee and hip replacement services, including total knee replacement
and total hip replacement surgeries.

**Maternity Care**
- Blue Distinction Centers and Blue Distinction Centers+ for Maternity Care launched in 2016 and
offer access to healthcare facilities with demonstrated expertise and a commitment to quality
care during the delivery episode of care, which includes both vaginal and cesarean section
delivery.
- The Maternity Care designation uses publicly available data from Hospital Compare data which
includes the Early Elective Delivery (PC-01) and elected patient experience measures at the
facility level from Hospital Consumer Assessment of Healthcare Providers and Systems
(“HCAHPS”).
Medicare Advantage Provider Website
Please refer to the Medicare Eligible website online for additional information at
www.empireblue.com/medicareprovider

Medicare Advantage Provider Manuals are available on the Medicare Eligible website referenced above.

- Medicare Advantage HMO and PPO Provider Guidebook

Federal Employee Health Benefits Program (FEHBP)

FEHBP Requirements
Providers and Facilities acknowledge and understand that Empire participates in the Federal Employees Health Benefits Program (“FEHBP”). The Empire FEHBP encompasses the Blue Cross Blue Shield Association Service Benefit Plan, otherwise known as “Federal Employee Program®” or “FEP®”, – the health insurance Plan for federal employees. Providers and Facilities further understand and acknowledge that the FEHBP is a federal government program and the requirements of the program are subject to change at the sole direction and discretion of the United States Office of Personnel Management. Providers and Facilities agree to abide by the rules, regulations, and other requirements of the FEHBP as they exist and as they may be amended or changed from time to time, with or without prior notice. Providers and Facilities further agree that, in the event of a conflict between the Provider or Facility agreement or this Provider Manual and the rules, regulations, or other requirements of the FEHBP, the terms of the rules, regulations, and other requirements of the FEHBP shall control.

When a conflict arises between federal and state laws and regulations, the federal laws and regulations supersede and preempt the state or local law (Public Law 105-266). In those instances, FEHBP is exempt from implementing the requirements of state legislation.

Submission of Claims under the Federal Employees Health Benefits Program
All Claims under the FEHBP must be submitted to Plan for payment within one hundred eighty (180) calendar days from the date of discharge or from the date of the primary payer’s explanation of benefits. Providers and Facilities agree to provide to Plan, at no cost to Empire or Covered Individual, all information necessary for Plan to determine its liability, including, without limitation, accurate and complete Claims for Covered Services, utilizing forms consistent with industry standards and approved by Plan or, if available, electronically through a medium approved by Plan. If Plan is the secondary payer, the one hundred eighty (180) calendar day period will not begin to run until Provider or Facility receives notification of primary
payer’s responsibility. Plan is not obligated to pay Claims received after this one hundred eighty (180) calendar day period. Except where the Covered Individual did not provide Plan identification, Provider and Facility shall not bill, collect, or attempt to collect from Covered Individual for Claims Plan receives after the applicable period regardless of whether Plan pays such Claims.

Erroneous or duplicate Claim payments under the FEHBP
For erroneous or duplicate Claim payments under the FEHBP, either party shall refund or adjust, as applicable, all such duplicate or erroneous Claim payments regardless of the cause. Such refund or adjustment may be made within five (5) years from the end of the calendar year in which the erroneous or duplicate Claim was submitted. In lieu of a refund, Plan may offset future Claim payments.

Coordination of Benefits for FEHBP
In certain circumstances when the FEHBP is the secondary payer and there is no adverse effect on the Covered Individual, the FEHBP pays the local Plan allowable minus the Primary payment. The combined payments, from both the primary payer and FEHBP as the secondary payer, might not equal the entire amount billed by the Provider or Facility for covered services.

FEHBP Waiver requirements
- Notice must identify the proposed services.
- Inform the Covered Individual that services may be deemed not medically necessary or experimental/investigational, by the Plan
- Provide an estimate of the cost for services
- Covered Individual must agree in writing to be financially responsible in advance of receiving the services; otherwise, the Provider or Facility will be responsible for the cost of services denied

FEHBP Member Reconsiderations and Appeals
There are specific procedures for reviewing disputed Claims under the Federal Employees Health Benefits Program. The process has two steps, starting with a review by the local Plan (reconsideration), which may lead to a review by the Office of Personnel Management (OPM).

The review procedures are designed to provide Covered Individuals with a way to resolve Claim disputes as an alternative to legal actions.

The review procedures are intended to serve both contract holders and Covered Individuals. The local Plan and OPM do not accept requests for review from Providers or Facilities, except on behalf of, and with the written consent of, the contract holder or Covered Individual.

Providers and Facilities are required to demonstrate that the contract holder or Covered Individual has assigned all rights to the Provider or Facility for that particular Claim or Claims.

When a Claim or request for Health Services, drugs or supplies – including a request for precertification or prior approval – is denied, whether in full or partially, the local Plan that denied the Claim reviews the benefit determination upon receiving a written request for review. This request must come from the Covered Individual, contract holder or their authorized representative. The request for review must be received within six months of the date of the Plan’s final decision. If the request for review is on a specific Claim(s), the Covered Individual must be financially liable in order to be eligible for the disputed Claims process.
The local Plan must respond to the request in writing, affirming the benefits denial, paying the Claim, or requesting the additional information necessary to make a benefit determination, within 30 calendar days of receiving the request for review. If not previously requested, the local Plan is required to obtain all necessary medical information, such as operative reports, medical records and nurses’ notes, related to the Claim. If the additional information is not received within 60 calendar days, the Plan will make its decision based on the information available. Appropriate medical review will also be done at this time. If the Plan does not completely satisfy the Covered Individual’s request, the Plan will advise the Covered Individual of his/her right to appeal to OPM.

Providers or Facilities may not submit appeals to the OPM. Only the Covered Individual or contract holder may do so, as outlined in the Blue Cross and Blue Shield Service Benefit Plan brochure.

**FEHBP Formal Provider and Facility Appeals**

Providers and Facilities are entitled to pursue disputes of their pre-service request (this includes pre-certification or prior approval) or their post-service claim (represents a request for reimbursement of benefits for medical services that have already been performed), by following a formal dispute resolution process.

A formal Provider or Facility appeal is a written request from the rendering Provider or Facility, to his/her local Plan, to have the local Plan re-evaluate its contractual benefit determination of their post-service Claim; or to reconsider an adverse benefit determination of a pre-service request. The request must be from a Provider or Facility and must be submitted in writing within 180 days of the denial or benefit limitation. In most cases, this will be the date appearing on the Explanation of Benefits/Remittance sent by the Plan. For pre-service request denials, the date will be the date appearing on the Plan’s notification letter.

The request for review may involve the Provider or Facility’s disagreement with the local Plan’s decision about any of the clinical issues listed below where the Providers or Facilities are not held harmless. Local Plans should note that this list is not all-inclusive.

1. Not medically necessary (NMN);
2. Experimental/investigational (E/I);
3. Denial of benefits, in total or in part, based on clinical rationale (NMN or E/I);
4. Precertification of hospital admissions; and,
5. Prior approval (for a service requiring prior approval under FEHBP).

Not all benefit decisions made by local Plans are subject to the formal Provider and Facility appeal process. The formal Provider and Facility appeal process does not apply to any non-clinical case.

When a Claim or request for services, drugs or supplies – including a request for precertification or prior approval – is denied, whether in full or partially, the local Plan that denied the Claim reviews the benefit determination upon receiving a written request for review. This request must come from the rendering/requesting Provider or Facility. The request for review must be received within six months of the date of the local Plan’s final decision. If the request for review is on a specific Claim(s), the Provider or Facility must be financially liable in order to be eligible for the formal Provider and Facility appeal process.
The local Plans must respond to the request in writing, affirming the benefits denial, paying the Claim, or requesting the additional information necessary to make a benefit determination, within 30 calendar days of receiving the request for review. If not previously requested, the local Plan is required to obtain all necessary medical information, such as operative reports, medical records and nurses’ notes, related to the Claim. If the additional information is not received within 60 calendar days, the local Plan will make its decision based on the information available. Appropriate medical review will also be done at this time. Even if the local Plan does not completely satisfy the Provider or Facility’s request, the formal Provider and Facility appeal process is complete; no additional appeal rights are available.

**BlueCard**

**BlueCard Program Overview**

BlueCard is a national program that enables Covered Individuals of one Blue Plan to obtain healthcare service benefits while traveling or living in another Blue Plan’s service area. The program links participating healthcare Providers and Facilities with the independent Blue Plans across the country and in more than 200 countries and territories worldwide through a single electronic network for Claims processing and reimbursement. The program allows Providers and Facilities to submit Claims for Covered Individuals from other Blue Plans, domestic and international, to Empire. Empire is the sole contact for Claims payment, adjustments and issue resolution.

For more information about the BlueCard Program, Providers and Facilities can access the BlueCard Provider Manual, online at [empireblue.com > Provider & Facilities > Enter > Plans & Benefits > BlueCard > The BlueCard Manual](#).

**BlueCard ID card Sample:**
Health Insurance Marketplace (Exchanges)

The Affordable Care Act (ACA) calls for the development of health plans offered on Health Insurance Marketplaces (commonly referred to as exchanges), as well as health plans not purchased on public exchanges. To support this initiative, Empire developed and/or designated specific networks to serve these ACA compliant health plans and reflect the needs of our membership. Providers and Facilities can easily identify these ACA compliant plans by the network name noted on the Covered Individual ID card.

Critical updates about the products offered on the New York State of Health and the networks supporting these ACA compliant plans can be found on the Health Insurance Exchange information...
dedicated web page from our Provider Home page. Go to empireblue.com, >Providers & Facilities > Enter > From the Provider Home, select the link titled Health Insurance Exchange Information... In addition to posting information to our website, articles are published in our provider newsletter, Network Update, and sent via our email service, Network eUPDATE, to communicate information about the exchanges.

Important reminders
Providers and Facilities are able to confirm their network participation status by using the Find a Doctor tool. You are able to search by a specific provider name, or view a list of local in-network Providers and Facilities using search features such as provider specialty, zip code, and plan type.

Providers and Facilities who have questions on their participation status are encouraged to contact Provider Services at 1-800-992-BLUE (2583).

Accessing the Online Provider Directory:
• Go to empireblue.com
• From the Provider Home tab, select the blue box titled “Find a Doctor” to search our online Provider Directory

If you are referring a Covered Individual to another provider or facility, please verify that the provider is participating in the Covered Individual’s specific network.

It is critical that your patients receive accurate and current data related to provider availability. As outlined in your Agreement, please notify Empire within 10 business days of all changes listed below. Please note tax ID changes must be accompanied by a W-9 to be valid.

• Telephone number for Covered Individuals to schedule appointments at your practice location
• Practice/Facility location address
• Practice/Facility Office Hours
• Provider/Facility name
• Practice name
• Practice affiliation changes (i.e. provider joined another group)
• Providers leaving, retiring or joining your practice
• Billing address
• Tax ID number
• Specialties
• Hospital privileges
• Accepting new patients
• Handicapped Accessibility
• Languages offered

Please send us this information timely, preferably within 10 business days, in one of the following ways:
• Fax Number: 1-855-325-5456

Additional information and current communications about Health Insurance Exchanges can be found at empireblue.com.
Audit

Empire’s Audit Policy

This Empire Audit Policy applies to Providers and Facilities. If there is conflict between this Policy and the terms of the applicable Provider or Facility Agreement, the terms of the Agreement will prevail. If there is a conflict in provisions between this Policy and applicable state law that is not addressed in the Provider or Facility Agreement the state law will apply. All capitalized terms used in this Policy shall have the meaning as set forth in the Provider or Facility Agreement between Empire and Provider or Facility.

Coverage is subject to the terms, conditions, and limitations of a Covered Individual’s Health Benefit Plan and in accordance with this Policy.

There may be times when Empire conducts claim reviews or audits either on a prepayment or post payment basis. Claim reviews and audits are conducted in order to confirm that healthcare services or supplies were delivered in compliance with the Covered Individual’s plan of treatment or to confirm that charges were accurately reported in compliance with Empire’s policies and procedures as well as general industry standard guidelines and regulations.

In order to conduct such reviews and audits, Empire or its designee may request documentation, most commonly in the form of patient medical records. Empire may accept additional documentation from Provider or Facility that typically might not be included in medical records such as other documents substantiating the treatment or health service or delivery of supplies, Provider’s or Facility’s established internal policies, professional licensure standards that reference standards of care, or business practices justifying the healthcare service or supply. The Provider or Facility must review, approve and document all such internal policies and procedures as required by The Joint Commission (“TJC”) or other applicable accreditation bodies and such policies shall be made available for review by the auditor.

This policy documents Empire’s guidelines for claims requiring additional documentation and the Provider’s or Facility’s compliance for the provision of requested documentation.

Definition:
The following definitions shall apply to this Audit section only:

- Agreement means the written contract between Empire and Provider or Facility that describes the duties and obligations of Empire and the Provider or Facility, and which contains the terms and conditions upon which Empire will reimburse Provider or Facility for Health Services rendered by Provider or Facility to Covered Individual(s).
- Appeal means Empire’s or its designee’s review of the disputed portions of the Audit Report, conducted at the written request of a Provider or Facility and pursuant to this Policy.
- Appeal Response means Empire’s or its designee’s written response to the Appeal after reviewing all Supporting Documentation provided by Provider or Facility.
- Audit means a qualitative or quantitative review of Health Services or documents relating to such Health Services rendered by Provider or Facility, and conducted for the purpose of determining whether such Health Services have been appropriately reimbursed under the terms of the Agreement.
• Audit Report and Notice of Overpayment ("Audit Report") means a document that constitutes notice to the Provider or Facility that Empire or its designee believes an overpayment has been made by Empire and identified as the result of an Audit. The Audit Report shall contain administrative data relating to the Audit, including the amount of overpayment and findings of the Audit, that constitute the basis for Empire’s or its designee’s belief that the overpayment exists. Unless otherwise stated in the Agreement between the Provider or Facility and Empire, Audit Reports shall be sent to Provider or Facility in accordance with the Notice section of the Agreement.

• Business Associate or designee means a third party designated by Empire to perform an Audit or any related Audit function on behalf of Empire pursuant to a written agreement with Empire.

• Provider or Facility means an entity with which Empire has a written Agreement.

• Provider Manual means the proprietary Empire document available to the Provider and Facility, which outlines certain Empire Policies.

• Recoupment means the recovery of an amount paid to Provider or Facility which Empire has determined constitutes an overpayment not supported by an Agreement between the Provider or Facility and Empire. A Recoupment is generally performed against a separate payment Empire makes to the Provider or Facility which is unrelated to the services which were the subject of the overpayment, unless an Agreement expressly states otherwise or is prohibited by law. Recoupments shall be conducted in accordance with applicable laws and regulations.

• Supporting Documentation means the written material contained in a Covered Individual’s medical records or other Provider or Facility documentation that supports the Provider’s or Facility’s claim or position that no overpayment has been made by Empire.

Policy
Upon request from Empire or its designee, Provider or Facility is required to submit additional documentation for claims identified for pre-payment review or post payment audit. Applicable types of claims include, but are not limited to:

1. Claims being reviewed to validate the correct diagnosis related group (DRG) assignment/payment (DRG validation audits)
2. Claims being reviewed to validate items and services billed are documented in the medical record for hospital bill audits (also known as hospital charge audits)
3. Claims with unlisted or miscellaneous codes
4. Claims for services requiring clinical review
5. Claims for services found to possibly conflict with covered benefits for Covered Individuals after validity review of the Covered Individual’s medical records
6. Claims for services found to possibly conflict with Medical Necessity of covered benefits for Covered Individuals
7. Claims requesting an extension of benefits
8. Claims being reviewed for potential fraud, abuse or demonstrated patterns of billing/coding inconsistent with peer benchmarks
9. Claims for services that require an invoice
10. Claims for services that require an itemized bill
11. Claims for beneficiaries where other health insurance (OHI) is indicated with the claim submission
12. Claims requiring documentation of the receipt of an informed consent form
13. Claims requiring a certificate of Medical Necessity
14. Appealed claims where supporting documentation may be necessary for determination of payment
15. Other documentation required by other entities such as the Centers for Medicare and Medicaid Services (CMS), and state or federal regulation

16. Documentation for such services as the provision of durable medical equipment, prosthetics, orthotics, and supplies, rehabilitation services, and home health care

Empire or its designee will use the following guidelines for records requests and the adjudication of claims identified for prepayment review or post payment audit:

1. Upon confirmation of Provider’s or Facility’s address, an original letter of request for supporting documentation will be sent.

2. When a response is not received within 30 days of the date of the initial request, a second request letter will be sent.

3. When a response is not received within 15 days of date of the second request, a final request letter will be sent.

4. When a response is not received within 15 days of the date of the final request (60 days total):
   a. Empire or its designee will initiate a claim denial for claims identified as pre-payment review claims, as Provider or Facility failed to submit the required documentation. The Covered Individual shall be held harmless for such payment denials.
   or
   b. Empire or its designee will initiate claim retractions for claims identified as post payment audit claims as Provider or Facility failed to submit the required documentation. The Covered Individual shall be held harmless for such payment retractions.

Empire or its designee will not be liable for interest or penalties when payment is denied or recouped when Provider or Facility fails to submit required or requested documentation for claims identified for prepayment or post payment audit.

[This policy will not supersede any individual Provider or Facility contract provisions or state or federal guidelines.]

Procedure:

1. **Review of Documents.** Empire or its designee will request in writing or verbally, final and complete itemized bills and/or complete medical records for all Claims under review. The Provider or Facility will supply the requested documentation in the format requested by Empire or its designee within the time frame outlined above.

2. **Scheduling of Audit.** After review of the documents submitted, if Empire or its designee determines an Audit is required, Empire or its designee will call the Provider or Facility to request a mutually satisfactory time for Empire or its designee to conduct an Audit; however, the Audit must occur within forty-five (45) calendar days of the request.

3. **Rescheduling of Audit.** Should Provider or Facility desire to reschedule an Audit, Provider or Facility must submit its request with a suggested new date to Empire or its designee in writing at least seven (7) calendar days in advance of the day of the Audit. Provider’s or Facility’s new date for the Audit must occur within thirty (30) calendar days of the date of the original Audit. Provider or Facility may be responsible for cancellation fees incurred by Empire or its designee due to Provider’s or Facility’s rescheduling.

4. **Under-billed and Late-billed Claims.** During the scheduling of the Audit, Provider or Facility may identify Claims for which Provider or Facility under-billed or failed to bill for review by Empire during the Audit. Under-billed or late-billed Claims not identified by Provider or Facility before the Audit commences will not be evaluated in the Audit. These Claims may, however, be
submitted (or resubmitted for under-billed Claims) to Empire for adjudication.

5. **Scheduling Conflicts.** Should the Provider or Facility fail to work with Empire, or its designee in scheduling or rescheduling the Audit, Empire or its designee retains the right to conduct the Audit with a seventy-two (72) hour advance written notice, which Empire or its designee may invoke at any time. While Empire or its designee prefers to work with the Provider or Facility in finding a mutually convenient time, there may be instances when Empire or its designee must respond quickly to requests by regulators or its clients. In those circumstances, Empire or its designee will send a notice to the Provider or Facility to schedule an Audit within the seventy-two (72) hour timeframe.

6. **On-Site and Desk Audits.** Empire or its designee may conduct Audits from its offices or on-site at the Provider’s or Facility’s location. If Empire or its designee conducts an Audit at a Provider’s or Facility’s location, Provider or Facility will make available suitable work space for Empire’s or its designee’s on-site Audit activities. During the Audit, Empire or its designee will have complete access to the applicable health records including ancillary department records and/or invoice detail without producing a signed Covered Individual authorization. When conducting credit balance reviews, Provider or Facility will give Empire or its designee a complete list of credit balances for primary, secondary and tertiary coverage, when applicable. In addition, Empire or its designee will have access to Provider’s or Facility’s patient accounting system to review payment history, notes, Explanation of Benefits and insurance information to determine validity of credit balances. If the Provider or Facility refuses to allow Empire or its designee access to the items requested to complete the Audit, Empire or its designee may opt to complete the Audit based on the information available. All Audits (to include medical chart audits and diagnosis related group reviews) shall be conducted free of charge despite any Provider or Facility policy to the contrary.

7. **Completion of Audit.** Upon completion of the Audit, Empire or its designee will generate and give to Provider or Facility a final Audit Report. This Audit Report may be provided on the day the Audit is completed or it may be generated after further research is performed. If further research is needed, the final Audit Report will be generated at any time after the completion of the Audit, but generally within ninety (90) days. Occasionally, the final audit report will be generated at the conclusion of the exit interview which is performed on the last day of the Audit. During the exit interview, Empire or its designee will discuss with Provider or Facility its Audit findings found in the final Audit Report. This Audit Report may list items such as charges unsupported by adequate documentation, under-billed items, late billed items and charges requiring additional supporting documentation. If the Provider or Facility agrees with the Audit findings, and has no further information to provide to Empire or its designee, then Provider or Facility may sign the final Audit Report acknowledging agreement with the findings. At that point, Provider or Facility has thirty (30) calendar days to reimburse Empire the amount indicated in the final Audit Report. Should the Provider or Facility disagree with the final Audit Report generated during the exit interview, then Provider or Facility may either supply the requested documentation or Appeal the Audit findings.

8. **Provider or Facility Appeals.** See Audit Appeal Policy.

9. **No Appeal.** If the Provider or Facility does not formally Appeal the findings in the final Audit Report and submit supporting documentation within the (thirty) 30 calendar day timeframe, the initial determination will stand and Empire or its designee will process adjustments to recover the amount identified in the final Audit Report.

**Documents Reviewed During an Audit:**
The following is a description of the documents that may be reviewed by Empire or its designee along
with a short explanation of the importance of each of the documents in the Audit process. It is important to note that Providers and Facilities must comply with applicable state and federal record keeping requirements.

A. Confirm that Health Services were delivered by the Provider or Facility in compliance with the plan of treatment.

Auditors will verify that Provider’s or Facility’s plan of treatment reflected the Health Services delivered by the Provider or Facility. The services are generally documented in the Covered Individual’s health or medical records. In situations where such documentation is not found in the Covered Individual’s medical record, the Provider or Facility may present other documents substantiating the treatment or Health Service, such as established institutional policies, professional licensure standards that reference standards of care, or business practices justifying the Health Service or supply. The Provider or Facility must review, approve and document all such policies and procedures as required by The Joint Commission (“TJC”) or other applicable accreditation bodies. Policies shall be made available for review by the auditor.

B. Confirm that charges were accurately reported on the Claim in compliance with Empire’s Policies as well as general industry standard guidelines and regulations.

The auditor will verify that the billing is free of keystroke errors. Auditors may also review the Covered Individual’s health record documents. The health record records the clinical data on diagnoses, treatments, and outcomes. A health record generally records pertinent information related to care and in some cases, the health record may lack the documented support for each charge on the Covered Individual’s Claim. Other appropriate documentation for Health Services provided to the Covered Individual may exist within the Provider’s or Facility’s ancillary departments in the form of department treatment logs, daily charge records, individual service/order tickets, and other documents. Empire or its designee may have to review a number of documents in addition to the health record to determine if documentation exists to support the Charges on the Covered Individual’s Claim. The Provider or Facility should make these records available for review and must ensure that Policies exist to specify appropriate documentation for health records and ancillary department records and/or logs.

Audit Appeal Policy

Purpose:
To establish a timeline for issuing Audits and responding to Provider or Facility Appeals of such Audits.

Procedure:
1. Unless otherwise expressly set forth in an Agreement, Provider or Facility shall have the right to Appeal the Audit Report. An Appeal of the Audit Report must be in writing and received by Empire or its designee within thirty (30) calendar days of the date of the Audit Report unless State Statute expressly indicates otherwise. The request for Appeal must specifically detail the findings from the Audit Report that Provider or Facility disputes, as well as the basis for the Provider’s or Facility’s belief that such finding(s) are not accurate. All findings disputed by the Provider or Facility in the Appeal must be accompanied by relevant Supporting Documentation. Retraction will begin at the expiration of the thirty (30) calendar days unless expressly prohibited by contractual obligations or State Statute.
2. A Provider’s or Facility’s written request for an extension to submit an Appeal complete with
Supporting Documentation or payment will be reviewed by Empire or its designee on a case-by-case basis. If the Provider or Facility chooses to request an Appeal extension, the request should be submitted in writing within thirty (30) calendar days of receipt of the Audit Report. One Appeal extension may be granted during the Appeal process at Empire’s or its designee’s sole discretion, for up to thirty (30) calendar days from the date the Appeal would otherwise have been due. Any extension of the Appeal timeframes contained in this Policy shall be expressly conditioned upon the Provider’s or Facility’s agreement to waive the requirements of any applicable state prompt pay statute and/or provision in an Agreement which limits the timeframe by which a Recoupment must be completed. It is recognized that governmental regulators are not obligated to the waiver.

3. Upon receipt of a timely Appeal, complete with Supporting Documentation as required under this Policy, Empire or its designee shall issue an Appeal Response to the Provider or Facility. Empire’s or its designee’s response shall address each matter contained in the Provider’s or Facility’s Appeal. If appropriate, Empire’s or its designee’s Appeal Response will indicate what adjustments, if any, shall be made to the overpayment amounts outlined in the Audit Report. Empire’s or its designee’s response shall be sent via certified mail to the Provider or Facility within thirty (30) calendar days of the date Empire or its designee received the Provider’s or Facility’s Appeal and Supporting Documentation. Revisions to the Audit data will be included in this mailing if applicable.

4. The Provider or Facility shall have fifteen (15) calendar days from the date of Empire’s or its designee’s Appeal Response to respond with additional documentation or, if appropriate in the State, a remittance check to Empire or its designee. If no Provider or Facility response or remittance check (if applicable) is received within the fifteen (15) calendar day timeframe, Empire or its designee shall begin recoupment of the amount contained in Empire’s or its designee’s response, and a confirming recoupment notification will be sent to the Provider or Facility.

5. Upon receipt of a timely Provider or Facility response, complete with Supporting Documentation as required under this Policy, Empire or its designee shall formulate a final Appeal Response. Empire’s or its designee’s final Appeal Response shall address each matter contained in the Provider’s or Facility’s response. If appropriate, Empire’s or its designee’s final Appeal Response will indicate what adjustments, if any, shall be made to the overpayment amounts outlined in the Audit Report or final Appeal Response. Empire’s or its designee’s final Appeal Response shall be sent via certified mail to the Provider or Facility within fifteen (15) calendar days of the date Empire or its designee received the Provider or Facility response and Supporting Documentation. Revisions to the Audit Report will be included in this mailing if applicable.

6. If applicable in the state, the Provider or Facility shall have fifteen (15) calendar days from the date of Empire’s or its designee’s final Appeal Response to send a remittance check to Empire or its designee. If no remittance check is received within the fifteen (15) calendar day timeframe, Empire or its designee shall recoup the amount contained in Empire’s or its designee’s final Appeal Response, and a confirming Recoupment notification will be sent to the Provider or Facility.

7. If Provider or Facility still disagrees with Empire’s or its designee’s position after receipt of the final Appeal Response, Provider or Facility may invoke the dispute resolution mechanisms under the Agreement.

## Fraud, Waste and Abuse Detection

Empire recognizes the importance of preventing, detecting, and investigating fraud, waste and abuse and is committed to protecting and preserving the integrity and availability of health care resources for Covered Individuals, clients, and business partners. Empire accordingly maintains a program, led by Empire’s Special Investigations Unit (SIU), to combat fraud, waste and abuse in the healthcare industry.
and against our various commercial plans, and to seek to ensure the integrity of publicly-funded programs, including Medicare and Medicaid plans. All Claims submissions are subject to review and/or audit for possible fraud, waste and abuse. Prevention and detection of fraud, waste and abuse is in accordance with applicable State and Federal law.

**Pre-Payment Review Program**

One method Empire utilizes to detect fraud, waste and abuse is through pre-payment Claim review. Through a variety of means, certain Providers or Facilities, or certain Claims submitted by Providers or Facilities, may come to Empire’s attention for behavior that might be identified as unusual, or for coding or billing or Claims activity which indicates the Provider or Facility is an outlier with respect to his/her/its peers. For example, Empire uses computer algorithm software tools designed to identify Providers or Facilities whose billing practices, including billing or coding practices, indicate conduct that is unusual or outside the norm of the Provider’s or Facility’s peers.

Once a Claim, or a Provider or Facility, is identified as an outlier, further investigation is conducted by the SIU to determine the reason(s) for the outlier status or any appropriate explanation for an unusual Claim, coding or billing practice. If the investigation results in a determination that the Provider’s or Facility’s actions may involve fraud, waste or abuse, the Provider or Facility is notified and given an opportunity to respond.

If, despite the Provider’s or Facility’s response, Empire continues to believe the Provider’s or Facility’s actions involve fraud, waste or abuse, or some other inappropriate activity, the Provider or Facility will then be notified the Provider or Facility is being placed on pre-payment review. This means that the Provider or Facility will be required to submit medical records with each Claim so Empire can review the services being billed. Failure to submit medical records to Empire in accordance with this requirement will result in a rejection of the Claim under review. The Providers or Facilities will be given the opportunity to request a discussion of his/her/its pre-payment review status.

Under the pre-payment review program, Empire may review coding and other billing issues. In addition, we may use one or more clinical utilization management guidelines in the review of Claims submitted by the Provider or Facility, even if those guidelines are not used for all Providers or Facilities delivering services to Plan’s Covered Individuals.

The Provider or Facility will remain subject to the pre-payment review process until Empire is satisfied that any inappropriate activity has been corrected. If the inappropriate activity is not corrected, the Provider or Facility could face corrective measures, up to and including termination from our Network.

Finally, Providers and Facilities are prohibited from billing Covered Individuals for services we have determined are not payable as a result of the pre-payment review process, whether due to fraud, waste or abuse, any other coding or billing issue or for failure to submit medical records as set forth above. Providers or Facilities whose Claims are determined to be not payable may make appropriate corrections and resubmit such Claims in accordance with the terms of the applicable Provider or Facility agreement and state law. Providers or Facilities also may appeal such determination in accordance with applicable grievance and appeal procedures.
Appendix A

Americans with Disabilities Act

The Americans with Disabilities Act is a comprehensive civil rights law that prohibits discrimination on the basis of disability and includes a requirement that all facilities and services be accessible to individuals with disabilities. All providers are required to comply with the Americans with Disabilities Act in order to participate in Empire’s provider networks.

Patient’s Self-determination Act

Members have the RIGHT to:

- Make medical decisions.
- Accept or refuse treatment, including the right to refuse life-sustaining medical and surgical treatment.
- Make advance directives about their medical care in the event they cannot make decisions.

Members can learn more about their rights and responsibilities, and their rights under the Patient’s Self-Determination Act by calling Member Services at the telephone number located on the back of their member identification card.

Assistance for Non-English Speaking Members

Empire strives to ensure that our HMO members who speak a language other than English are able to obtain assistance from our Member Services department. We do this by providing translation services to our members via an AT&T Language Line translator.

Confidentiality Policy

When a Member Services representative receives a call from someone who speaks a language other than English, the representative puts the caller on hold and calls the AT&T Language Line. The AT&T Language Line operator links the Member Services Representative and the caller to an interpreter in the appropriate language. Through a three-way connection, the interpreter facilitates the member’s inquiry.

In recognition of the need for member privacy, and in compliance with federal and state laws and regulations, Empire has a policy on the confidentiality of member medical information.

- Empire has in place and enforces appropriate safeguards to protect the confidentiality, security and integrity of member medical information, which is used, disclosed, exchanged or transmitted orally, in writing or electronically.
- Confidential member medical information is accessible only to those Empire employees and authorized third persons who need it to perform their jobs. All persons are required to comply with Empire policies and procedures and federal and state laws and regulations concerning the request for, the use, disclosure, transmission, security, storage and destruction of confidential member medical information.
- Empire does not disclose member nonpublic personal information, including member medical
information, to any of our affiliates or to nonaffiliated third parties, except as permitted by law to allow us to conduct our business.

- Disclosure of confidential information to external vendors for purposes of payment or healthcare operations is made only in accordance with appropriate confidentiality agreements and contractual arrangements. Data shared with external entities for measurement purposes or research is released only in accordance with appropriate confidentiality agreements and contractual arrangements or in an aggregate form that does not allow for direct or indirect member identification.
- Member medical information is not shared with the member’s employer, unless permitted or required by law. Because Empire is not a provider of medical services, it generally does not maintain medical records created by the member’s provider of service. If a member requires access to his or her provider’s medical records, the member should contact his or her provider to arrange access.
- Empire contractually requires all of its network practitioners and providers to comply with all state and federal laws regarding confidentiality of member records to ensure the privacy and to protect the confidentiality of members’ medical information.
- When a member becomes covered under an Empire health benefit plan, the member agrees that Empire, or its designee, may use and/or disclose the member’s confidential medical information for purposes of payment and healthcare operations as permitted or required by law or regulation. In addition, each Empire member agrees that any healthcare provider, healthcare pay or government agency shall furnish to Empire or its designee all records pertaining to medical history, services rendered and payments made for use and/or disclosure by Empire to administer the terms of the health benefit plan.
- A member may request access to information that is maintained by or for Empire by calling Customer Service to arrange access. A member may request an amendment of records maintained by and for Empire, or a member may request an accounting of disclosures as permitted by law. Members can call Customer Service for more information.
- Generally, under state and federal law (e.g., the Health Insurance Portability and Accountability Act (HIPAA) Privacy Regulations), the use and disclosure of member medical information for purposes of treatment, payment and healthcare operations that occur between a provider and a health plan, clearinghouse, another provider, or other insurance carrier is permitted without the necessity of seeking an authorization from the member. For example, under HIPAA, determinations of medical necessity, appropriateness of care, justification of charges and utilization review activities are included within the definition of payment; and conducting quality assessment and improvement activities, reviewing the qualifications of healthcare providers and conducting fraud and abuse detection and compliance programs are included within the definition of healthcare operations.
- Except as stated above and as may be permitted or required by law, Empire does not release confidential member medical information to anyone outside Empire without a specific “written authorization” to release authorized by the member or member’s designee, which may be revoked at any time. The authorization must be signed and dated and must specify:
  - The information that can be disclosed and to whom
  - What the information will be used for
  - The time period for which the authorization applies
Notice of Privacy Practices (as directed towards our members)

Empire respects the privacy and confidentiality of our member’s medical information. Below is Empire’s Notice of Privacy Practices, which summarizes Empire’s Privacy Policy regarding our members. It is directed to, and was distributed to, our members in order to inform them of how information about them may be used and disclosed by Empire. This includes, but is not limited to, uses and disclosures for treatment, payment activities and healthcare operations. Empire encourages you and anyone in your practice that handles our members’ health information to read the notice in order to become familiar with our privacy practices.

At Empire, we respect the confidentiality of your medical information and will protect that information in a responsible manner. We have a comprehensive privacy program in place that meets the requirements of the Health Insurance Portability and Accountability Act (HIPAA) Privacy Regulations, the government legislation that sets standards for the privacy of medical information.

Empire follows all state privacy laws to which we are subject that do not conflict with the HIPAA Privacy Regulations. However, if a state privacy law conflicts with the HIPAA Privacy Regulations yet provides greater privacy rights or protections than the HIPAA Privacy Regulations, we will follow that state law. We must follow the privacy practices that are described in this notice while it is in effect. We reserve the right to change our privacy practices and the terms of this notice at any time, as long as the changes are permitted by law. Before we make a significant change to our privacy practices, we will change this notice and send the new one to our current subscribers. This new notice will be effective for all medical information that we maintain, including medical information we created or received before the changes were made.

Additionally, please know that Empire is required by law to maintain the privacy of your medical information and to give you this notice regarding your rights, our privacy practices and legal duties concerning your medical information.

Definition of Medical Information

When Empire refers to medical information in this notice, we mean information that is individually identifiable health information. This includes demographic information collected from you or created or received by a healthcare provider, a health plan, your employer or a healthcare clearinghouse.

This information may relate to:
- Your past, present or future physical or mental health or condition;
- The provision of healthcare to you or
- Past, present or future payments for the provision of healthcare to you.

Uses and Disclosures of Medical Information

This section provides you with a general description and examples of the ways your medical information is used and disclosed. Empire’s uses and disclosures are not limited to these examples.

Treatment: Your medical information may be disclosed to a physician or other healthcare provider in order for them to provide you with treatment.
**Payment:** Your medical information may be used or disclosed: for billing, claims management and collections activities.

- To pay claims from physicians, Facilities and other providers for services delivered to you that are covered by your health plan.
- To determine your eligibility for benefits, to conduct risk adjustment activities.
- To coordinate benefits.
- To determine medical necessity.
- To conduct utilization reviews.
- To obtain premiums.
- To issue explanations of benefits to the person who subscribes to the health plan in which you participate. To a healthcare provider or entity so they can obtain payment or engage in payment activities.

**Healthcare Operations:** Your medical information may be used and disclosed in connection with our healthcare operations, including

- Underwriting, premium rating and other activities relating to the creation, renewal or replacement of benefit coverage.
- Case management and care coordination.
- Contacting healthcare providers and patients with information about treatment alternatives, disease management or wellness programs and related functions that do not include treatment.
- Population-based activities relating to improving health or reducing healthcare costs.
- Quality assessment and improvement activities and protocol development.
- Reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.
- Conducting or arranging for medical review, legal services, auditing and fraud and abuse detection and compliance programs.
- Business planning and development, such as formulary development and administration.
- Business management and general administrative activities, including management activities relating to privacy, customer service and resolution of internal grievances.

**Additional Disclosures:** Your medical information may be disclosed

- To another entity that has a relationship with you for their healthcare operations relating to quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, or detecting or preventing healthcare fraud and abuse.
- To other persons or entities that assist us in conducting our payment, healthcare operations and business activities. Please know that we will not disclose your medical information to those persons or entities unless they agree to keep it protected.

**Health-Related Services:** Your medical information may be used to send you appointment reminders or to communicate with you in order to encourage you to purchase or use a health-related product or service (or payment for such product or service), that is provided by, or included in, an Empire health plan.

This includes communications about:

- The entities participating in a healthcare provider network or health plan network;
- The replacement of, or enhancements to, a health plan
• Any health-related products or services available only to a health plan enrollee that add value to, but are not part of, a benefit plan, for purposes of treatment, case management or care coordination, or to direct or recommend alternative treatments, therapies, healthcare providers or settings of care.

To Your Family and Friends: Your medical information may be disclosed to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare.

Your name, location and general condition or death may be used or disclosed to notify or assist in the notification of (including identifying or locating) a person involved in your care.

We will provide you with an opportunity to object to such uses or disclosures, unless, based on professional judgment, we may reasonably infer from the circumstances that you do not object to such uses and disclosures.

If you are not present, or in the event of your incapacity or an emergency, we will use our professional judgment in deciding whether disclosing your medical information would be in your best interest.

If You Are a Member of a Group Health Plan:

Your medical information, and the medical information of others enrolled in your group health plan, may be disclosed to your employer or the organization that sponsors your group health plan (the “plan sponsor”) in order to permit the plan sponsor to perform Plan administrative functions. Please see your Plan documents for an explanation of these limited uses and disclosures.

Summary information about the enrollees in your group health plan may also be disclosed to the plan sponsor so they may obtain premium bids for health insurance coverage or in order to decide whether to modify, amend or terminate your group health plan. The information we may disclose summarizes claims history and expenses or types of claims experienced by the enrollees in your group health plan. This summary information will be stripped of demographic information but the plan sponsor may still be able to identify you or other enrollees.

Disaster Relief: We may use or disclose your medical information to a public or private entity authorized by its charter or by law to assist in disaster relief efforts.

For the Public Benefit: Your medical information may be used or disclosed as authorized by law for the following purposes:
• As required by law
• For public health activities, including disease and vital statistic reporting, child abuse reporting, FDA oversight and to employers regarding work-related illness or injury
• To report adult abuse, neglect or domestic violence
• To health oversight agencies in response to court and administrative orders and other lawful processes
• To law enforcement officials pursuant to subpoenas and other lawful processes concerning crime victims, suspicious deaths, crimes on our premises, reporting crimes in emergencies and for purposes of identifying or locating a suspect or other person
• To coroners, medical examiners and funeral directors to organ procurement organizations
• To avert a serious threat to health or safety in connection with certain research activities
• To the military and to federal officials for lawful intelligence, counterintelligence and national security activities
• To correctional institutions regarding inmates as authorized by state workers’ compensation law

Marketing: Your medical information may be used or disclosed by us to encourage you to purchase or use a product or service by face-to-face communication or to provide you with promotional gifts of nominal value.

Fundraising: Your demographic information and the dates of healthcare services provided to you may be used in order to contact you for fundraising. We may disclose information to a business associate or foundation to assist us in our fundraising activities. We will provide you with fundraising materials and a description of how you may opt out of receiving future fundraising communications.

Times When Your Written Authorization Is Required:

Other uses and disclosures of your medical information that are not described above will only be made with your written authorization. You may give us written authorization to use or to disclose your medical information to anyone for any purpose.

You may revoke your authorization at any time. However, your revocation will not affect any use or disclosure that you permitted prior to your revocation.

Your Individual Rights (as directed towards our Members)

Access to Your Information:

You have the right to inspect or obtain a copy of the medical information about you that is contained in a “designated record set” except for psychotherapy notes and certain other information. A “designated record set” generally contains medical and billing records as well as other records that are maintained by or for us, or used by or for us to make decisions about you.

We may ask you to submit your request in writing and to provide us with the specific information we need in order to fulfill your request. We reserve the right to charge a reasonable fee for the cost of producing and mailing the copies to you. In certain situations, we may deny your request to inspect or obtain a copy of the requested information. If we deny your request, we will notify you in writing and may provide you with an opportunity to have the denial reviewed.

Accounting of Disclosures:

You have the right to receive a list of instances in which we or our business associates disclosed your medical information for purposes other than treatment, payment, healthcare operations or those authorized by you as well as for certain other activities that occurred up to six years before the date of your request. However, you will not be able to obtain a list of disclosure instances that occurred prior to April 14, 2003, the date this notice is effective. Any list we send you will include the date(s)of the disclosure, to whom it was made, their address, if known, a brief description of the information disclosed and the purpose of the disclosure. If you request this accounting list more than once in a 12-month period, we may charge you a reasonable administration fee for these additional requests.
Restrictions on Use or Disclosure:

You have the right to request that we restrict the use or disclosure of your medical information in connection with treatment, payment and healthcare operations. You also have the right to request that we restrict disclosures to persons involved in your healthcare or payment for your healthcare. We may ask you to submit your request in writing. We will review your request, but we are not required to comply with it.

Confidential Communication:

You have the right to request that we communicate with you about your medical information by a different means or location. You must make your request in writing and state that the information could endanger you if it is not communicated by a different means or location. We must accommodate your request if it is reasonable and specifies the new means or location of contact. It must also allow us to collect premiums and pay claims. This includes issuing explanations of benefits to the subscriber of the health plan in which you participate.

An explanation of benefits issued to the subscriber about the subscriber or others covered by the health plan in which you participate, may contain sufficient information to reveal that you obtained healthcare for which we paid, even though we communicated with you in the confidential manner you requested. Once your request for confidential communications is in effect, all of your medical information will be communicated in accordance with your instructions.

Amending Your Medical Information:

If you believe that the medical information contained in your “designated record set” is not correct or complete, you have the right to request that we amend it. We may require your request be in writing and that it explains why the information should be changed. If we make the amendment, we will notify you. In addition, if we make the change, we will make reasonable efforts to inform others, including people you name, of the amendment and to include the changes in any future disclosures of that information.

If your request is denied, you will be notified in writing of the reason for the denial and the letter will explain how to file a written statement of disagreement. Empire has the option to rebut your statement. You have the right to ask that your original request, our denial and your statement of disagreement be included with any future disclosures of your information.

Requests for Additional Copies and Questions Regarding Privacy and Individual Rights:

- You may request a copy of our notice at any time.
- If you view this notice on our website or receive it by e-mail, you are also entitled to receive it in written form.
- You may request more detailed information about your rights and privacy protections or learn how to exercise those individual rights as described in this notice.

Please contact Empire Member Services at the phone number listed on the back of your member identification card or write to us at PO Box 1407, Church Street Station
New York, NY 10008-1407.

**Complaints:**

If you believe that Empire has violated your privacy rights, write to our Privacy Office at PO Box 1407, Church Street Station, New York, NY 10008-1407 or call Empire Member Services at the phone number listed on the back of your member identification card. You also may file a complaint with the Secretary of the U.S. Department of Health and Human Services. Complaints filed directly with the Secretary must: (1) be in writing; (2) contain the name of the entity against which the complaint is lodged; (3) describe the relevant problems; and (4) be filed within 180 days of the time you became or should have become aware of the problem. We will provide you with this address upon request. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services. We support your right to the privacy of your medical information.

**Notice of Privacy Practices (as directed towards our Members)**

**HIPAA NOTICE OF PRIVACY PRACTICES**

**Effective July 1, 2007**

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

Please review it carefully.

We keep the health and financial information of our current and former members private as required by law, accreditation standards, and our rules. This notice explains your rights. It also explains our legal duties and privacy practices. We are required by federal law to give you this notice.

**Your Protected Health Information**

We may collect, use, and share your Protected Health Information (PHI) for the following reasons and others as allowed or required by law, including the HIPAA Privacy rule:

**For Payment:**

We use and share PHI to manage your account or benefits; or to pay claims for health care you get through your plan. For example, we keep information about your premium and deductible payments. We may give information to a doctor’s office to confirm your benefits.

**For Health Care Operations:**

We use and share PHI for our health care operations For example, we may use PHI to review the quality of care and services you get. We may also use PHI to provide you with case management or care coordination services for conditions like asthma, diabetes, or traumatic injury.

**For Treatment Activities:**

We do not provide treatment. This is the role of a health care provider such as your doctor or a Facility.
But, we may share PHI with your health care provider so that the provider may treat you.

**To You:**

We must give you access to your own PHI. We may also contact you to let you know about treatment options or other health-related benefits and services. When you or your dependents reach a certain age, we may tell you about other products or programs for which you may be eligible. This may include individual coverage. We may also send you reminders about routine medical checkups and tests.

**To Others:**

You may tell us in writing that it is OK for us to give your PHI to someone else for any reason. Also, if you are present, and tell us it is OK, we may give your PHI to a family member, friend or other person. We would do this if it has to do with your current treatment or payment for your treatment. If you are not present, if it is an emergency, or you are not able to tell us it is OK

We may give your PHI to a family member, friend or other person if sharing your PHI is in your best interest.

**As Allowed or Required by Law:**

We may also share your PHI, as allowed by federal law, for many types of activities. PHI can be shared for health oversight activities. It can also be shared for judicial or administrative proceedings, with public health authorities, for law enforcement reasons, and to coroners, funeral directors or medical examiners (about decedents). PHI can also be shared for certain reasons with organ donation groups, for research, and to avoid a serious threat to health or safety. It can be shared for special government functions, for workers’ compensation, to respond to requests from the U.S. Department of Health and Human Services and to alert proper authorities if we reasonably believe that you may be a victim of abuse, neglect, domestic violence or other crimes. PHI can also be shared as required by law.

If you are enrolled with us through an employer sponsored group health plan, we may share PHI with your group health plan. We and/or your group health plan may share PHI with the sponsor of the plan. Plan sponsors that receive PHI are required by law to have controls in place to keep it from being used for reasons that are not proper.

Authorization: We will get an OK from you in writing before we use or share your PHI for any other purpose not stated in this notice. You may take away this OK at any time, in writing. We will then stop using your PHI for that purpose. But, if we have already used or shared your PHI based on your OK, we cannot undo any actions we took before you told us to stop.

**Your Rights:**

Under federal law, you have the right to:
- Send us a written request to see or get a copy of certain PHI or ask that we correct your PHI that you believe is missing or incorrect. If someone else (such as your doctor) gave us the PHI, we will let you know so you can ask them to correct it.
- Send us a written request to ask us not to use your PHI for treatment, payment or health care operations activities. We are not required to agree to these requests.
• Give us a verbal or written request to ask us to send your PHI using other means that are reasonable. Also let us know if you want us to send your PHI to an address other than your home if sending it to your home could place you in danger.
• Send us a written request to ask us for a list of certain disclosures of your PHI.

Call Customer Service at the phone number printed on your identification (ID) card to use any of these rights. They can give you the address to send the request. They can also give you any forms we have that may help you with this process.

How we protect information

We are dedicated to protecting your PHI. We set up a number of policies and practices to help make sure your PHI is kept secure.

We keep your oral, written, and electronic PHI safe using physical, electronic, and procedural means. These safeguards follow federal and state laws. Some of the ways we keep your PHI safe include offices that are kept secure, computers that need passwords, and locked storage areas and filing cabinets. We require our employees to protect PHI through written policies and procedures. The policies limit access to PHI to only those employees who need the data to do their job. Employees are also required to wear ID badges to help keep people, who do not belong, out of areas where sensitive data is kept. Also, where required by law, our affiliates and non-affiliates must protect the privacy of data we share in the normal course of business. They are not allowed to give PHI to others without your written OK, except as allowed by law.

Potential Impact of Other Applicable Laws

HIPAA (the federal privacy law) generally does not preempt, or override other laws that give people greater privacy protections. As a result, if any state or federal privacy law requires us to provide you with more privacy protections, then we must also follow that law in addition to HIPAA.

Complaints

If you think we have not protected your privacy, you can file a complaint with us. You may also file a complaint with the Office for Civil Rights in the U.S. Department of Health and Human Services. We will not take action against you for filing a complaint.

Contact Information

Please call Customer Service at the phone number printed on your ID card. They can help you apply your rights, file a complaint, or talk with you about privacy issues.

Copies and Changes

You have the right to get a new copy of this notice at any time. Even if you have agreed to get this notice by electronic means, you still have the right to a paper copy. We reserve the right to change this notice. A revised notice will apply to PHI we already have about you as well as any PHI we may get in the future. We are required by law to follow the privacy notice that is in effect at this time. We may tell you about any changes to our notice in a number of ways. We may tell you about the changes in a member
State Notice of Privacy Practices

As we told you in our HIPAA notice, we must follow state laws that are more strict than the federal HIPAA privacy law. This notice explains your rights and our legal duties under state law.

Your Personal Information

We may collect, use and share your nonpublic personal information (PI) as described in this notice. PI identifies a person and is often gathered in an insurance matter. PI could also be used to make judgments about your health, finances, character, habits, hobbies, reputation, career, and credit.

We may collect PI about you from other persons or entities such as doctors, Facilities, or other carriers.

We may share PI with persons or entities outside of our company without your OK in some cases.

If we take part in an activity that would require us to give you a chance to opt-out, we will contact you. We will tell you how you can let us know that you do not want us to use or share your PI for a given activity.

You have the right to access and correct your PI.

We take reasonable safety measures to protect the PI we have about you.

A more detailed state notice is available upon request. Please call the phone number printed on your ID card.

Confidentiality of HIV Information

Providers are reminded that they are obligated by law to comply with the confidentiality restrictions of Public Health Law Article 27-F and Section 2784, dealing with patient-specific information related to HIV infection.

Providers are also reminded of the following requirements.

Providers shall develop policy and procedures to assure confidentiality of HIV related information. The policy and procedures must include:

- Initial and annual in-service education of staff, contractors
- Identification of staff allowed access and limits of access
- Procedure to limit access to trained staff (including contractors)
- Protocol for secure storage (including electronic storage)
- Procedures for handling for HIV/related information
- Protocols to protect person with or suspected of having HIV infection from discrimination

Providers are also reminded of the following requirements.

- Required HIV pre-testing counseling with clinical recommendation of testing for all pregnant
women. Those women and newborns must have access to services for positive management of HIV disease, psychosocial support and case management for medical, social, and addictive services.